

**THIRD GRADE  
Physical Education  
PRIORITY STANDARDS**

<b>Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.</b>	
PE.1.3.4	Jumps & lands in the horizontal planes using a mature pattern.
PE.1.3.5	Jumps & lands in the vertical planes using a mature pattern.
PE.1.3.7	Performs a sequence of locomotor skills, transitioning from one skill to another smoothly and with- out hesitation.
PE.1.3.14	Throws overhand, demonstrating 3 of the 5 critical elements of a mature pattern, in non-dynamic environments (closed skills), for distance and/or force.
PE.1.3.16	Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.
PE.1.3.17	Dribbles with the feet in general space at slow to moderate jogging speed with control of ball and body.
PE.1.3.22	Strikes an object with a short-handled implement, sending it forward over a low net or to a wall.
PE.1.3.24	Strikes a ball with a long-handled implement (e.g., hockey stick, bat, golf club), sending it forward, while using proper grip for the implement. Note - Use batting tee or ball tossed by teacher for batting.
<b>Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.</b>	
PE.2.3.4	Applies simple strategies & tactics in chasing activities.
<b>Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.</b>	
PE.3.3.3	Engages in the activities of physical education class without teacher prompting.
PE.3.3.4	Identifies the components of health-related physical fitness.
<b>Standard 4. The physically literate individual exhibits responsible personal and social behavior that respects self and others.</b>	
PE.4.3.5	Exhibits the use of rules and etiquette in physical activity with peers.
<b>Standard 5. The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</b>	
PE.5.3.1	Discusses the relationship between physical activity and good health.