

SEPTEMBER

Junior High Menu



BREAKFAST: Student:\$2.25 • Adult: a la carte **LUNCH:** Student \$3.65 • Reduced: \$0.40 • Adult: \$5.25

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

	<p>3 BREAKFAST Mini French Toast OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Hot Dog w/ Chili & Cheese OR Strawberry Yogurt Parfait w/ Muffin French Fries Baked Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>4 BREAKFAST * Breakfast Taco w/ Eggs & Bacon Tater Tots OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Steak Fingers Wheat Roll OR Grilled Cheese Sand. OR Italian Sub Sandwich Mashed Potatoes w/Cream Gravy Bahama Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>5 BREAKFAST Sausage & Biscuit w/ Gravy OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Breaded Drumstick Garlic Toast OR Crispy Caesar Chicken Wrap OR Mango Yogurt Parfait w/ Muffin Green Beans Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>6 BREAKFAST Waffles w/ Strawberries & Cream OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Hot/Spicy Chicken Sandwich OR Turkey/Cheese Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>
<p>9 BREAKFAST Cinnamon Roll & String Cheese OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>10 BREAKFAST Scrambled Eggs & Biscuit w/ Gravy OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Breaded Mozzarella Cheese Sticks w/ Dip OR Crispy Buffalo Chicken Salad w/ Flatbread OR Turkey & Cheese Wrap French Fries Corn on the Cob Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>11 BREAKFAST Breakfast Pizza OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Italian Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>12 BREAKFAST French Toast & *Crispy Bacon OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Wheat Roll OR Fiesta Pizza OR Cold Cut Combo Sub Sandwich OR Fruit/Cheese Plate Steamed Broccoli Crinkle Cut Carrots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>13 BREAKFAST Chocolate Filled Crescent OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Crispy Chicken Sandwich OR Ham/Cheese Sub OR Mango Yogurt Parfait w/ Muffin Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

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2024

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<p>16 BREAKFAST Sausage Breakfast Sandwich on Hawaiian Roll OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Mango/Habanero Crispy Chicken Bites w/ Wheat Roll OR BBQ Beef Rib Sandwich OR Strawberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>17 BREAKFAST Pancakes & Scrambled Eggs OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheesy Cheeseburger OR Cheese Enchiladas w/ Mexican Rice OR Crispy Chicken Salad w/ Flatbread OR Cold Cut Sub Sandwich French Fries Corn on the Cob Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>18 BREAKFAST Cream Cheese Filled Bagel OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Ham/Cheese Sub Sandwich OR Mandarin Orange Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>19 BREAKFAST Chicken Biscuit Sandwich OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH *Pepperoni Calzone/Cheese Calzone w/ Marinara Dip OR Crispy Chicken Sandwich OR Turkey/Cheese Wrap OR Blueberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>20 BREAKFAST Waffles w/ Strawberries & Cream OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Chicken Tetrizzini w/ Wheat Roll OR Italian Sub Sandwich OR Crispy Buffalo Chicken Wrap French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>23 BREAKFAST Mini Cinnamon Crumb Loaf OR Pop Tart & Cereal Craisins Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>24 BREAKFAST Mini Waffles OR Toast & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Fiestada Pizza OR Crispy Chicken Salad w/ Flatbread OR Fruit & Cheese Plate w/ Muffin French Fries California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>25 BREAKFAST * Breakfast Taco w/ Eggs & Bacon Tater Tots OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Steak Fingers Wheat Roll OR Grilled Cheese Sand. OR Italian Sub Sandwich Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>26 BREAKFAST Sausage & Biscuit w/ Gravy OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce w/ Garlic Toast OR Crispy Chicken Sand. OR Ham/Cheese Sub OR Mandarin Orange Yogurt Parfait w Muffin French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>27 BREAKFAST Glazed Donut & String Cheese OR Toast & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Sweet Sour Chicken w/ Rice and Roll OR Crispy Chicken Caesar Wrap OR Turkey/Ham/Cheese Sub Sandwich French Fries Steamed Broccoli Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>

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