

**SECOND GRADE  
Physical Education  
PRIORITY STANDARDS**

**Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.**

PE.1.2.1	Skips using a mature pattern.
PE.1.2.2	Runs with a mature pattern.
PE.1.2.4	Demonstrates critical elements for jumping & landing in a horizontal plane using a variety of 1- and 2-foot take-offs & landings.
PE.1.2.5	Demonstrates critical elements for jumping & landing in a vertical plane using a variety of 1- and 2-foot take-offs & landings.
PE.1.2.7	Balances on different bases of support, combining levels and shapes.
PE.1.2.10	Rolls in different directions with either a narrow or curled body shape.
PE.1.2.13	Throws underhand using a mature pattern.
PE.1.2.14	Throws overhand, demonstrating 2 of the 5 critical elements of a mature pattern.
PE.1.2.15	Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling
PE.1.2.21	Strikes an object upward with a short-handled implement, using consecutive hits.
PE.1.2.22	Strikes a ball off a tee or cone with a bat, using correct grip and side orientation proper body orientation.
PE.1.2.23	Jumps a self-turned rope consecutively forward and back-ward with a mature pattern.

**Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.**

PE.2.2.3	Varies time and force with gradual increases and decreases.
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**Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.**

PE.3.2.2	Actively engages in physical education class in response to instruction and practice.
PE.3.2.3	Uses own body as resistance (e.g., holds body in plank position, animal walks) for developing strength.

**Standard 4. The physically literate individual exhibits responsible personal and social behavior that respects self and others.**

PE.4.2.6	Works independently and safely in physical education.
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**Standard 5. The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.**

PE.5.2.2	Identify physical activities that bring confidence and challenge.
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