

Family Life

Sex Respect & AIDS/HIV Awareness

8th grade

Bartlett City Schools

Dr. David Stephens, *Superintendent*

Notice

- This curriculum will be taught on the dates determined by the Department of Teaching & Learning. These dates will be determined annually.
- Only teachers who have attended Family Life Workshops or training conducted or sponsored by the Department of Teaching & Learning may teach this curriculum.

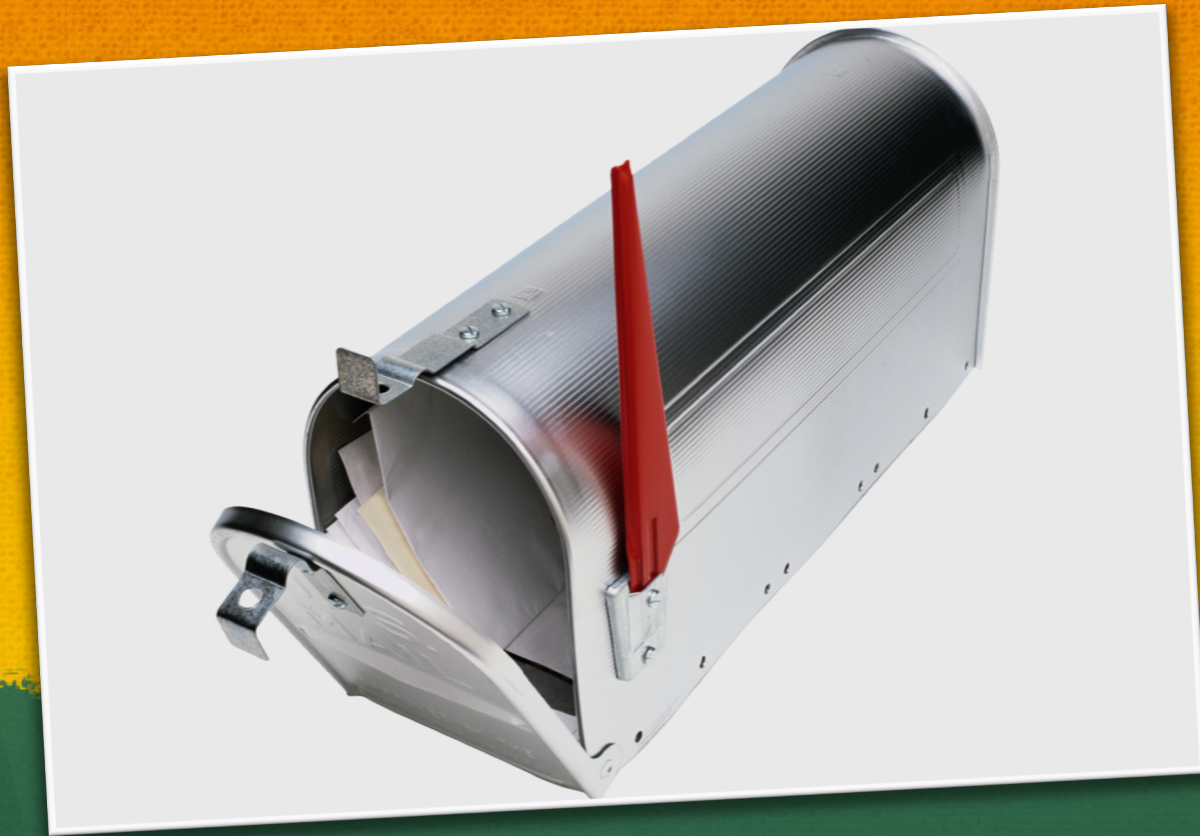
Family Life Curriculum

Day 1

- **Family Life Standard 7:** The student will understand the stages of human growth and development.
- 7.1 - TSW describe and demonstrate understanding of the developmental characteristics of adolescence including physical and emotional changes.
- 7.2 - TSW exhibit respect for others.
- 7.3 - TSW identify abstinence from sexual activity as the responsible and preferred choice for adolescence.

Day 1

- Silently read “You Can Have Freedom: Yes to Real Love, No to Real Fear.” p. 71-74.



Day 1

Write a letter to a friend defining what real love means to you.

Day 1

Definition of Love:

Unselfish, loyal,
and benevolent
concern for the
good of another



Day 1

- Silently read “Virginity Makes Sense to Me”
p.76

Day 1

- Complete the What Do You Think questions
p.77

Day 1

- Answer the questions on “Thinking and Planning” p. 78

Day 2

- **Family Life Standard 7:** The student will understand the stages of human growth and development.
- 7.1 - TSW describe and demonstrate understanding of the developmental characteristics of adolescence including physical and emotional changes.
- 7.2 - TSW exhibit respect for others.
- 7.3 - TSW identify abstinence from sexual activity as the responsible and preferred choice for adolescence.



Day 2

Silently read “Dating: Is it working for us?”
p. 81-82

Day 2

- List the advantages of dating in your journal.

Day 2

- Silently read “Dating: A time to learn and grow” p. 83-84.

Day 2

- List eight ideas for dating that are different from those listed on p.84 and find four additional ideas from other students.

Day 2

Silently read
“Single dating:
proceed with
caution.” p. 85-86



Day 2

- Complete the “What Do you Think” questions on p.87

Day 3

- Family Life Standard 8: TSW understand the importance of positive self-concept and interpersonal relationships for healthy living.
- 8.1 – TSW demonstrate healthy ways to express needs, wants, and feelings.
- 8.2 – TSW demonstrate respect for individual and cultural differences that help develop healthy relationships
- 8.3 – TSW understand how mental, emotional, social, and physical health dimensions are interrelated and that problems in one dimension can influence another
- 8.4 – TSW demonstrate skills to cope with attitudes and behaviors appropriately as related to social health.



Day 3

Silently read “Dating: Awesome or Awful?”
p 88 -89

Day 3

- Complete the “What do you Think?” questions on p.90.



Day 3

- Silently read “Staying Cool – With Respect”
p. 93-94

Day 3

- Develop and record comebacks from the lines given by students on p. 95

Day 3

- Read “Staying Cool” p. 98



Day 3

- Complete the “What Do You Think?” questions p. 99.

Day 3

- Read “Saying no to sex outside of marriage may be difficult, but it is easier than living with the consequences of saying yes.” p. 99 -100.

Day 3



- Imagine telling someone you are going to break up with them.
- What and how would you tell that individual?

Day 4

- Family Life Standard 6: TSW understand the contributions of family relationships to healthy living.
- 6.1 – TSW identify the development of personal values and beliefs and how they will affect future decisions.
- 6.2 – TSW analyze changing roles and responsibilities (physically, socially, and emotionally).
- 6.3 – TSW evaluate the influence of attitudes, emotions, and behaviors on healthy relationships.

Day 4

- Silently read “Marriage: To Love and Cherish” p. 121-122.

Day 4

- What character qualities do you want in a spouse?
- Record your thoughts in your journal.
- What are some problems married couples experience?



Day 4



- Silently read p. 123-124
- Start with communication (continued from previous article).

Day 4

- How do you know if you are ready for marriage?
- What character qualities hinder a happy marriage?

Day 4

- Read “Stages of Marriage” p. 125-126

Day 4

- What are various stages that couples go through in a marriage? Define each one.
- What stage is the most hazardous?



Day 4

- Read “Fatherhood/motherhood: Are you ready? P. 127-128.

Day 4

- How do you know if you are ready to be a parent?
- How do you know if the individual you are dating is the one you should marry?
- What does sex respect mean to you?