

# SEPTEMBER 2024

Natomas Unified School District

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| 2  | 3  | 4   | 5  | 6   |
|   | <p>Freshly Prepare Bean &amp; Cheese Burrito</p> <p>Turkey Loaded Nachos<br/>🥗 Cheesy Loaded Nachos</p> <p>Santa Fe Chicken Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Spicy Crab or</p> <p>🥗 Edamame Bowl with freshly prepared Spicy Mayo Sauce</p> <p>Turkey Club Sandwich</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Pasta Bar w/Garlic Bread</p> <p>-Italian Beef Meatballs<br/>🥗 -Veggie Meatballs<br/>-Diced Chicken with Alfredo Sauce</p> <p>Italian Sub Sandwich<br/>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>    | <p>🥗 Cheese Pizza Slice<br/>🍕 Pepperoni Pizza Slice</p> <p>Chicken Caesar Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>  |
| 9  | 10   | 11  | 12   | 13  |
| <p>Cream Co. Cheeseburger /Spiral Fries</p> <p>🥗 Veggie Burger w/Spiral Fries</p> <p>Turkey Club Sandwich</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>        | <p>Carnita Burrito Bowl</p> <p>Loaded Nachos<br/>Turkey or 🥗 Cheese</p> <p>Santa Fe Chicken Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>                                 | <p>Wing Bar Wednesday</p> <p>Freshly Prepared Loaded<br/>🥗 Mac &amp; Cheese</p> <p>Chicken Caesar Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>    | <p>Hot Honey Chicken Sandwich &amp; Waffle Fries</p> <p>🥗 Kickin Chicken Hot Honey Chicken Sandwich &amp; Waffle Fries</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>                               | <p>🥗 Deep Dish Cheese<br/>🍕 Deep Dish Pepperoni</p> <p>Buffalo Chicken Wrap &amp; Apple Slices</p> <p>🥗 Vegetarian Chicken Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> |
| 16   | 17   | 18  | 19   | 20  |
| <p>Buffalo Chicken Wrap</p> <p>🥗 Kickin Chicken Wrap</p> <p>Mango Jalapeno Chicken Sandwich w/Sweet Potato Fries</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Freshly Prepare Bean &amp; Cheese Burrito</p> <p>Turkey Loaded Nachos<br/>🥗 Cheesy Loaded Nachos</p> <p>Santa Fe Chicken Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Spicy Crab or</p> <p>🥗 Edamame Bowl with freshly prepared Spicy Mayo Sauce</p> <p>Turkey Club Sandwich</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Pasta Bar w/Garlic Bread</p> <p>-Italian Beef Meatballs<br/>🥗 -Veggie Meatballs<br/>-Diced Chicken with Alfredo Sauce</p> <p>Italian Sub Sandwich</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>🥗 Cheese Pizza Slice<br/>🍕 Pepperoni Pizza Slice</p> <p>Chicken Caesar Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>  |

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| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| 23  | 14  | 25  | 26  | 27  |
| <p>Cream Co. Cheeseburger /Spiral Fries</p> <p> Veggie Burger w/Spiral Fries</p> <p>Turkey Club Sandwich</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p>        | <p>Carnita Burrito Bowl</p> <p>Loaded Nachos<br/>Turkey or  Cheese</p> <p>Santa Fe Chicken Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Wing Bar Wednesday</p> <p>Freshly Prepared Loaded<br/> Mac &amp; Cheese</p> <p>Chicken Caesar Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p>Hot Honey Chicken Sandwich &amp; Waffle Fries</p> <p> Kickin Chicken Hot Honey Chicken Sandwich &amp; Waffle Fries</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> | <p> Deep Dish Cheese<br/> Deep Dish Pepperoni</p> <p>Buffalo Chicken Wrap</p> <p> Vegetarian Chicken Wrap</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> |
| 30  |   |   |   |   |
| <p>Buffalo Chicken Wrap</p> <p> Kickin Chicken Wrap</p> <p>Mango Jalapeno Chicken Sandwich w/Sweet Potato Fries</p> <p>Seasonal Salad Bar<br/>Seasonal Fresh fruit<br/>Variety Milk</p> |   |   |   |   |

