

FRIDAY



WEDNESDAY











MONDAY	TUESDAT	WEDNESDAY	INUKSDAT	FRIDAT
LABOR	3 WG Corn Dog on a Stick Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4 WG Meatball Sub Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	5 WG Beef Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	WG French Bread Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
9 WG Garlic Flatbread Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	10 WG Pizza Burger Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11 WG Fettucine Alfredo w/ Roll Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 WG Baked Penne Pasta Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	1; WG Baked Potato w/ Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
16 WG Chicken Enchiladas Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	<b>Taco Tuesday!</b> WG Chicken Soft Shell Tacos Steamed Veggies	18 WG Bacon Cheeseburger Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint National Cheeseburger Day!	19 WG Pasta Primavera Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	WG Chicken Stir Fry Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint National Fried Rice Day!
23 WG General Tso Chicken w/ Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	24 WG Chicken Parm Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 WG Sweet N Sour Chicken Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	26 WG Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	2' All Beef Hot Dog Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
30 WG Chicken Alfredo Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	What Makes a Lunch?  Select 3-5 Components  One must be a  FRUIT OR VIGGE	Free Meals For All Students COMMUNITY ELIGIBITY PROVISION (CEP)	<u>Please Note:</u> Menu may be subject to change	DISTRICT



Mon: Turkey & Cheese Sub Tues: Crispy Chicken Salad Wed: BLT Sandwich

Thurs: Sunbutter & Jelly Sandwich Fri: Buffalo Chicken Wrap

## **Daily High School Lunch**

- **Stations:** ~Daily Special
- ~Mia Pasta
- ~Viva Burrito
- Nachos & Tacos ~ Luigi's Pizza
- ~Mmm...Burger
- ~Nish Nosh Deli ~Mixed Greens

Salad Friday Nuoc Nuoc

~Cheesy Bosco Sticks EVERY Tuesday & **Thursday** 

> WG= Whole Grain

Each Lunch includes Fresh and Steamed Veggies, Fresh Fruit, & Fat Free Skim Or 1% Milk.





MONDAY

**TUESDAY** 







**THURSDAY** 



BELVIDERE

