

September 2024 LESD Breakfast Menu

MON	TUES	WED	THURS	FRI
2	3	4	5	6
Labor Day - Holiday *no meal service*	Concha with Fresh Piña (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Peach Slices Fresh Piña 8 oz NF or 1% White Milk	Cinni Minis (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Bahama Bananas 100% Orange Juice 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes Variety Cereal + String Cheese or Sunflower Kernels (v) Navel Orange Apple Chips 8 oz NF or 1% White Milk	Double Chocolate Chip Muffin (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Apple Slices Raisins 8 oz NF or 1% White Milk
9	10	11	12	13
Elote Pan Dulce (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Mandarin Smiles Applesauce Cups 8 oz NF or 1% White Milk	Bagels & Cream Cheese (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Peach Slices Dried Cranberries 8 oz NF or 1% White Milk	French Toast with Strawberry Sauce (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Bahama Bananas 100% Orange Juice 8 oz NF or 1% White Milk	Ham & Cheese Croissant Variety Cereal + String Cheese or Sunflower Kernels (v) Harvest of the Month: Apple Pears Apple Chips 8 oz NF or 1% White Milk	Strawberry Parfait & Granola Variety Cereal + String Cheese or Sunflower Kernels (v) Apple Slices Raisins 8 oz NF or 1% White Milk
16	17	18	19	20
Waffles with Strawberries Variety Cereal + String Cheese or Sunflower Kernels (v) Mandarin Smiles Applesauce Cups 8 oz NF or 1% White Milk	Concha (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Peach Slices Dried Cranberries 8 oz NF or 1% White Milk	Cinni Minis (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Bahama Bananas 100% Orange Juice 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes Variety Cereal + String Cheese or Sunflower Kernels (v) Navel Orange Apple Chips 8 oz NF or 1% White Milk	Double Chocolate Chip Muffin (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Apple Slices Raisins 8 oz NF or 1% White Milk
23	24	25	26	27
Elote Pan Dulce (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Mandarin Smiles Applesauce Cups 8 oz NF or 1% White Milk	Bagels & Cream Cheese (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Peach Slices Dried Cranberries 8 oz NF or 1% White Milk	French Toast with Strawberry Sauce (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Bahama Bananas 100% Orange Juice 8 oz NF or 1% White Milk	Ham & Cheese Croissant Variety Cereal + String Cheese or Sunflower Kernels (v) Harvest of the Month: Apple Pears Apple Chips 8 oz NF or 1% White Milk	Strawberry Parfait & Granola Variety Cereal + String Cheese or Sunflower Kernels (v) Apple Slices Raisins 8 oz NF or 1% White Milk
30	10/1	10/2	10/3	10/4
Waffles with Strawberries Variety Cereal + String Cheese or Sunflower Kernels (v) Mandarin Smiles Applesauce Cups 8 oz NF or 1% White Milk	Concha (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Peach Slices Dried Cranberries 8 oz NF or 1% White Milk	Cinni Minis (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Bahama Bananas 100% Orange Juice 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes Variety Cereal + String Cheese or Sunflower Kernels (v) Navel Orange Apple Chips 8 oz NF or 1% White Milk	Double Chocolate Chip Muffin (v) Variety Cereal + String Cheese or Sunflower Kernels (v) Apple Slices Raisins 8 oz NF or 1% White Milk

(v)= Vegetarian
(p) = Contains Pork

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September 2024

LESD Elementary School 2nd Chance Breakfast Menu

MON	TUES	WED	THURS	FRI					
2		3		4		5		6	
Labor Day - Holiday *no meal service*		Concha (v)	Strawberry Yogurt Chex Mix + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Double Chocolate Chip Muffin (v)				
		Peach Slices	Bahama Bananas	Navel Orange	Apple Slices				
		Dried Cranberries	100% Orange Juice	Apple Chips	Raisins				
		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk				
9		10		11		12		13	
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v)		Variety Cereal + Sunflower Seeds (v)	Cinni Minis (v)	Campfire S'mores Bar (v) (2WG)		Strawberry Parfait & Granola			
Mandarin Smiles		Peach Slices	Bahama Bananas	Harvest of the Month: Apple Pears		Apple Slices			
Applesauce Cups		Dried Cranberries	100% Orange Juice	Apple Chips		Raisins			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
16		17		18		19		20	
Birthday Cake Bar (v) (2WG)		Concha with Fresh Piña (v)	Strawberry Yogurt Chex Mix + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)		Double Chocolate Chip Muffin (v)			
Mandarin Smiles		Peach Slices	Bahama Bananas	Navel Orange		Apple Slices			
Applesauce Cups		Dried Cranberries	100% Orange Juice	Apple Chips		Raisins			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
23		24		25		26		27	
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v)		Variety Cereal + Sunflower Seeds (v)	Cinni Minis (v)	Campfire S'mores Bar (v) (2WG)		Strawberry Parfait & Granola			
Mandarin Smiles		Peach Slices	Bahama Bananas	Harvest of the Month: Apple Pears		Apple Slices			
Applesauce Cups		Dried Cranberries	100% Orange Juice	Apple Chips		Raisins			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
30		10/1		10/2		10/3		10/4	
Birthday Cake Bar (v) (2WG)		Concha (v)	Strawberry Yogurt Chex Mix + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)		Double Chocolate Chip Muffin (v)			
Mandarin Smiles		Peach Slices	Bahama Bananas	Navel Orange		Apple Slices			
Applesauce Cups		Dried Cranberries	100% Orange Juice	Apple Chips		Raisins			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			

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September 2024 LESD Lunch Menu

MON	TUES	WED	THURS	FRI
2		3		4
5		6		
Labor Day - Holiday *no meal service*	Happy Cheeseburger with Secret Sauce (Grass Fed Beef) Grilled Cheese (v) Bahama Bananas Sliced Tomatoes, Pickles & Baby Carrots with Ranch Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate	Super Orange Chicken + Crackers PB&J Sandwich (v) Navel Oranges Edamame Mandarin Crunch Salad, Chili Carrot Coins 8 oz NF or 1% White Milk	Tamales: Chicken & Red Sauce + String Cheese The Best Burrito (v) Apple Slices Pico de Gallo & Cool Cucumber Baby Carrots, Radish Chips 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) Yummy Cheese Pizza Slice (v) 100% Fruit Juice It's Corn & When Carrot Met Hummus Krypton Kale Salad 8 oz NF or 1% White Milk or NF Chocolate
9		10		11
12		13		
Chicken Delights Sandwiches Mozzarella Pull Aparts with Marinara (v) Peach Slices Super Celery with Super Ranch Sliced Tomatoes, Pickles & Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Chicken Alfredo Pasta + Soft Breadstick Grilled Cheese (v) Bahama Bananas When Carrot Met Hummus Krypton Kale Salad 8 oz NF or 1% White Milk or NF Chocolate	Crispy Chicken Drumstick + Cornbread PB&J Sandwich (v) Navel Oranges Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans Homestyle Ranch Salad 8 oz NF or 1% White Milk	Bean & Cheese Pupusa (v) with Curtido Yogurt & Granola (v) Harvest of the Month: Apple Pears Chili Jicama Sticks Baby Carrots 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) Yummy Cheese Pizza Slice (v) Fruity Frozen Cup It's Corn Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate
16		17		18
19		20		
Chicken Nuggies with Fresh Baked Whole Grain Chocolate Chip Cookie Mac and Cheese with Fresh Baked Whole Grain Chocolate Chip Cookie (v) Peach Slices Super Celery with Super Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce (Grass Fed Beef) Grilled Cheese (v) Bahama Bananas Sliced Tomatoes, Pickles & Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Super Orange Chicken + Crackers PB&J Sandwich (v) Frozen Candy Grapes Chili Lime Carrots, Edamame Mandarin Crunch Salad 8 oz NF or 1% White Milk	Tamales: Chicken & Red Sauce + String Cheese The Best Burrito (v) Apple Slices Pico de Gallo & Cool Cucumber When Carrot Met Hummus, Radish Chips 8 oz NF or 1% White Milk	Planet Pasta + Cheesy Breadstick (v) Yogurt & Granola (v) 100% Fruit Juice It's Corn & Baby Carrots & Ranch Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate
23		24		25
26		27		
Chicken Delights Sandwiches Mozzarella Pull Aparts with Marinara (v) Peach Slices Super Celery with Super Ranch Sliced Tomatoes, Pickles & Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Chicken Alfredo Pasta + Soft Breadstick Grilled Cheese (v) Bahama Bananas Chili Jicama Sticks Krypton Kale Salad 8 oz NF or 1% White Milk or NF Chocolate	Crispy Chicken Drumstick + Cornbread PB&J Sandwich (v) Navel Oranges Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans Homestyle Ranch Salad 8 oz NF or 1% White Milk	Bean & Cheese Pupusa (v) with Curtido Yogurt & Granola (v) Harvest of the Month: Apple Pears When Carrot Met Hummus Cool Cucumber 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) Yummy Cheese Pizza Slice (v) Fruity Frozen Cup It's Corn Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate
30		10/1		10/2
10/3		10/4		
Chicken Nuggies with Fresh Baked Whole Grain Chocolate Chip Cookie Mac and Cheese with Fresh Baked Whole Grain Chocolate Chip Cookie (v) Peach Slices Super Celery with Super Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce (Grass Fed Beef) Grilled Cheese (v) Bahama Bananas Sliced Tomatoes, Pickles & Baby Carrots with Ranch Shredded Lettuce & Cheese 8 oz NF or 1% White Milk or NF Chocolate	Super Orange Chicken + Crackers PB&J Sandwich (v) Frozen Candy Grapes Chili Lime Carrots, Edamame Mandarin Crunch Salad 8 oz NF or 1% White Milk	Tamales: Chicken & Red Sauce + String Cheese The Best Burrito (v) Apple Slices Pico de Gallo & Cool Cucumber When Carrot Met Hummus, Radish Chips 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice (p) Yummy Cheese Pizza Slice (v) 100% Fruit Juice It's Corn & Baby Carrots & Ranch Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate

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September 2024 LESD Supper Menu

MON	TUES	WED	THURS	FRI					
2		3		4		5		6	
Labor Day - Holiday *no meal service*		Cheez It Crackers (v) String Cheese (v) Sweet & Spicy Mango Trail Mix (v) Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate	Cinnamon GoldFish Cracker (v) Strawberry Yogurt (v) Roasted Sunflower Seeds (v) Bahama Bananas Cool Cucumber 8 oz NF or 1% White Milk	Dino Bites (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Navel Orange Chili Carrot Coins 8 oz NF or 1% White Milk or NF Chocolate	GoldFish Crackers Colby Jack Cheese Stick Honey Sunflower Seeds (v) Apple Slices Baby Carrots 8 oz NF or 1% White Milk				
9		10		11		12		13	
Cocoa Brownie Bar (v) String Cheese (v) Roasted Sunflower Seeds (v) Sour Blueberry Raisins Broccoli w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Peach Slices Baby Carrots 8 oz NF or 1% White Milk		ChatSnax Graham Crackers (v) Mini Yogurt (v) Honey Sunflower Seeds (v) Bahama Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk or NF Chocolate		Tortilla Chips (v) Cheddar Cheese Stick (v) Chili Lime Cruncherz (v) Navel Orange Salsa 8 oz NF or 1% White Milk		Birthday Cake Bar (v) String Cheese (v) Roasted Sunflower Seeds (v) Harvest of the Month: Apple Pears Baby Carrots 8 oz NF or 1% White Milk	
16		17		18		19		20	
Campfire S'mores Bar (v) Cheddar Cheese (v) Roasted Sunflower Seeds (v) Applesauce Cup Super Celery with Super Ranch 8 oz NF or 1% White Milk		Cheez It Crackers (v) String Cheese (v) Sweet & Spicy Mango Trail Mix (v) Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Cinnamon GoldFish Cracker (v) Strawberry Yogurt (v) Roasted Sunflower Seeds (v) Bahama Bananas Cool Cucumber 8 oz NF or 1% White Milk		Dino Bites (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Navel Orange Chili Carrot Coins 8 oz NF or 1% White Milk or NF Chocolate		GoldFish Crackers Colby Jack Cheese Stick Honey Sunflower Seeds (v) Apple Slices Baby Carrots 8 oz NF or 1% White Milk	
23		24		25		26		27	
Cocoa Brownie Bar (v) String Cheese (v) Roasted Sunflower Seeds (v) Sour Blueberry Raisins Broccoli w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Peach Slices Baby Carrots 8 oz NF or 1% White Milk		ChatSnax Graham Crackers (v) Mini Yogurt (v) Honey Sunflower Seeds (v) Bahama Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk or NF Chocolate		Tortilla Chips (v) Cheddar Cheese Stick (v) Chili Lime Cruncherz (v) Navel Orange Salsa 8 oz NF or 1% White Milk		Birthday Cake Bar (v) String Cheese (v) Roasted Sunflower Seeds (v) Harvest of the Month: Apple Pears Baby Carrots 8 oz NF or 1% White Milk	
30		10/1		10/2		10/3		10/4	
Campfire S'mores Bar (v) Cheddar Cheese (v) Roasted Sunflower Seeds (v) Applesauce Cup Super Celery with Super Ranch 8 oz NF or 1% White Milk		Cheez It Crackers (v) String Cheese (v) Sweet & Spicy Mango Trail Mix (v) Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Cinnamon GoldFish Cracker (v) Strawberry Yogurt (v) Roasted Sunflower Seeds (v) Bahama Bananas Cool Cucumber 8 oz NF or 1% White Milk		Dino Bites (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Navel Orange Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		GoldFish Crackers Colby Jack Cheese Stick Honey Sunflower Seeds (v) Apple Slices Baby Carrots 8 oz NF or 1% White Milk	

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