

Weekly

Rotating

Specials:

Mon: Turkev &

Cheese Sub Tues: Crispy

Chicken Salad

Wed: BLT

Sandwich

Thurs: Sunbutter

& Jelly Sandwich Fri: Buffalo Chicken Wrap

Offered Daily:

~Regular & Spicy

Chicken Patties

- MmmBurger

~Cheesy Bosco

**Sticks** 

**EVERY** 

**Tuesday** 

& Thursday

WG= Whole

Grain

Each Lunch

includes Fresh

and Steamed

Veggies, Fresh

Fruit. & Fat Free Skim Or 1% Milk.



Ingredients,\ Additives. servative









**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** 3 WG Corn Dog on a Stick WG Meatball Sub **WG Beef Nachos** WG French Bread Pizza **Steamed Veggies Steamed Veggies Steamed Veggies** Steamed Veggies Just Picked Fresh Fruit Just Picked Fresh Fruit Just Picked Fresh Fruit Just Picked Fresh Fruit Ice Cold Milk Pint Ice Cold Milk Pint Ice Cold Milk Pint Ice Cold Milk Pint 12 10 11 13 WG Garlic Flatbread WG Fettucine Alfredo WG Baked Penne Pasta WG Baked Potato WG Pizza Burger Steamed Veggies **Steamed Veggies** w/ Cheese w/ Roll Steamed Veggies Just Picked Fresh Fruit Just Picked Fresh Just Picked Fresh Fruit **Steamed Veggies** Steamed Veggies Fruit Ice Cold Milk Pint Ice Cold Milk Pint Just Picked Fresh Fruit Ice Cold Milk Pint Just Picked Fresh Fruit Ice Cold Milk Pint Ice Cold Milk Pint 18 16 17 19 20 WG Chicken **Taco Tuesday!** WG Bacon WG Pasta Primavera WG Chicken Stir Fry WG Chicken Soft Shell Enchiladas Cheeseburger **Steamed Veggies** Steamed Veggies **Steamed Veggies Steamed Veggies** Just Picked Fresh Fruit Just Picked Fresh Fruit Tacos Just Picked Fresh **Steamed Veggies** Just Picked Fresh Fruit Ice Cold Milk Pint Ice Cold Milk Pint Fruit Ice Cold Milk Pint Just Picked Fresh Fruit Ice Cold Milk Pint National Fried Rice Ice Cold Milk Pint National Cheeseburger Day! Dau! 23 24 25 26 27 WG General Tso WG Chicken Parm WG Sweet N Sour WG Chicken Nuggets All Beef Hot Dog Chicken w/ Rice Sandwich Chicken **Steamed Veggies** Steamed Veggies Steamed Veggies **Steamed Veggies Steamed Veggies** Just Picked Fresh Fruit Just Picked Fresh Fruit Just Picked Fresh Just Picked Fresh Fruit Just Picked Fresh Fruit Ice Cold Milk Pint Ice Cold Milk Pint Fruit Ice Cold Milk Pint Ice Cold Milk Pint Ice Cold Milk Pint 30 What Makes a Lunch? Free Meals For All Please Note: Select 3-5 Components WG Chicken Alfredo Students Menu may be subject to Steamed Veggies change Just Picked Fresh





Fruit Ice Cold Milk Pint



One must be a

OR







BELVIDERE

