

SEPTEMBER 2024

Shoals Community School Menu is subject to change due to food availability! All Students Eat Free Staff: \$5

2Flatbread Pizza3ACheeseburger5Bosco Sticks6NO SCHOOL (Labor Day)Fries Cooked Sweet Carrots Peas MilkSpaghetti w/ Meat Sauce Breadstick Salad, Corn Mandarin Oranges MilkSpaghetti w/ Meat Sauce Breadstick Salad, Corn Mandarin Oranges MilkCheeseburger5Bosco Sticks6Chicken Sandwich Prench Fries (PreK-2) Seasoned Fries (3-12) Green Beans Mixed Fruit & MilkNachos w/ Meat & 10 Cheddar Cheese Salsa Refried Beans, Salad Fruit & MilkPork Tenderloin Sandwich Mashed Potatoes Salsa Refried Beans, Salad Fruit & MilkPork Tenderloin Sandwich Mashed Potatoes Tersh Fruit, Peaches MilkChicken Nuggets 12 Mack & Cheese Fresh Veggies Applesauce MilkCorn Dogs Salad, Pears Milk13Nacka Black Beans Fresh Fruit Pineapple & MilkCountry Fried Steak Mashed Potatoes & Gravy Roll, Peas Applesauce & MilkThe Anabrown Breakfast for Lunch Breakfast Meat Eggs, Biscuit Cooked Apples, Fresh Fruit Juice & MilkCheese 19 Tomato Soup w/ Crackers Fresh Carrots, Celery w/ Peanut Butter Mandarin Oranges & MilkPepperoni Calzone 20 Fries Sweet Potatoes Cheesy Broccoli Pears & MilkHot Dogs w/ Green Beans Topical Fruit & MilkTug Rox Bowl24 Poporon Chicken, Mashed Potaces & Gravy, Carlo Salaa Tomatos Sup w/ Crackers Fries Mandarin Oranges & MilkNachos w/ Meat & Queso; Salaa Tomatos Salad Tomatos Salad Mandarin Oranges & MilkBBQ Pork Sandwich 27 Choice of Uncrustables for Prek-2)Chicken & Dumpling 30 (Choice of Uncrustables for Prek-2) Mashed	Monday	Tuesday	Wednesday	Thursday	Friday
French Fries (PreK-2) Seasoned Fries (3-12) Green Beans Mixed Fruit & MilkCheddar Cheese Salsa Refried Beans, Salad Fruit & MilkPork Tenderloin Sandwien Mashed Potatoes Cooked Sweet Carrots Fresh Fruit, Peaches MilkMac & Cheese Fresh Veggies Applesauce MilkTater Tots Salad Pears MilkPizza Corm Salad, Black Beans Fresh Fruit Pineapple & Milk16 Country Fried Steak Mashed Potatoes & Gravy Roll, Peas Applesauce & Milk17 Country Fried Steak Mashed Potatoes & Gravy Roll, Peas Applesauce & Milk17 Country Fried Steak Mashed Potatoes & Gravy Roll, Peas Applesauce & Milk18 Conce Steak MilkGrilled Cheese Fresh Carrots, Celery w/ Peanut Butter Mandarin Oranges & Milk19 Pears & MilkHot Dogs w/ Fries Green Beans Tropical Fruit & Milk23 Coney Sauce Fries Pears & Milk"Jug Rox Bowl"24 Popcorn Chicken, Mashed Potatoes & Gravy, Corn, Shredded Cheese) Pears & MilkNachos w/ Meat & Quesor, Salsa Tomatoes, Salad Refried Beans Mandarin Oranges & MilkCheesy Chicken Wrap Tater Tots Cheesy Broccoli Applesauce & MilkBBQ Pork Sandwich 27 Choice of Uncrustables for Prek-2) Fries, Baked Beans Pears & Milk	NO SCHOOL	Fries Cooked Sweet Carrots Peas	Spaghetti w/ Meat Sauce Breadstick Salad, Corn Mandarin Oranges	Fries Sweet Potatoes Baked Beans	Tater Tots Cheesy Broccoli
Corn Salad, Black Beans Fresh Fruit Pineapple & MilkCountry Fried Steak Mashed Potatoes & Gravy Roll, Peas Applesauce & MilkHashbrown Breakfast Meat Eggs, Biscuit Cooked Apples, Fresh Fruit Juice & MilkTomato Soup w/ Crackers Fresh Carrots, Celery w/ Peanut Butter Mandarin Oranges & MilkFries Sweet Potatoes Cheesy Broccoli Pears & MilkHot Dogs w/ Coney Sauce Fries Green Beans Tropical Fruit & Milk"Jug Rox Bowl" Potatoes & Gravy, Corn, Shredded Cheese) Pears & Milk24 Popcorn Chicken, Mashed 	French Fries (PreK-2) Seasoned Fries (3-12) Green Beans	Cheddar Cheese Salsa Refried Beans, Salad	Pork Tenderloin Sandwich Mashed Potatoes Cooked Sweet Carrots Fresh Fruit, Peaches	Mac & Cheese Fresh Veggies Applesauce	Tater Tots Salad Pears
Coney Sauce Fries Green Beans Tropical Fruit & Milk Chicken & Dumplings 30 (Choice of Uncrustables for Prek-2) Mashed Potatoes & Gravy	Corn Salad, Black Beans Fresh Fruit	Country Fried Steak Mashed Potatoes & Gravy Roll, Peas	Hashbrown Breakfast Meat Eggs, Biscuit Cooked Apples, Fresh Fruit	Tomato Soup w/ Crackers Fresh Carrots, Celery w/ Peanut Butter	Fries Sweet Potatoes Cheesy Broccoli
(Choice of Uncrustables for Prek-2) Mashed Potatoes & Gravy	Coney Sauce Fries Green Beans	(Popcorn Chicken, Mashed Potatoes & Gravy, Corn, Shredded Cheese)	Nachos w/ Meat & Queso, Salsa Tomatoes, Salad Refried Beans	Cheesy Chicken Wrap Tater Tots Cheesy Broccoli	(Choice of Uncrustables for Prek-2) Fries, Baked Beans
Green Beans, Roll Peaches & Milk	(Choice of Uncrustables for Prek-2) Mashed Potatoes & Gravy Green Beans, Roll				

Please remember to send in money with your student if he/she wishes to purchase an extra milk (K-12) or something from a la carte (3-12)! No student with an empty or overdrawn balance will be able to make an extra milk/a la carte purchase!

This institution is an equal opportunity provider.