

**FOURTH GRADE
Physical Education
PRIORITY STANDARDS**

Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.	
PE.1.4.1	Uses various locomotor skills in a variety of small- sided practice tasks, dance and educational gymnastics experiences.
PE.1.4.6	Combines traveling with manipulative skills of dribbling, throwing, catching and striking in small-sided practice tasks and games.
PE.1.4.13	Throws underhand to a large target with accuracy.
PE.1.4.15	Throws overhand to a partner or at a target with accuracy at a reasonable distance.
PE.1.4.16	Throws to a moving partner with reasonable accuracy in a non-dynamic environment (closed skills).
PE.1.4.17	Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment (closed skills).
PE.1.4.28	Strikes an object with a long-handled implement (e.g., hockey stick, golf club, bat, tennis racket, badminton racket), while using mature pattern for the implement (grip, stance, body orientation, swing plane and follow-through).
PE.1.4.30	Performs intermediate and advanced jump-rope skills for both long and short ropes.
Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	
PE.2.4.5	Applies the movement concepts of speed, endurance and pacing for running.
PE.2.4.8	Applies simple defensive strategies/tactics in chasing and fleeing activities.
Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	
PE.3.4.3	Identifies the health related components of physical fitness and provides examples of physical activities to enhance those components.
Standard 4. The physically literate individual exhibits responsible personal and social behavior that respects self and others.	
PE.4.4.5	Works safely with peers and equipment in physical activity settings.