

**FIFTH GRADE
Physical Education
PRIORITY STANDARDS**

Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.1.5.2	Uses appropriate pacing for a variety of running distances.
PE.1.5.6	Applies skills listed in fourth grade outcome in game situations. [traveling with manipulative skills of dribbling, throwing, catching and striking in small-sided practice tasks and games.]
PE.1.5.9	Applies skill in general activity [weight transfer, rolling].
PE.1.5.10	Performs curling, twisting & stretching actions with correct application in dance, gymnastics, small-sided practice tasks in games environments.
PE.1.5.12	Throws overhand using a mature pattern in non-dynamic environments (closed skills), with different sizes and types of objects.
PE.1.5.16	Catches with competency, both partners moving.
PE.1.5.17	Catches with reasonable competency in dynamic, small-sided practice tasks.
PE.1.5.21	Receives a pass with the foot using a mature pattern as both partners travel.
PE.1.5.22	Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.
PE.1.5.23	Demonstrates mature patterns in kicking and/or punting in small-sided practice task environments.
PE.1.5.28	Combines manipulative skills and traveling for execution to a target (e.g., scoring in soccer, hockey and basketball).

Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

PE.2.5.3	Applies movement concepts of speed, endurance and pacing in general situations.
PE.2.5.6	Applies basic offensive and defensive strategies/tactics in invasion small-sided practice tasks.
PE.2.5.7	Applies basic offensive and defensive strategies & tactics in net/wall small-sided practice tasks.

Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

PE.3.5.2	Actively engages in all the activities of physical education.
PE.3.5.6	Analyzes the impact of food choices relative to physical activity, youth sports & personal health.

Standard 4. The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.4.5.1	Engages in physical activity with responsible interpersonal behavior (e.g., peer to peer, student to teacher, student to referee).
PE.4.5.4	Gives corrective feedback respectfully to peers.
PE.4.5.7	Applies safety principles with age-appropriate physical activities.

Standard 5. The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

PE.5.5.3	Describes the social benefits gained from participating in physical activity (e.g., recess, youth sport).
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