

**THIRD GRADE  
Health  
PRIORITY STANDARDS**

**Wellness and Health Promotion (WHP)**

3.WHP.2 Describe the basic function of the immune system.

3.WHP.6 Identify ways in which media, social media, and technology influence self-perception, feelings, decisions, and behaviors.

**Safety and First Aid (SFA)**

3.SFA.2 Practice how to assess and choose safe options when experiencing unsafe situations.

**Food, Nutrition, and Physical Activity (FNP)**

3.FNP.1 Identify methods for reducing food waste.

3.FNP.2 Recognize that food contains essential nutrients that benefit different systems in our bodies.

**Social, Emotional, and Mental Health (SEM)**

3.SEM.5 Explain the importance of talking with trusted adults about feelings.

**Healthy Relationships and Violence/Abuse Prevention (HRVP)**

3.HRVP.2 Describe characteristics of a healthy and safe relationship.

3.HRVP.4 Demonstrate effective ways to verbally and nonverbally communicate personal boundaries and show respect for the boundaries of others.

**Growth and Development (GD)**

3.GD.5 Recognize that there are different kinds of families that have unique characteristics and identities.