



# 5 Tips for Parents

How can you support regular school attendance?

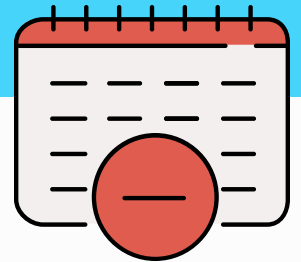
## 1 Ask for help

If you are struggling with getting your child to school on time and regularly, ask your school for help. There may be resources available.



## 2 Plan ahead

Schedule all appointments and vacations when school is not in session.



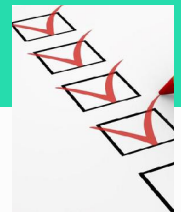
## 3 Have rituals

Create a system at home that supports getting enough sleep, waking up on time, and prioritizing attending school. Start the night before by getting the backpack ready and having clothes ready to go.



## 4 Keep track

Make a record of how many days/hours your child has missed school to avoid chronic absenteeism.



## 5 Talk to your child

Help your child understand how missing school can impact learning, social development, and being prepared for life as an adult.

