

# Lunch Menu

# Pre-K Menu

September 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday


## Tuesday

## Wednesday

## Thursday

## Friday

2



3

**SCHOOL CLOSED TODAY**

4

Chicken Nuggets  
*crispy breaded chicken nuggets perfect for dipping in your favorite sauce*  
Dinner Rolls  
Green Beans  
Fresh Baby Carrots  
Fresh Orange

5

NY Beef Burger  
*beef burger on a freshly toasted bun*  
Pickle Chips  
Sweet Potato Fries  
Fresh Apple



6

Classic Cheese Pizza  
*whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese*  
Roasted Squash  
Fresh Banana



9

Fluffy Whole Grain Waffles  
Sausage Patty  
Syrup  
Crispy Potato Puffs  
Applesauce




10

Crispy Popcorn  
Chicken  
Brown Rice  
Green Beans  
Fresh Blueberries



**Taste Test Tuesday!**

11

Chicken Nuggets  
*crispy breaded chicken nuggets perfect for dipping in your favorite sauce*  
Seasoned Rice  
Chilled Red Pepper Strips  
Steamed Peas  
Fresh Orange

12

Meatball Sandwich  
Sweet Potato Fries  
Sauteed Zucchini  
Fresh Apple



13

Classic Cheese Pizza  
*whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese*  
Side Salad  
Italian Dressing  
Watermelon Slices

16

Crispy Chicken Sandwich  
Pickle Chips  
Chick'n Dipp'n Sauce  
BBQ Sauce  
Oven Baked Fries  
Applesauce

17

Cheese Quesadilla  
Kidney Beans  
Salsa  
Grape Tomatoes  
Fresh Orange

18


Wing Shack Chicken Wings  
**Boneless**  
*breaded chicken wings baked to perfection*  
Steamed Broccoli  
Fresh Apple

19

Homemade Baked Pasta with Cheese  
*pasta topped with melted cheese, baked to perfection*  
Steamed Broccoli  
Strawberries

20

Classic Cheese Pizza  
*whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese*  
Caesar Salad  
Steamed Broccoli  
Fresh Banana



23

Homemade Mac & Cheese  
Steamed Peas  
Applesauce




24

Nachos Grande  
Sour Cream  
Black Beans  
Salsa  
Shredded Cheddar Cheese  
Cucumber Coins  
Fresh Orange

25

Baked Chicken Tenders  
*crispy chicken tenders perfect for dipping in your favorite sauce*  
Dinner Rolls  
Green Beans  
Fresh Baby Carrots  
Pineapple

26

Turkey & Cheese Sandwich  
Celery  
Steamed Carrots  
Fresh Apple



27

Classic Cheese Pizza  
*whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese*  
Side Salad  
Fresh Banana

30

Grilled Cheese Sandwich Meltdown  
Café  
Tomato Soup  
Steamed Peas  
Applesauce



**\*\*As a reminder please contact the Food Service Office if you would like to put any restrictions on your child's account.\*\***

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



### Lunch Prices

We are now ALL free!

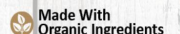
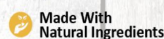
Milk: \$0.75

If you have any questions or would like more information please Contact

Food Service Director

Marilyn Digregorio at

845-895-7192



*All grains offered are whole grain*

*Sloppy Joe- ground beef*

*Meatball Sub- chicken meatballs*

*Soft Taco- seasoned ground beef Or chicken*