

# Walkkill Borden Middle School

Welcome to our Lunch Cafe

9/2/2024 - 9/6/2024

MEATLESS MONDAY

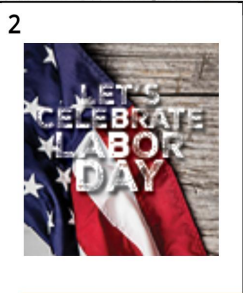
Monday

Tuesday

Wednesday

Thursday

Friday

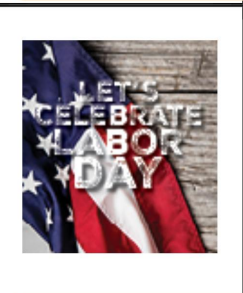


4  
Spicy Chicken Nuggets  
Celery  
Carrot Sticks  
Lite Ranch Dressing  
Brown Rice  
Buttered Corn  
Fresh Apple

5  
Yard Bird Classic Chicken Sandwich  
*a delicious chicken filet on a hearty bun, served with special sauce and a pickle*  
Carrot Sticks  
Lite Ranch Dressing  
Crispy Potato Puffs  
Fresh Orange

6  
Beef Goulash  
*Hungarian style beef stew with fresh mushrooms, carrots, onions and celery simmered to perfection in-house*  
Yellow Rice  
Buffalo Cauliflower  
Fresh Apple

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



French Bread Pizza  
*crispy French bread smothered with tomato sauce and melted cheese*

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*crispy French bread smothered with tomato sauce and melted cheese*

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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough

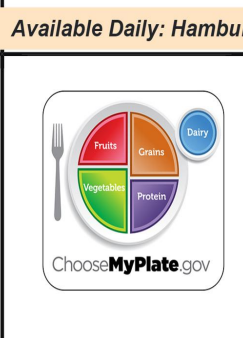
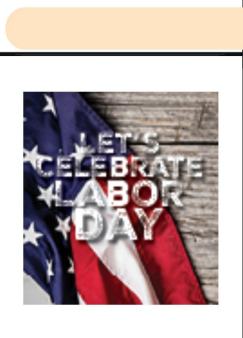


Spicy Chicken Melt  
*moist spicy chicken topped with melted cheese inside a warm bread*

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*moist spicy chicken topped with melted cheese inside a warm bread*

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\*\*As a reminder please contact the Food Service Office if you would like to put any restrictions on your child's account.\*\*

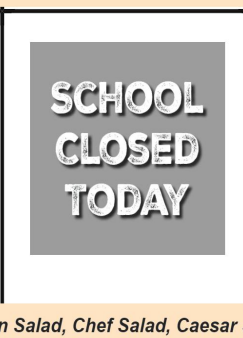
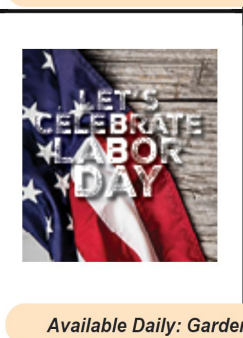


Ham & Cheese Sandwich  
*freshly made and thinly sliced ham and cheese on a sandwich*

Ham & Cheese Sandwich  
*freshly made and thinly sliced ham and cheese on a sandwich*

Ham & Cheese Sandwich  
*freshly made and thinly sliced ham and cheese on a sandwich*

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Crispy Chicken Garden Salad  
*fresh garden salad topped with baked crispy chicken and served with dinner roll(s)*   
Fruity Granola Parfait

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*fresh garden salad topped with baked crispy chicken and served with dinner roll(s)*   
Fruity Granola Parfait

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*fresh garden salad topped with baked crispy chicken and served with dinner roll(s)*   
Fruity Granola Parfait

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk

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Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. \* Menu is subject to change, notice posted when available. \* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. \* This institution is an equal opportunity provider.

Vegetarian Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients

# Walkill Borden Middle School

Welcome to our Lunch Cafe

9/9/2024 - 9/13/2024

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



9 Scrambled Eggs with Cheese   
 Toast   
 Sausage Patty   
 Crispy Potato Puffs   
 Strawberries



10 BBQ Chicken Nachos   
 *crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage*   
 Sour Cream Chickpea Salad   
 Fiesta Corn   
 Fresh Pear

11 Spicy Cheddar Burger   
 *grilled spicy beef patty topped with cheddar cheese with lettuce and tomato*   
 Pickle Chips   
 Cole Slaw   
 Sweet Potato Fries   
 Applesauce



12 Wing Shack Chicken Wings   
 *breaded chicken wings baked to perfection*   
 Wing Shack Honey BBQ Chicken Wings   
 Dinner Rolls   
 Carrot Sticks   
 Oven Baked Fries   
 Fresh Orange

13 Sweet & Sour Chicken Sauce & Toss   
 *popcorn chicken in a sweet & sour sauce*   
 Hawaiian Pineapple Fried Rice   
 Green Beans   
 Tomato Salad   
 Fresh Apple

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Broccoli Pizza   
 *freshly prepared in-house cheese pizza topped with broccoli*

Onion Pizza   
 *freshly prepared in-house cheese pizza topped with sliced onions*

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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich   
 *golden toasted bread with melted gooey cheese pressed and prepared in-house*   
 Tomato Soup

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 *golden toasted bread with melted gooey cheese pressed and prepared in-house*   
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 *golden toasted bread with melted gooey cheese pressed and prepared in-house*   
 Tomato Soup

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Italian Combo Sandwich   
 *freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato*

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Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken and Strawberry Salad   
 *fresh strawberries with chicken over greens*   
 Fruity Granola Parfait

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 *fresh strawberries with chicken over greens*   
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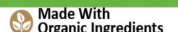
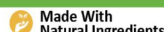
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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# Walkill Borden Middle School

Welcome to our Lunch Cafe

9/16/2024 - 9/20/2024



Monday

Tuesday

Wednesday

Thursday

Friday



**16** Homemade Mac & Cheese  
steamed pasta in cheese sauce, topped with broccoli and baked to perfection 🌱 🌱  
Whole Wheat Dinner Roll  
Spicy Honey Carrots  
Cinnamon Applesauce

**17** Turkey & Cheese Quesadilla  
turkey and shredded cheese pressed between two grilled tortillas  
Mild Salsa  
Sour Cream  
Yellow Rice  
Seasoned Black Beans  
Fresh Pear

**18** Chicken Bowl with Gravy  
chicken layered with mashed potatoes and corn, smothered in gravy  
Buttered Corn  
Side Salad  
Watermelon Cup

**19** Sloppy Joe on a Bun  
homemade sloppy joe served on a soft bun 🌱  
Oven Baked Fries  
Chilled Red Pepper Strips  
Green Beans  
Fresh Apple

**20** Chicken Philly Cheesesteak  
thin sliced chicken with sauteed peppers and onions with cheese on a whole wheat roll 🌱  
Steamed Carrots  
Sauteed Spinach  
Sliced Oranges

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Meat Lovers Pizza  
freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni  
P 🌱

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freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni  
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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



BBQ Chicken Melt  
moist chicken covered in tangy BBQ sauce topped with melted cheese inside a warm bread

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



American Combo Sandwich  
freshly made sandwich with thinly sliced turkey, ham and cheese P

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Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken Caesar Salad  
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🌱

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Fruity Granola Parfait 🌱 🌱 🌱

Fruity Granola Parfait 🌱 🌱 🌱

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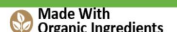
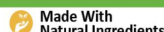
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# Walkill Borden Middle School

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9/23/2024 - 9/27/2024



Monday

Tuesday

Wednesday

Thursday

Friday



23 **Homemade Baked Pasta with Cheese**  
pasta topped with melted cheese, baked to perfection   
Garden Salad  
Roasted Squash  
Applesauce

24 **Walking Taco**  
*mexi-style taco meat paired with crispy chips*  
  
Romaine Lettuce  
Sour Cream  
Mild Salsa  
Steamed Broccoli  
Fresh Orange

25 **Honeyfire Kitchen Chicken Tenders**  
Honey fire kitchen chicken tenders with carrot and celery sticks   
 **Vegetable Rice Pilaf**  
Spiced Roasted Green Beans w/ Parmesan  
Pineapple

26 **Roma Pepperoni Griller Meltdown Café**  
freshly prepared grilled cheese sandwich with mozzarella, pepperoni, pizza sauce and provolone   
Tomato Salad  
Spicy Four Bean Salad  
Fresh Apple

27 **The Works Hot Dog**  
*hot dog on a bun with mustard, sauerkraut, jalapenos, onions and relish*   
Crispy Potato Puffs  
Carrot Sticks  
Fresh Banana

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*

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*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Pretzel Cheese Sauce

Pretzel Cheese Sauce

Pretzel Cheese Sauce

Pretzel Cheese Sauce

Pretzel Cheese Sauce

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Turkey Club Wrap  
*turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*

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*turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*

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*turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Italian Pizza Salad  
*tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens*

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Fruity Granola Parfait

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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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9/30/2024 - 9/30/2024



Monday

Tuesday

Wednesday

Thursday

Friday



30 Mozzarella Sticks  
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce   
Tomato Sauce  
Sauteed Zucchini  
Spiced Roasted Green Beans w/ Parmesan  
Applesauce

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Grilled Cheese Pizza  
fresh pizza dough topped with mozzarella & cheddar cheese and baked until crisp

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New Yorker Dog  
hot dog on a bun, topped with sauerkraut and onions

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Buffalo Chicken Wrap  
Buffalo chicken wrapped in a tortilla with lettuce and tomato

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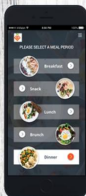


Crispy Chicken Garden Salad  
fresh garden salad topped with baked crispy chicken and served with dinner roll(s)



Fruity Granola Parfait

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