



## Orange County Schools Pre-K Menus for August - September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>August 26</b> Pancakes Cheeseburger on Bun Oven Fries Frozen Fruit Cup	<b>August 27</b> Sausage Biscuit Loaded Nachos Pinto Beans Fruit Choice	<b>August 28</b> Banana Bread Slice Salisbury Steak w/Roll Mashed Potatoes Fruit Choice	<b>August 29</b> Whole Grain Cereal Pizza Dippers Steamed Broccoli Fruit Choice	<b>August 30</b> Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
<b>September 2</b> No School Labor Day Holiday	<b>September 3</b> Chicken Biscuit Beef Soft Taco w/Trimnings Seasoned Black Beans Fruit Choice	<b>September 4</b> Waffle Chicken Tenders Glazed Carrots Fruit Choice	<b>September 5</b> Muffin Yogurt Snack Pack w/Goldfish Crackers Green Beans Fruit Choice	<b>September 6</b> Manager's Choice Entrée Assorted Pizza Baby Carrots w/Ranch Fruit Choice
<b>September 9</b> Blueberry Muffin Chicken Sandwich Tater Tots Fruit Choice	<b>September 10</b> Bacon & Cheese Biscuit Chicken Quesadilla Refried Beans Fruit Choice	<b>September 11</b> Strawberry Bagel Bar WowButter Sandwich Oven Fries Fruit Choice	<b>September 12</b> Sweet Bread Slice Double Macaroni & Cheese Green Beans Applesauce	<b>September 13</b> Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
<b>September 16</b> Pancakes Cheeseburger on Bun Oven Fries Frozen Fruit Cup	<b>September 17</b> Sausage Biscuit Loaded Nachos Pinto Beans Fruit Choice	<b>September 18</b> Banana Bread Slice Salisbury Steak w/Roll Mashed Potatoes Fruit Choice	<b>September 19</b> Whole Grain Cereal Pizza Dippers Steamed Broccoli Fruit Choice	<b>September 20</b> Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
<b>September 23</b> Waffle French Bread Pizza Oven Fries Frozen Fruit Cup	<b>September 24</b> Chicken Biscuit Beef Soft Taco w/Trimnings Seasoned Black Beans Fruit Choice	<b>September 25</b> Waffle Chicken Tenders Glazed Carrots Fruit Choice	<b>September 26</b> Muffin Yogurt Snack Pack w/Goldfish Crackers Green Beans Fruit Choice	<b>September 27</b> Manager's Choice Entrée Assorted Pizza Baby Carrots w/Ranch Fruit Choice
<b>September 30</b> Blueberry Muffin Chicken Sandwich Tater Tots Fruit Choice		<b>Menus are subject to change.</b>	Breakfast includes: Fruit Choice 1% Milk	Lunch includes: 1% Milk

## Families Making the Connection Taste & Learn About Local Produce

North Carolina is fortunate to have a bounty of agricultural products. "Goodness Grows in North Carolina"! You can find locally grown food in grocery stores, roadside stands, and farmers markets as well as restaurants, schools, and early care and education sites across the state.

For National Fruits & Veggies Month in September and Farm to School and Early Care and Education Month in October, plan to participate in the N.C. Crunch, an opportunity to taste and learn about North Carolina grown fruits and veggies. Schools, early care and education centers,

organizations, and families can sign up and receive a free guide with tips, templates, and links to resources. Share photos on social media of you tasting and learning about N.C. produce using #NCCrunch. Learn more and sign up at <https://growing-minds.org/north-carolina-crunch>.

The N.C. Crunch is also an opportunity to recognize all those involved in feeding our youth and communities—farmers, distributors, school nutrition professionals, transportation professionals and more. Let's thank our dedicated #FarmtoSchoolHeroes across the state!