



Orange County Schools Hillsborough ES Snack Menu for September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
September 2 No School Labor Day Holiday	September 3 Munchie Mix (wg) Fruit Choice	September 4 Cereal (wg) Milk	September 5 Fruited Yogurt Fruit Choice	September 6 Baked Cheetos (wg) 100% Fruit Juice
September 9 Muffin (wg) Milk	September 10 Rice Krispies Treat (wg) Milk	September 11 Cereal (wg) Milk	September 12 Cheez-It Crackers (wg) Fruit Choice	September 13 Pretzels (wg) 100% Fruit Juice
September 16 No School Intersession	September 17 No School Intersession	September 18 No School Intersession	September 19 No School Intersession	September 20 No School Intersession
September 23 No School Intersession	September 24 No School Intersession	September 25 No School Intersession	September 26 No School Intersession	September 27 No School Intersession
September 30 No School Intersession			Menus are subject to change.	wg = whole grain rich

Families Making the Connection

Taste & Learn About Local Produce

North Carolina is fortunate to have a bounty of agricultural products. “Goodness Grows in North Carolina”! You can find locally grown food in grocery stores, roadside stands, and farmers markets as well as restaurants, schools, and early care and education sites across the state.

For National Fruits & Veggies Month in September and Farm to School and Early Care and Education Month in October, plan to participate in the N.C. Crunch, an opportunity to taste and learn about North Carolina grown fruits and veggies. Schools, early care and education centers,

organizations, and families can sign up and receive a free guide with tips, templates, and links to resources. Share photos on social media of you tasting and learning about N.C. produce using #NCCrunch. Learn more and sign up at <https://growing-minds.org/north-carolina-crunch>.

The N.C. Crunch is also an opportunity to recognize all those involved in feeding our youth and communities—farmers, distributors, school nutrition professionals, transportation professionals and more. Let’s thank our dedicated #FarmtoSchoolHeroes across the state!