

**FIRST GRADE  
Health  
PRIORITY STANDARDS**

**Wellness and Health Promotion (WHP)**

1.WHP.3	Describe at least three things to do to maintain good health, including brushing teeth daily.
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**Safety and First Aid (SFA)**

1.SFA.3	Identify safety hazards, including those related to fire, water, and dangerous objects
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**Food, Nutrition, and Physical Activity (FNP)**

1.FNP.1	Identify the five food groups and what a balanced meal could look like.
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1.FNP.5	Describe how to keep food safe from harmful germs.
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**Healthy Relationships and Violence/Abuse Prevention (HRVP)**

1.HRVP.2	Demonstrate healthy ways for friends to express feelings, both physically and verbally.
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1.HRVP.6	Explain that everyone has the right to decide who can touch one's own body, where, and in what way to prevent violence and abuse.
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**Growth and Development (GD)**

1.GD.1	Discuss and affirm different physical characteristics that people may have, including differences in body size, shape, ability, skin color, and hair texture.
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