

SEPTEMBER

BIC Elementary

Bellaire • Harrison Lane
Midway Park • Oakwood Terrace

2024



BREAKFAST: Student: Free • Adult: a la carte **LUNCH:** Student \$3.30 • Reduced \$0.40 • Adult: \$5.25

BREAKFAST: Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

	<p>3 BREAKFAST Yogurt Cup & Grahams OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Fish Nuggets w/ Hushpuppies French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>4 BREAKFAST Mini Waffles OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Ranch Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>5 BREAKFAST Donut Rounds OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Beef Lasagna w/ Garlic Toast OR Strawberry Yogurt Parfait w/ Muffin Green Beans California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>6 BREAKFAST Mini Cinnis OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Hot Dog w/ Chili & Cheese Sidewinder Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p>9 BREAKFAST Mini Pancakes OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Cheese Enchiladas w/ Mexican Rice OR Breaded Chicken Sandwich Smile Potatoes Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>10 BREAKFAST Pull A-Part Donut OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR BBQ Chicken Drumstick w/ Garlic Toast OR Yogurt/Cheese Meal French Fries Baked Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>11 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Smackers OR Steak Fingers Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Bahama Blend Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>12 BREAKFAST Breakfast Burrito w/ Eggs & Sausage OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Breadstick OR Corn Dog OR Yogurt Meal Sidewinder Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>13 BREAKFAST Cream Cheese Filled Bagel OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Turkey/Cheese Lunchpak French Fries Corn on the Cob Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

*Contains Pork

• Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

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<p>16 BREAKFAST Cinnamon Roll & String Cheese OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Sweet/Sour Chicken w/ Seasoned Rice OR Cheese Bites w/ Marinara Dip Bahama Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>17 BREAKFAST Breakfast on a Stick OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheesy Cheeseburger OR Fiestada Pizza OR Yogurt/Cheese Meal French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>18 BREAKFAST Fruit Filled Frudel Strudel OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Ranch Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>19 BREAKFAST Mini Waffles OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Macaroni & Cheese OR Breaded Chicken Drumstick Garlic Toast Ranch Beans Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>20 BREAKFAST Sausage Breakfast Sandwich on Hawaiian Roll OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR BBQ Beef Rib Sandwich Whole Kernel Corn Onion Rings Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p>23 BREAKFAST Mini Cinnamon Crumb Loaf OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Breaded Chicken Sandwich Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>24 BREAKFAST Mini French Toast OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Pizza Crunchers w/ Marinara Dip Corn on the Cob Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>25 BREAKFAST Dunkin Sticks OR Pop Tart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Nuggets OR Steak Fingers Wheat Roll OR Yogurt/Cheese Meal Mashed Potatoes w/Cream Gravy Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>26 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce Wheat Roll OR Blueberry Yogurt Parfait w/ Muffin California Blend Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>27 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Chili Frito Pie Tater Tots Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

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