



# BREAKFAST MENU

## JANUARY

<b>6<sup>TH</sup> – 10<sup>TH</sup></b>	1/6 <b>ALMOST TIME!</b>	1/7 <b>YOU LUCKY DUCKS!</b>	1/8 <b>MUFFINS FRUIT, JUICE, MILK</b>	1/9 <b>CEREAL BARS FRUIT, JUICE, MILK</b>	1/10 <b>COCOA CHERRY BARS FRUIT, JUICE, MILK</b>
<b>13<sup>TH</sup> – 17<sup>TH</sup></b>	1/13 <b>BREAKFAST BREAD FRUIT, JUICE, MILK</b>	1/14 <b>FRUIT &amp; YOGURT PARFAITS FRUIT, JUICE, MILK</b>	1/15 <b>MUFFINS FRUIT, JUICE, MILK</b>	1/16 <b>CEREAL BARS FRUIT, JUICE, MILK</b>	1/17 <b>COCOA CHERRY BARS FRUIT, JUICE, MILK</b>
<b>20<sup>TH</sup> – 24<sup>TH</sup></b>	1/20 <b>NO SCHOOL DR MARTIN LUTHER KING JR DAY</b>	1/21 <b>FRUIT &amp; YOGURT PARFAITS FRUIT, JUICE, MILK</b>	1/22 <b>MUFFINS FRUIT, JUICE, MILK</b>	1/23 <b>CEREAL BARS FRUIT, JUICE, MILK</b>	1/24 <b>COCOA CHERRY BARS FRUIT, JUICE, MILK</b>
<b>27<sup>TH</sup> – 31<sup>ST</sup></b>	1/27 <b>BREAKFAST BREAD FRUIT, JUICE, MILK</b>	1/28 <b>FRUIT &amp; YOGURT PARFAITS FRUIT, JUICE, MILK</b>	1/29 <b>MUFFINS FRUIT, JUICE, MILK</b>	1/30 <b>CEREAL BARS FRUIT, JUICE, MILK</b>	1/31 <b>COCOA CHERRY BARS FRUIT, JUICE, MILK</b>

**Student Breakfast Price \$2.00    Adult Breakfast Meal Price \$3.00**

**A la carte / Additional Entrée's \$1.50    Milk \$.75**

**Due to vendor product shortages, some menu items and condiments may not be available**

**What Makes A Meal? The Breakfast Meal must contain at least a serving of fruit and/or vegetables and a serving of whole grain**

### **Breakfast Served Daily**

Cereals, Breakfast Bars, Baked Goods, Yogurt, Cheese Stick, Fruit, Juice, Low-Fat Plain & Chocolate Milk

### **Occasionally**

Breakfast Sandwiches, Burritos and Pizzas, Cinnamon Rolls, Fruit Parfaits, Berry Scones & Hot Breakfast

**Welcome to SCCTC's Food Service Department! Applications for Fee Assistance can be filled out now for free or reduced meal determination.**

Please contact School Nurse ASHLEY WILSON with documentation of food allergies at 937-325-7368 ext. 121