

# Minnehaha Academy Upper School Lunch Menu

January  
2025

Daily selection of seasonal fruits & vegetables  
Made to Order Redhawk Sandwich Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b> Cheese Ravioli with Marinara Sauce Green Beans Shrimp Basket Choice of Sandwich or Wrap	<b>7</b> Chicken Fried Rice Fresh Edamame Caprese Chicken Sandwiches Choice of Sandwich or Wrap	<b>8</b> Waffle Bar Breakfast Potatoes Chicken Bacon Ranch Melt Choice of Sandwich	<b>9</b> Chicken Alfredo Fresh Broccoli Beef Commercial Choice of Sandwich or Wrap	<b>10</b> Pizza Party Caesar Side Salad Buffalo Chicken Wrap Choice of Sandwich or Wrap
<b>13</b> Beefy Nachos with Homemade Cheese Black Beans Korean Meatball Bowl Choice of Sandwich or Wrap	<b>14</b> Build Your Own Macaroni & Cheese Bar Fresh Broccoli Turkey Piegga Choice of Sandwich or Wrap	<b>15</b> Chinese Chicken Lo Mein Stir Fry Vegetable Baja Fish Tacos Choice of Sandwich or Wrap	<b>16</b> Build Your Own Ramen Bowl Green Chili Pork Choice of Sandwich or Wrap	<b>17</b> Prof Development Day/No School
<b>20</b> MLK no School	<b>21</b> Cubano Panini Kettle Potato Chips Cajun Chicken Alfredo Choice of Sandwich or Wrap	<b>22</b> Gyros Greek Fries Wing Bar Choice of Sandwich or Wrap	<b>23</b> Spaghetti with Marinara Italian Roasted Vegetables Chicken Enchiladas Choice of Sandwich or Wrap	<b>24</b> Italian Dunkers with Marinara Roasted Cauliflower Egg Roll Bowl Choice of Sandwich or Wrap
<b>27</b> Chicken Sandwich Baked Beans, Vegetarian Chicken Tikka Masala Choice of Sandwich or Wrap	<b>28</b> Beef and Broccoli White Rice Thai Noodle Bowl Choice of Sandwich or Wrap	<b>29</b> Chicken & Wild Rice Soup Garlic Bread Stick Country Fried Chicken Choice of Sandwich or Wrap	<b>30</b> Monte Cristo Potato Wedges Chicken Pad Thai Choice of Sandwich or Wrap	<b>31</b> French Bread Pizza Fresh Broccoli Mediterranean Bowl Choice of Sandwich or Wrap

**PRICES**

Main Entree	\$6.25
Extra Entree	\$3.00
Chef of Display	\$6.25
Sandwich Bar	\$6.25
Salad Bar	\$6.25

**EXTRA INFO**

For questions or comments, contact:  
 Michael Cain - Food Service Director  
 m.cain@taher.com  
 Laura DuBois - Chef  
 l.dubois@taher.com  
 Office: 952-255-6018

**HARVEST OF**



**THE MONTH**

Menus and nutrition  
our app  
TaHer Food4Life®



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