

September 2024

LESD Breakfast Menu - CARSON

| MON | | TUES | | WED | | THURS | | FRI | |
|--|--|---|---|---|--|-------|--|------|--|
| 2 | | 3 | | 4 | | 5 | | 6 | |
| Labor Day - Holiday *no meal service* | | Variety Cereal (v) Tangerines or Mandarins 8 oz NF or 1% White Milk | Waffle with Strawberries + Turkey Sausage Bahama Bananas 8 oz NF or 1% White Milk | French Toast with Strawberry Sauce(v) Strawberries 8 oz NF or 1% White Milk | Variety Cereal (v) Apple Slices 8 oz NF or 1% White Milk | | | | |
| 9 | | 10 | | 11 | | 12 | | 13 | |
| 1/2 Bagel & Sun Butter (v) Sliced Peaches 8 oz NF or 1% White Milk | | Variety Cereal (v) Tangerines or Mandarins 8 oz NF or 1% White Milk | Waffle with Strawberry Sauce Bahama Bananas 8 oz NF or 1% White Milk | Cinnamon Swirl Pancakes Strawberries 8 oz NF or 1% White Milk | Strawberry Parfait & Granola Manager's Choice: Fresh, In Season Fruit 8 oz NF or 1% White Milk | | | | |
| 16 | | 17 | | 18 | | 19 | | 20 | |
| Bagel & Cream Cheese (v) Sliced Peaches 8 oz NF or 1% White Milk | | Variety Cereal (v) Tangerines or Mandarins 8 oz NF or 1% White Milk | Waffle with Strawberries + Turkey Sausage Bahama Bananas 8 oz NF or 1% White Milk | French Toast with Strawberry Sauce(v) Strawberries 8 oz NF or 1% White Milk | Variety Cereal (v) Apple Slices 8 oz NF or 1% White Milk | | | | |
| 23 | | 24 | | 25 | | 26 | | 27 | |
| 1/2 Bagel & Sun Butter (v) Sliced Peaches 8 oz NF or 1% White Milk | | Variety Cereal (v) Tangerines or Mandarins 8 oz NF or 1% White Milk | Waffle with Strawberry Sauce Bahama Bananas 8 oz NF or 1% White Milk | Cinnamon Swirl Pancakes Strawberries 8 oz NF or 1% White Milk | Strawberry Parfait & Granola Manager's Choice: Fresh, In Season Fruit 8 oz NF or 1% White Milk | | | | |
| 30 | | 10/1 | | 10/2 | | 10/3 | | 10/4 | |
| Bagel & Cream Cheese (v) Sliced Peaches 8 oz NF or 1% White Milk | | Variety Cereal (v) Tangerines or Mandarins 8 oz NF or 1% White Milk | Waffle with Strawberries + Turkey Sausage Bahama Bananas 8 oz NF or 1% White Milk | French Toast with Strawberry Sauce(v) Strawberries 8 oz NF or 1% White Milk | Variety Cereal (v) Apple Slices 8 oz NF or 1% White Milk | | | | |

(p) = Contains Pork

This institution is an equal opportunity provider.

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LESD Lunch Menu - CARSON

| MON | TUES | WED | THURS | FRI |
|--|---|---|---|---|
| 2 | 3 | 4 | 5 | 6 |
| Labor Day - Holiday *no meal service* | Chicken Alfredo Pasta Bahama Bananas Baby Carrots 8 oz NF or 1% White Milk | Chicken Delights Strawberries Cool Cucumbers 8 oz NF or 1% White Milk | Bean & Cheese Pupusa with Curtido Apple Slices Baby Carrots 8 oz NF or 1% White Milk | Yummy Cheese Pizza Slice (v) Sliced Peaches It's Corn 8 oz NF or 1% White Milk |
| 9 | 10 | 11 | 12 | 13 |
| SunButter & Jelly Sandwich + String Cheese (v) Tangerines or Mandarins Broccoli w/ Ranch 8 oz NF or 1% White Milk | Grilled Cheese Bahama Bananas Baby Carrots 8 oz NF or 1% White Milk | Super Orange Chicken Raisins Jicama Sticks, Edamame 8 oz NF or 1% White Milk | Tamale: Chicken & Red Sauce & Pinto Beans Apple Slices Cool Cucumbers 8 oz NF or 1% White Milk | Chicken Nuggies Locally Grown Cara Cara Oranges It's Corn 8 oz NF or 1% White Milk |
| 16 | 17 | 18 | 19 | 20 |
| Mozzarella Breadsticks + Marinara Sauce (v) Tangerines or Mandarins Broccoli w/ Ranch 8 oz NF or 1% White Milk | Chicken Alfredo Pasta Bahama Bananas Baby Carrots 8 oz NF or 1% White Milk | Chicken Delights Strawberries Cool Cucumbers 8 oz NF or 1% White Milk | Bean & Cheese Pupusa with Curtido Apple Slices Baby Carrots 8 oz NF or 1% White Milk | Yummy Cheese Pizza Slice (v) Sliced Peaches It's Corn 8 oz NF or 1% White Milk |
| 23 | 24 | 25 | 26 | 27 |
| SunButter & Jelly Sandwich + String Cheese (v) Tangerines or Mandarins Broccoli w/ Ranch 8 oz NF or 1% White Milk | Happy Burger (Grass Fed Beef) Bahama Bananas Baby Carrots 8 oz NF or 1% White Milk | Super Orange Chicken Raisins Jicama Sticks, Edamame 8 oz NF or 1% White Milk | Tamale: Chicken & Red Sauce & Pinto Beans Apple Slices Cool Cucumbers 8 oz NF or 1% White Milk | Chicken Nuggies Locally Grown Cara Cara Oranges It's Corn 8 oz NF or 1% White Milk |
| 30 | 10/1 | 10/2 | 10/3 | 10/4 |
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(v)= Vegetarian

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