



LUNCH MENU

JANUARY

6 TH 10 TH	1/6	1/7	1/8	1/9	1/10	
	SEE YOU TOMORROW!	SNOW DAY! YOU LUCKY DUCKS!	FRENCH TOAST HASHBROWNS	LO MEIN CHICKEN OR VEGGIE GINGER GLAZED CARROTS	BAKED ZITI GREEN BEANS	
	13 TH - 17 TH	1/13	1/14	1/15	1/16	1/17
		CHICKEN & WAFFLES GREEN BEANS	BEEF TATER TOTCHOS CHEESY CORN BAKE	ORANGE CHICKEN BROWN RICE ROASTED BROCCOLI	BBQ BEEF RIB SANDWICH BAKED BEANS	FRF ROASTED TURKEY CLUB WEDGE FRIES
		20 TH - 24 TH	1/20	1/21	1/22	1/23
NO SCHOOL DR MARTIN LUTHER KING DAY			BEEF OR CHICKEN SOFT TACOS SPICY BLACK BEANS	TERIYAKI BEEF & BROCCOLI BROWN RICE	BONELESS CHICKEN CHUNKS DINNER ROLL CALI VEGGIES	DELUXE GRILLED CHEESE SAMMIE TOMATO SOUP SALAD BAR
27 TH - 31 ST	1/27		1/28	1/29	1/30	1/31
	BOSCO BREADSTICKS & MARINARA PARMESAN CAULIFLOWER	BEEF OR CHICKEN NACHOS REFRIED BEANS	CHICKEN MASHED POTATO BOWL ROASTED CORN	SCRAMBLED EGGS & SAUSAGE ROASTED POTATOES	FRF BIG DADDY'S PIZZA SALAD BAR	

Student Lunch Price \$3.00 Adult Lunch Meal Price \$4.25

A la carte / Additional Entrée's \$2.00 Milk \$.75

Due to vendor product shortages, some menu items and condiments may not be available

What Makes a Meal? Lunch must contain a serving of fruit and/or vegetables and 2 servings of grain, meat/meat alternative and/or a serving of a variety of fluid milk.

Daily lunch options may include Assorted Fresh Fruits and Vegetables Apples, Oranges, Bananas, Baby Carrots, Grape Tomatoes, Celery, Corn Salad, Fresh Broccoli, Peas, Peppers, and/ or Fresh Romaine Lettuce & Low Fat Milk

Welcome to SCCTC's Food Service Department! Applications for Fee Assistance can be filled out now for free or reduced meal determination.

Please contact School Nurse Ashley Wilson with documentation of food allergies at 937-325-7368 ext. 121