

Monday

Sep 2

Tuesday

Sep 3

Egg Bites
Apple
Assorted Fruit Cups
Ketchup
1% Milk
Skim Milk

Wednesday

Sep 4

Assorted Breakfast Bread
Pear
Craisins
1% Milk
Skim Milk

Thursday

Sep 5

Cinnamon Toast Crunch Bar
Applesauce Cup
Orange
1% Milk
Skim Milk

Friday

Sep 6

WG Granola Bar
Assorted Flavors
String Cheese
Pear
Applesauce Cup
Assorted Flavors
1% Milk
Skim Milk

Sep 9

Cinnamon Raisin Bagel
Orange
Apple Juice
Cream Cheese Cup
1% Milk
Skim Milk

Sep 10

Egg, Cheese, & Hashbrown
Apple
Assorted Fruit Cups
Ketchup
1% Milk
Skim Milk

Sep 11

Maple Waffle
Pear
Craisins
1% Milk
Skim Milk

Sep 12

Cherry Frudel
Applesauce Cup
Orange
1% Milk
Skim Milk

Sep 13

Pull-a-Part Donut
Pear
Applesauce Cup
Assorted Flavors
1% Milk
Skim Milk

Sep 16

Cinnamon Raisin Bagel
Orange
Apple Juice
Cream Cheese Cup
1% Milk
Skim Milk

Sep 17

Pancake Bowl
Assorted Flavors
Apple
Assorted Fruit Cups
1% Milk
Skim Milk

Sep 18

Assorted Breakfast Bread
Pear
Craisins
1% Milk
Skim Milk

Sep 19

Caramel Cinnis
Applesauce Cup
Orange
1% Milk
Skim Milk

Sep 20

WG Granola Bar
Assorted Flavors
Colby Jack String Cheese
Pear
Applesauce Cup
Assorted Flavors
1% Milk
Skim Milk

Sep 23

Maple Waffle
Orange
Apple Juice
1% Milk
Skim Milk

Sep 24

Poffitz Pancake Bites
Apple
Assorted Fruit Cups
Syrup
1% Milk
Skim Milk

Sep 25

WG Muffin
Assorted Flavors
String Cheese
Pear
Craisins
1% Milk
Skim Milk

Sep 26

Fiesta Egg Scramble
Tortilla Chips
Applesauce Cup
Orange
1% Milk
Skim Milk

Sep 27

Yogurt Cup
Assorted Flavors
Granola
Pear
Applesauce Cup
Assorted Flavors
1% Milk
Skim Milk

Sep 30

Cinnamon Raisin Bagel
Orange
Apple Juice
Cream Cheese Cup
1% Milk
Skim Milk

Monday

Sep 2

Tuesday

Sep 3

Maple Waffle
Apple
1% Milk
Skim Milk

Wednesday

Sep 4

Assorted Breakfast Bread
Applesauce Cup
Skim Milk
1% Milk

Thursday

Sep 5

Cheerios
Hard-Boiled Egg
Assorted Fruit Cups
1% Milk
Skim Milk

Friday

Sep 6

WG Cereal
Assorted Flavors
Applesauce Cup
1% Milk
Skim Milk

Sep 9

Cinnamon Raisin Bagel
Orange
Cream Cheese Cup
1% Milk
Skim Milk

Sep 10

Egg, Cheese, & Hashbrown
Apple
Ketchup
1% Milk
Skim Milk

Sep 11

Maple Waffle
Applesauce Cup
1% Milk
Skim Milk

Sep 12

Yogurt Cup
Assorted Flavors
Granola
Assorted Fruit Cups
1% Milk
Skim Milk

Sep 13

WG Cereal
Assorted Flavors
Applesauce Cup
1% Milk
Skim Milk

Sep 16

Cinnamon Raisin Bagel
Cream Cheese Cup
Orange
1% Milk
Skim Milk

Sep 17

Maple Waffle
Apple
1% Milk
Skim Milk

Sep 18

Assorted Breakfast Bread
Applesauce Cup
1% Milk
Skim Milk

Sep 19

Assorted Breakfast Bread
Assorted Fruit Cups
1% Milk
Skim Milk

Sep 20

WG Cereal
Assorted Flavors
Hard-Boiled Egg
Applesauce Cup
1% Milk
Skim Milk

Sep 23

Maple Waffle
Orange
1% Milk
Skim Milk

Sep 24

Poffitz Pancake Bites
Apple
Syrup
1% Milk
Skim Milk

Sep 25

WG Muffin
Assorted Flavors
Applesauce Cup
1% Milk
Skim Milk

Sep 26

Fiesta Egg Scramble
Tortilla Chips
Assorted Fruit Cups
1% Milk
Skim Milk

Sep 27

Yogurt Cup
Assorted Flavors
Granola
Applesauce Cup
1% Milk
Skim Milk

Sep 30

Cinnamon Raisin Bagel
Orange
Cream Cheese Cup
1% Milk
Skim Milk



MONTHLY DINING MENU

Monday

Sep 2

Tuesday

Sep 3

Sandwich, Hamburger - OKI
Pickle, Spears - OKI
Pear, Fresh, 150ct, - OKI
Mustard, PKT - OKI
Ketchup, Pkt - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Wednesday

Sep 4

Pizza, Boli - OKI
Carrots, Fresh, Baby, 3/4c, IW - OKI
ORANGE, Fresh 138CT, - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Thursday

Sep 5

Sandwich, Chedd, Jalapeno, Egg - OKI
Potatoes, Diced, Seasoned, 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Jelly, PKT - OKI
Ketchup, Pkt - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Friday

Sep 6

Chicken, Drum, Honey, LemPep, Rice, White - OKI
Broccoli, Hot, 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 9

Chicken, Nuggets, WG - OKI
Crackers, Pizza - OKI
Carrots, Fresh, Baby, 3/4c, IW - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Sauce, BBQ, Packet - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 10

Meatball, Beef, Marinara, Cheese - OKI
Roll, Hoagie, WG - OKI
Celery, Fresh, Sticks, 3/4c - OKI
Pear, Fresh, 150ct, - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 11

Sandwich, Turkey Ham, WA Cheese - OKI
Carrots, Fresh, Baby, 3/4c - OKI
Juice, Fruit Punch - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI
Mustard, PKT - OKI
Mayo, PKT - OKI

Sep 12

Nachos, Chicken, Cheese - OKI
Chips, tortilla, WG, IW - OKI
Beans, Black, Seasoned, 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Sauce, Taco, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 13

Pizza, Turkey Sausage, - OKI
Greens, Mixed, Raw, Chopped 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 16

Sandwich, Fiestada, Big Daddy's - OKI
Tomatoes, Cherry, 3/4 cup - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 17

Croissant, Square, Turkey Sausage, Cheese - OKI
Potatoes, Diced, Seasoned, 3/4c - OKI
Pear, Fresh, 150ct, - OKI
Ketchup, Pkt - OKI
Jelly, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 18

Hot Dog, Beef, Vienna - OKI
Pickle, Spears - OKI
ORANGE, Fresh 138CT, - OKI
Ketchup, Pkt - OKI
Mustard, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 19

Pizza, Crunchers, WG - OKI
Greens, Mixed, Raw, Chopped 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 20

Chicken, Popcorn, Buffalo - OKI
Crackers, Chili Lime, WG - OKI
Salad, Lemon Chickpea, 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 23

Potsticker, Chicken, Vegetable - OKI
Peas, Snap, Fresh, 3/4c - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 24

Sandwich, Chicken, Louisiana - OKI
Corn, 3/4c - OKI
Pear, Fresh, 150ct, - OKI
Mayo, PKT - OKI
Sauce, Hot, Packet - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 25

Pizza, Turkey Sausage, - OKI
Carrots, Fresh, Baby, 3/4c, IW - OKI
ORANGE, Fresh 138CT, - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 26

Drumstick, Sweet & Sticky, Rice, White - OKI
Edamame, 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 27

Penne, Meatball, Marinara - OKI
Broccoli, Hot, 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 30

Taco, Beef, Cheese, Shredded, 6in Tort - OKI
Esquites, 3/4c - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Monday

Sep 2

Tuesday

Sep 3

Sandwich, Hamburger - OKI
Bagel, Pizza, Pepperoni - OKI
Sauce, Marinara, PC - OKI
Pickle, Spears - OKI
Pear, Fresh, 150ct, - OKI
Mustard, PKT - OKI
Ketchup, Pkt - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Wednesday

Sep 4

Pizza, Boli - OKI
Salad, Chef, Chicken, Cheese - OKI
Crackers, Veggie, Darlington, 2BG - OKI
Carrots, Fresh, Baby, 3/4c, IW - OKI
ORANGE, Fresh 138CT, - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Thursday

Sep 5

Sandwich, Chedd, Jalapeno, Egg - OKI
Bagel, Wowbutter, Yogurt, Pack - OKI
Potatoes, Diced, Seasoned, 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Cream Cheese, Cup - OKI
Jelly, PKT - OKI
Ketchup, Pkt - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Friday

Sep 6

Chicken, Drum, Honey, LemPep, Rice, White - OKI
Wrap, Veggie, Chickpea, Cheese - OKI
Broccoli, Hot, 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 9

Chicken, Nuggets, WG - OKI
Crackers, Pizza - OKI
Crackers, Veggie, Darlington, 2BG - OKI
Cheese, Mini, Turkey, Coins, Pack - OKI
Carrots, Fresh, Baby, 3/4c, IW - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Sauce, BBQ, Packet - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 10

Meatball, Beef, Marinara, Cheese - OKI
Roll, Hoagie, WG - OKI
Bagel, Pizza, Pepperoni - OKI
Sauce, Marinara, PC - OKI
Celery, Fresh, Sticks, 3/4c - OKI
Pear, Fresh, 150ct, - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 11

Sandwich, Turkey Ham, WA Cheese - OKI
Carrots, Fresh, Baby, 3/4c - OKI
Juice, Fruit Punch - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI
Mustard, PKT - OKI
Mayo, PKT - OKI
Celery, Fresh, Sticks, 1/4c - OKI
Apple, Fresh, 138CT, - OKI

Sep 12

Nachos, Chicken, Cheese - OKI
Cheese, Sauce, 2MMA - OKI
Chips, tortilla, WG, IW - OKI
Beans, Black, Seasoned, 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Sauce, Taco, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 13

Pizza, Turkey Sausage, - OKI
Pizza, Cheese, 4x6, Schwans - OKI
Greens, Mixed, Raw, Chopped 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 16

Sandwich, Fiestada, Big Daddy's - OKI
Quesadilla, chile, cheese - OKI
Tomatoes, Cherry, 3/4 cup - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Sauce, Taco, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 17

Croissant, Square, Turkey Sausage, Cheese - OKI
Bagel, Pizza, Pepperoni - OKI
Sauce, Marinara, PC - OKI
Potatoes, Diced, Seasoned, 3/4c - OKI
Pear, Fresh, 150ct, - OKI
Ketchup, Pkt - OKI
Jelly, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 18

Hot Dog, Beef, Vienna - OKI
Sandwich, Cheese, Grilled, American - OKI
Pickle, Spears - OKI
ORANGE, Fresh 138CT, - OKI
Ketchup, Pkt - OKI
Mustard, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 19

Pizza, Crunchers, WG - OKI
Bagel, Wowbutter, Yogurt, Pack - OKI
Greens, Mixed, Raw, Chopped 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Cream Cheese, Cup - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 20

Chicken, Popcorn, Buffalo - OKI
Crackers, Chili Lime, WG - OKI
Wrap, Veggie, Chickpea, Cheese - OKI
Salad, Lemon Chickpea, 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 23

Potsticker, Chicken, Vegetable - OKI
Cheese, Mini, Turkey, Coins, Pack - OKI
Crackers, Veggie, Darlington, 2BG - OKI
Peas, Snap, Fresh, 3/4c - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 24

Sandwich, Chicken, Louisiana - OKI
Bagel, Pizza, Pepperoni - OKI
Sauce, Marinara, PC - OKI
Corn, 3/4c - OKI
Pear, Fresh, 150ct, - OKI
Mayo, PKT - OKI
Sauce, Hot, Packet - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 25

Pizza, Turkey Sausage, - OKI
Pizza, Cheese, 4x6, Schwans - OKI
Carrots, Fresh, Baby, 3/4c, IW - OKI
ORANGE, Fresh 138CT, - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 26

Drumstick, Sweet & Sticky, Rice, White - OKI
Bagel, Wowbutter, Yogurt, Pack - OKI
Edamame, 3/4c - OKI
Juice, Grape, Citrus Sun, 4oz - OKI
Cream Cheese, Cup - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 27

Penne, Meatball, Marinara - OKI
Wrap, Veggie, Chickpea, Cheese - OKI
Broccoli, Hot, 3/4c - OKI
BANANAS, Fresh 150ct - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI

Sep 30

Taco, Beef, Cheese, Shredded, 6in Tort - OKI
Cheese, Mini, Turkey, Coins, Pack - OKI
Crackers, Veggie, Darlington, 2BG - OKI
Esquites, 3/4c - OKI
Applesauce, Cup, Assort - OKI
Sauce, Ranch, PKT - OKI
Milk, 1/2PNT, 1% - OKI
Milk, 1/2PNT, Choc, Skim - OKI
Milk, 1/2PNT, Skim - OKI



MONTHLY DINING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Sep 2	Sep 3 Sandwich, Hamburger - OKI Pickle, Spears - OKI Fruit, Cups, Assorted - OKI Ketchup, Pkt - OKI Mustard, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 4 Pizza, Boli - OKI Carrots, Shredded - OKI ORANGE, Fresh 138CT, - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 5 Sandwich, Chedd, Jalapeno, Egg - OKI Potatoes, Diced, Seasoned, 1/2c - OKI Apple, Slices, IW, 1/2c - OKI Ketchup, Pkt - OKI Jelly, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 6 Chicken, Diced, BBQ, Rice, White - OKI Broccoli, Hot, 1/2c - OKI BANANAS, Fresh 150ct - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI
Sep 9 Chicken, Nuggets, WG - OKI Crackers, Pizza - OKI Carrots, Shredded - OKI Applesauce, Cup, Assort - OKI Sauce, Ranch, PKT - OKI Sauce, BBQ, Packet - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 10 Meatball, Beef, Marinara - OKI Roll, Hoagie, WG - OKI Celery, Diced, 1/2c - OKI Fruit, Cups, Assorted - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 11 Sandwich, Turkey Ham, WA Cheese - OKI I Carrots, Fresh, Baby, 1/2c - OKI Juice, Fruit Punch - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Choc, Skim - OKI Milk, 1/2PNT, Skim - OKI Mustard, PKT - OKI Mayo, PKT - OKI	Sep 12 Taco, Chicken, Cheese, Shredded - OKI Tortilla, WG, 6-IN, 2BG - OKI Pepper, Fresh, Red, Strip, 1/2c - OKI Apple, Slices, IW, 1/2c - OKI Sauce, Ranch, PKT - OKI Sauce, Taco, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 13 Pizza, Cheese, 4x6, Schwans - OKI Greens, Mixed, Raw, Chopped 1/2c - OKI BANANAS, Fresh 150ct - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI
Sep 16 Sandwich, Fiestada, Big Daddy's - OKI Pepper, Fresh, Red, Strip, 1/2c - OKI Applesauce, Cup, Assort - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 17 Croissant, Square, Turkey Sausage, Cheese - OKI Potatoes, Diced, Seasoned, 1/2c - OKI Fruit, Cups, Assorted - OKI Ketchup, Pkt - OKI Jelly, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 18 Sandwich, Cheese, Grilled, American - OKI KI Pickle, Spears - OKI ORANGE, Fresh 138CT, - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 19 Pizza, Crunchers, WG - OKI Greens, Mixed, Raw, Chopped 1/2c - OKI Apple, Slices, 1/2c - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 20 Chicken, Diced, Sweet & Sticky, Rice, white - OKI te - OKI Cucumber, Fresh, Slices, 1/2c - OKI BANANAS, Fresh 150ct - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI
Sep 23 Potsticker, Chicken, Vegetable - OKI Celery, Diced, 1/2c - OKI Applesauce, Cup, Assort - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 24 Sandwich, Chicken, Louisiana - OKI Broccoli, Hot, 1/2c - OKI Fruit, Cups, Assorted - OKI Mayo, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 25 Pizza, Cheese, 4x6, Schwans - OKI Carrots, Shredded - OKI ORANGE, Fresh 138CT, - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 26 Chicken, Popcorn, BBQ - OKI Crackers, Chili Lime, WG - OKI Cauliflower, Fresh, 1/2c, IW - OKI Apple, Slices, 1/2c - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI	Sep 27 Penne, Meatball, Marinara - OKI Cucumber, Fresh, Slices, 1/2c - OKI BANANAS, Fresh 150ct - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI
Sep 30 Taco, Filling, Beef, Cheese Sauce - OKI Chips, tortilla, WG, IW- OKI Pepper, Fresh, Red, Strip, 1/2c - OKI Applesauce, Cup, Assort - OKI Sauce, Taco, PKT - OKI Sauce, Ranch, PKT - OKI Milk, 1/2PNT, 1% - OKI Milk, 1/2PNT, Skim - OKI				

Menu Name:

Cicero Hot Breakfast K-12

Include Cost:

No

Site:

Report Style:

Detailed

Use Alternate Menu Name:

No

Tuesday - 09/03/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999502 Egg, Bites, Sunny Fresh, 2each- OKI	3MMA	200	239	4.97	378	2	*N/A*	17.90	0.00	259	5.97	1.99	11.94	*N/A*	*N/A*	*N/A*	*N/A*
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990686 Ketchup, Pkt - OKI	1	200	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			465	5.82	583	41	*2	19.53	*0.00	268	52.01	5.88	*20.36	*406	*220.0	*5.77	*0.46
% of Calories				11.26 %		35.3%	*1.7%	37.8%	*0.0%		44.7%		*17.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 09/04/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.10	0.02	0.00	*N/A*	0.1	0.03	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			459	2.31	351	59	*23	9.34	0.00	10	82.56	4.35	12.82	*341	311.5	*0.29	1.40
% of Calories				4.53%		51.4%	*20.0%	18.3%	0.0%		71.9%		11.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 09/05/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991450 Bar, Cinn Toast Crunch, Soft - OKI	2BG	200	264	2.53	294	15	13	8.11	0.00	5	41.56	3.04	6.08	*N/A*	30.4	*N/A*	1.62
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			447	3.36	402	47	*13	9.57	0.00	15	77.97	6.34	14.81	*557	278.3	*51.33	1.75
% of Calories				6.77%		42.1%	*11.6%	19.3%	0.0%		69.8%		13.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 09/06/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999492 Bars, Granola, Assorted - OKI	1BG	200	140	0.63	79	9	8	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
990696 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			436	5.47	388	47	*8	12.03	0.00	35	70.83	6.22	16.56	*341	430.0	*6.12	1.28
% of Calories				11.29 %		43.1%	*7.3%	24.8%	0.0%		65.0%		15.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 09/09/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			435	4.83	509	41	*2	9.47	0.00	30	73.63	5.32	14.76	*557	*293.2	*51.33	*2.14
% of Calories				9.99%		37.7%	*1.8%	19.6%	0.0%		67.7%		13.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 09/10/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991818 Pocket, Hashbrown, Egg, Cheese, Early Risers - OKI	1MMA, 1.25BG	200	233	4.05	456	3	1	11.14	0.00	71	24.30	3.04	8.10	*N/A*	111.4	*N/A*	1.32
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990686 Ketchup, Pkt - OKI	1	200	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			460	4.90	661	42	*3	12.76	*0.00	81	70.34	6.93	*16.53	*406	*331.4	*5.77	*1.77
% of Calories				9.59%		36.5%	*2.6%	25.0%	*0.0%		61.2%		*14.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 09/11/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990629 Waffle, Maple, WG - OKI	2BG	200	241	1.57	324	12	12	9.42	0.00	37	35.57	2.09	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.10	0.02	0.00	*N/A*	0.1	0.03	0.00
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			440	2.38	432	47	*12	10.76	0.00	46	73.80	4.11	13.05	*341	*204.5	*0.29	*0.04
% of Calories				4.87%		42.7%	*10.9%	22.0%	0.0%		67.1%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 09/12/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991733 Frudel, Cherry, IW - OKI	2BG	200	200	0.50	270	10	9	5.00	0.00	0	38.00	2.00	5.00	*N/A*	0.0	*N/A*	1.60
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			384	1.33	378	42	*9	6.46	0.00	10	74.40	5.30	13.72	*557	247.9	*51.33	1.73
% of Calories				3.12%		43.8%	*9.4%	15.1%	0.0%		77.5%		14.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 09/13/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	200	240	4.50	300	8	8	11.00	0.00	0	31.00	2.00	4.00	*N/A*	24.0	*N/A*	1.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			456	5.34	409	45	*8	12.53	0.00	10	76.83	7.22	12.31	*341	245.7	*6.12	1.28
% of Calories				10.54 %		39.5%	*7.0%	24.7%	0.0%		67.4%		10.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 09/16/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			435	4.83	509	41	*2	9.47	0.00	30	73.63	5.32	14.76	*557	*293.2	*51.33	*2.14
% of Calories				9.99%		37.7%	*1.8%	19.6%	0.0%		67.7%		13.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 09/17/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999477 Bowl, Pancake, Assorted - OKI	2BG	200	230	2.50	333	16	6	4.83	0.00	35	40.60	2.00	4.99	*N/A*	*17.6	*N/A*	*1.33
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			445	3.34	442	53	*6	6.37	*0.00	45	84.04	5.77	*13.32	*406	*236.7	*5.77	*1.76
% of Calories				6.76%		47.6%	*5.4%	12.9%	*0.0%		75.5%		*12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 09/18/2024 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.10	0.02	0.00	*N/A*	0.1	0.03	0.00
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			459	2.31	351	59	*23	9.34	0.00	10	82.56	4.35	12.82	*341	311.5	*0.29	1.40
% of Calories				4.53%		51.4%	*20.0%	18.3%	0.0%		71.9%		11.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 09/19/2024 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999425 Cinnis, Caramel, Mini - OKI	2BG	200	210	1.00	280	10	8	6.00	0.00	0	35.03	2.00	5.00	*N/A*	30.0	*N/A*	1.50
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			394	1.83	388	42	*8	7.46	0.00	10	71.43	5.31	13.73	*557	277.9	*51.33	1.63
% of Calories				4.18%		42.6%	*8.1%	17.0%	0.0%		72.5%		13.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 09/20/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999492 Bars, Granola, Assorted - OKI	1BG	200	140	0.63	79	9	8	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
991389 Cheese, String, Colby Jack - OKI	1MMA	200	110	6.00	190	0	*0	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Base Menu Spreadsheet

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			466	7.47	378	46	*8	15.03	0.00	40	68.83	6.22	17.56	*341	432.0	*6.12	1.28
% of Calories				14.43 %		39.5%	*6.9%	29.0%	0.0%		59.1%		15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 09/23/2024 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990629 Waffle, Maple, WG - OKI	2BG	200	241	1.57	324	12	12	9.42	0.00	37	35.57	2.09	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			434	2.40	437	45	*12	10.87	0.00	46	70.97	4.40	13.95	*557	*242.9	*51.33	*0.13
% of Calories				4.98%		41.5%	*11.1%	22.5%	0.0%		65.4%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 09/24/2024 Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991819 Pancake, Bites, Poffitz, WG, IW - OKI	2BG	200	250	1.00	290	13	11	12.01	0.00	40	37.02	2.00	4.00	*N/A*	36.0	*N/A*	1.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990704 Syrup, PKT - OKI	1	200	121	0.00	22	22	*N/A*	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			586	1.85	421	72	*11	13.55	*0.00	50	110.66	5.77	*12.33	*406	*256.0	*5.77	*1.46
% of Calories				2.84%		49.1%	*7.5%	20.8%	*0.0%		75.5%		*8.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 09/25/2024 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990696 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.10	0.02	0.00	*N/A*	0.1	0.03	0.00
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Base Menu Spreadsheet

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			434	5.56	414	49	*12	12.21	0.00	45	65.70	2.52	16.32	*341	420.5	*0.29	1.03
% of Calories				11.53 %		45.2%	*11.1%	25.3%	0.0%		60.6%		15.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 09/26/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991548 Egg, Scramble, Fiesta - OKI	1MMA	200	96	2.72	249	1	*N/A*	5.87	0.00	70	5.33	0.53	5.33	*N/A*	110.4	*N/A*	0.53
991397 Chips, Tortilla, WG, IW, 1BG - OKI	1BG	200	120	0.50	100	0	*0	4.50	0.00	0	18.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			400	4.05	457	33	*0	11.82	0.00	80	59.74	5.84	16.06	*557	*358.3	*51.33	*0.66
% of Calories				9.11%		33.0%	*0%	26.6%	0.0%		59.7%		16.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 09/27/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			406	0.84	244	53	*10	5.53	0.00	10	75.83	7.22	13.31	*341	541.7	*6.12	0.98
% of Calories				1.86%		52.2%	*9.9%	12.3%	0.0%		74.7%		13.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 09/30/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			435	4.83	509	41	*2	9.47	0.00	30	73.63	5.32	14.76	*557	*293.2	*51.33	*2.14
% of Calories				9.99%		37.7%	*1.8%	19.6%	0.0%		67.7%		13.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		444	4	433	47	9	10.68	*0.00	45	74.47	5.49	*14.69	*440	*311.3	*22.97	*1.32
% of Calories			7.60%		42.3%	*8.1%	21.6%	*0.0%		67.1%		*13.2%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

Menu Name:	Cicero Hot Breakfast Pre-k	Include Cost:	No
Site:		Report Style:	Detailed
Use Alternate Menu Name:	No		

Tuesday - 09/03/2024Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990629 Waffle, Maple, WG - OKI	2BG	200	241	1.57	324	12	12	9.42	0.00	37	35.57	2.09	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			391	2.42	433	35	*12	10.96	*0.00	46	63.22	4.96	13.36	*406	*211.7	*5.77	*0.18
% of Calories				5.57%		35.8%	*12.3%	25.2%	*0.0%		64.7%		13.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/04/2024Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
Weighted Daily Average			399	2.31	351	47	*23	9.34	0.00	10	69.46	3.33	12.82	*341	316.5	*0.26	1.39
% of Calories				5.21%		47.1%	*23.1%	21.1%	0.0%		69.6%		12.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/05/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991266 Cheerios, Bowlpack - OKI	1BG	200	100	0.00	140	1	1	2.00	0.00	0	21.00	3.00	4.00	*N/A*	80.0	*N/A*	9.00
990699 Egg, Hard Boiled, 1MMA - OKI	1MMA	200	70	1.50	55	1	*N/A*	5.00	0.00	170	1.00	0.00	6.00	*N/A*	23.0	*N/A*	1.00
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			323	2.31	303	26	*1	8.34	0.00	180	48.92	3.90	*18.02	*341	*314.9	*0.26	*10.29
% of Calories				6.44%		32.2%	*1.2%	23.2%	0.0%		60.6%		*22.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/06/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			246	0.81	276	28	*5	2.85	0.00	10	47.70	3.00	10.32	*343	*231.0	*1.78	*14.12
% of Calories				2.96%		45.5%	*8.1%	10.4%	0.0%		77.6%		16.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/09/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			375	4.83	504	28	*2	9.47	0.00	30	60.63	5.32	14.76	*557	*293.2	*51.33	*2.14
% of Calories				11.59 %		29.9%	*2.1%	22.7%	0.0%		64.7%		15.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 09/10/2024		Reimbursable Meal Total 200															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991818 Pocket, Hashbrown, Egg, Cheese, Early Risers - OKI	1MMA, 1.25BG	200	233	4.05	456	3	1	11.14	0.00	71	24.30	3.04	8.10	*N/A*	111.4	*N/A*	1.32
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
990686 Ketchup, Pkt - OKI	1	200	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			395	4.90	661	29	*3	12.76	*0.00	81	54.54	6.03	16.33	*406	324.0	*5.77	1.52
% of Calories				11.16 %		29.4%	*3.0%	29.1%	*0.0%		55.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/11/2024		Reimbursable Meal Total 200															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990629 Waffle, Maple, WG - OKI	2BG	200	241	1.57	324	12	12	9.42	0.00	37	35.57	2.09	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			379	2.38	432	35	*12	10.76	0.00	46	60.69	3.09	13.05	*341	*209.5	*0.26	*0.03
% of Calories				5.65%		36.9%	*12.7%	25.6%	0.0%		64.1%		13.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/12/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			343	0.81	243	40	*10	5.34	0.00	10	56.92	2.90	*13.02	*341	*531.9	*0.26	*0.99
% of Calories				2.13%		46.6%	*11.7%	14.0%	0.0%		66.4%		*15.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/13/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			246	0.81	276	28	*5	2.85	0.00	10	47.70	3.00	10.32	*343	*231.0	*1.78	*14.12
% of Calories				2.96%		45.5%	*8.1%	10.4%	0.0%		77.6%		16.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/16/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			375	4.83	504	28	*2	9.47	0.00	30	60.63	5.32	14.76	*557	*293.2	*51.33	*2.14
% of Calories				11.59 %		29.9%	*2.1%	22.7%	0.0%		64.7%		15.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 09/17/2024		Reimbursable Meal Total 200															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990629 Waffle, Maple, WG - OKI	2BG	200	241	1.57	324	12	12	9.42	0.00	37	35.57	2.09	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			391	2.42	433	35	*12	10.96	*0.00	46	63.22	4.96	13.36	*406	*211.7	*5.77	*0.18
% of Calories				5.57%		35.8%	*12.3%	25.2%	*0.0%		64.7%		13.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/18/2024		Reimbursable Meal Total 200																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36	
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00	
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00	

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			399	2.31	351	47	*23	9.34	0.00	10	69.46	3.33	12.82	*341	316.5	*0.26	1.39
% of Calories				5.21%		47.1%	*23.1%	21.1%	0.0%		69.6%		12.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/19/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			413	2.31	351	48	*23	9.34	0.00	10	71.26	3.23	*13.02	*341	*318.9	*0.26	*1.65
% of Calories				5.03%		46.5%	*22.3%	20.4%	0.0%		69.0%		*12.6%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/20/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990699 Egg, Hard Boiled, 1MMA - OKI	1MMA	200	70	1.50	55	1	*N/A*	5.00	0.00	170	1.00	0.00	6.00	*N/A*	23.0	*N/A*	1.00
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			316	2.31	331	29	*5	7.85	0.00	180	48.70	3.00	16.32	*343	*254.0	*1.78	*15.12
% of Calories				6.58%		36.7%	*6.3%	22.4%	0.0%		61.6%		20.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/23/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990629 Waffle, Maple, WG - OKI	2BG	200	241	1.57	324	12	12	9.42	0.00	37	35.57	2.09	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			374	2.40	432	32	*12	10.87	0.00	46	57.97	4.40	13.95	*557	*242.9	*51.33	*0.13
% of Calories				5.78%		34.2%	*12.8%	26.2%	0.0%		62.0%		14.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 09/24/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991819 Pancake, Bites, Poffitz, WG, IW - OKI	2BG	200	250	1.00	290	13	11	12.01	0.00	40	37.02	2.00	4.00	*N/A*	36.0	*N/A*	1.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
990704 Syrup, PKT - OKI	1	200	121	0.00	22	22	*N/A*	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			522	1.85	421	59	*11	13.55	*0.00	50	94.86	4.87	12.13	*406	248.6	*5.77	1.21
% of Calories				3.19%		45.2%	*8.4%	23.4%	*0.0%		72.7%		9.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/25/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			293	1.56	214	36	*12	6.21	0.00	25	50.59	1.50	10.32	*341	227.5	*0.26	1.03
% of Calories				4.79%		49.1%	*16.4%	19.1%	0.0%		69.1%		14.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/26/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991548 Egg, Scramble, Fiesta - OKI	1MMA	200	96	2.72	249	1	*N/A*	5.87	0.00	70	5.33	0.53	5.33	*N/A*	110.4	*N/A*	0.53
991397 Chips, Tortilla, WG, IW, 1BG - OKI	1BG	200	120	0.50	100	0	*0	4.50	0.00	0	18.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			369	4.03	457	25	*0	11.71	0.00	80	50.26	3.43	*15.35	*341	*322.3	*0.26	*0.82
% of Calories				9.83%		27.1%	*0%	28.6%	0.0%		54.5%		*16.6%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/27/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			329	0.81	243	39	*10	5.34	0.00	10	55.12	3.00	12.82	*341	529.5	*0.26	0.73
% of Calories				2.22%		47.4%	*12.2%	14.6%	0.0%		67.0%		15.6%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/30/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			375	4.83	504	28	*2	9.47	0.00	30	60.63	5.32	14.76	*557	*293.2	*51.33	*2.14
% of Calories				11.59 %		29.9%	*2.1%	22.7%	0.0%		64.7%		15.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		363	3	386	35	9	8.84	*0.00	47	59.62	3.89	*13.58	*398	*296.1	*11.80	*3.57
% of Calories			6.35%		38.6%	*9.9%	21.9%	*0.0%		65.7%		*15.0%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Tuesday, September 3, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
999502	Egg, Bites, Sunny Fresh, 2each- OKI	Milk, Egg
991461	Fruit, Cups, Assorted - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Wednesday, September 4, 2024

Recipe #	Recipe Name	Allergen(s)
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990646	Craisins - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Thursday, September 5, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991450	Bar, Cinn Toast Crunch, Soft - OKI	Milk, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Friday, September 6, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999492	Bars, Granola, Assorted - OKI	Egg, Milk, Soy, Wheat, Wheat
990696	Cheese, String - OKI	Milk
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Monday, September 9, 2024

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Tuesday, September 10, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991461	Fruit, Cups, Assorted - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991818	Pocket, Hashbrown, Egg, Cheese, Early Risers - OKI	Egg, Gluten, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Wednesday, September 11, 2024

Recipe #	Recipe Name	Allergen(s)
990646	Craisins - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
990629	Waffle, Maple, WG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Thursday, September 12, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991733	Frudel, Cherry, IW - OKI	Milk, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Friday, September 13, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991732	Donut, Pull-a-Part, Goodyman - OKI	Milk, Soy, Wheat, Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Monday, September 16, 2024

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Tuesday, September 17, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
999477	Bowl, Pancake, Assorted - OKI	Egg, Milk, Soy, Wheat
991461	Fruit, Cups, Assorted - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Wednesday, September 18, 2024

Recipe #	Recipe Name	Allergen(s)
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990646	Craisins - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Thursday, September 19, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999425	Cinnis, Caramel, Mini - OKI	Milk, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Friday, September 20, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999492	Bars, Granola, Assorted - OKI	Egg, Milk, Soy, Wheat, Wheat
991389	Cheese, String, Colby Jack - OKI	Milk
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Monday, September 23, 2024

Recipe #	Recipe Name	Allergen(s)
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
990629	Waffle, Maple, WG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Tuesday, September 24, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991461	Fruit, Cups, Assorted - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991819	Pancake, Bites, Poffitz, WG, IW - OKI	Egg, Milk, Soy, Wheat
990704	Syrup, PKT - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Wednesday, September 25, 2024

Recipe #	Recipe Name	Allergen(s)
990696	Cheese, String - OKI	Milk
990646	Craisins - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Thursday, September 26, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991397	Chips, Tortilla, WG, IW, 1BG - OKI	
991548	Egg, Scramble, Fiesta - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Friday, September 27, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
990723	Granola, WG, 1BG- OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 9/2/2024 To: 9/30/2024

Monday, September 30, 2024

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Tuesday, September 3, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990629	Waffle, Maple, WG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Wednesday, September 4, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Thursday, September 5, 2024

Recipe #	Recipe Name	Allergen(s)
991266	Cheerios, Bowlpack - OKI	
990699	Egg, Hard Boiled, 1MMA - OKI	Egg
991461	Fruit, Cups, Assorted - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Friday, September 6, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Monday, September 9, 2024

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Tuesday, September 10, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991818	Pocket, Hashbrown, Egg, Cheese, Early Risers - OKI	Egg, Gluten, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Wednesday, September 11, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990629	Waffle, Maple, WG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Thursday, September 12, 2024

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
990723	Granola, WG, 1BG- OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Friday, September 13, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Monday, September 16, 2024

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Tuesday, September 17, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990629	Waffle, Maple, WG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Wednesday, September 18, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Thursday, September 19, 2024

Recipe #	Recipe Name	Allergen(s)
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
991461	Fruit, Cups, Assorted - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Friday, September 20, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat
990699	Egg, Hard Boiled, 1MMA - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Monday, September 23, 2024

Recipe #	Recipe Name	Allergen(s)
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
990629	Waffle, Maple, WG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Tuesday, September 24, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991819	Pancake, Bites, Poffitz, WG, IW - OKI	Egg, Milk, Soy, Wheat
990704	Syrup, PKT - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Wednesday, September 25, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Thursday, September 26, 2024

Recipe #	Recipe Name	Allergen(s)
991397	Chips, Tortilla, WG, IW, 1BG - OKI	
991548	Egg, Scramble, Fiesta - OKI	Egg
991461	Fruit, Cups, Assorted - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Friday, September 27, 2024

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
990723	Granola, WG, 1BG- OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 9/2/2024 To: 9/30/2024

Monday, September 30, 2024

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
990668	Milk, 1/2PNT, 1% - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	

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Menu Name:

Cicero Elementary k-8 Lunch

Include Cost:

No

Site:

Report Style:

Detailed

Use Alternate Menu Name:

No

Tuesday - 09/03/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990587 Sandwich, Hamburger - OKI	2BG, 2MMA	500	266	2.70	490	3	*3	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39
991212 Pickle, Spears - OKI	3/4c	500	19	0.00	1012	0	*N/A*	0.00	0.00	0	67.50	0.00	0.00	*N/A*	41.2	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990679 Mustard, PKT - OKI	1	500	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990686 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			480	3.07	1834	34	*16	10.07	0.00	36	134.75	7.43	26.08	*141	404.0	*5.96	3.82
% of Calories				5.76%		28.3%	*13.3%	18.9%	0.0%		112.3%		21.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 09/04/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	500	309	5.99	35	5	2	12.98	29.95	689	2.00	2.00	15.97	*N/A*	354.4	*N/A*	2.00
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			500	6.36	408	35	*13	13.76	29.95	696	39.54	7.41	25.03	*14040	686.8	*53.75	3.07
% of Calories				11.45 %		28.0%	*10.4%	24.8%	53.9%		31.6%		20.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 09/05/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999483 Sandwich, Chedd, Jalapeno, Egg - OKI	2BG, 2MMA	500	290	5.00	570	5	4	14.00	0.00	205	29.00	2.00	11.00	*N/A*	*154.0	*N/A*	*1.00
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990706 Jelly, PKT - OKI	1	500	36	0.00	6	7	7	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990686 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			681	5.33	980	46	*24	19.17	0.00	212	104.32	5.18	22.49	*141	*426.3	*0.11	*2.03
% of Calories				7.04%		27.0%	*14.1%	25.3%	0.0%		61.3%		13.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 09/06/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999484 Chicken, Drum, Honey, LemPep, Rice, White - OKI	2BG, 2MMA	500	241	0.00	838	5	*N/A*	0.00	0.00	0	53.33	2.00	4.01	*0	*0.0	*0.00	*0.00
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			444	0.52	1040	31	*11	1.16	0.00	7	93.35	6.56	14.94	*800	*305.6	*94.08	*0.99
% of Calories				1.05%		27.9%	*9.9%	2.4%	0.0%		84.1%		13.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 09/09/2024Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990578 Chicken, Nuggets, WG - OKI	2MMA, 1BG	500	240	2.50	440	1	0	14.01	0.00	25	16.01	3.00	14.01	*N/A*	30.0	*N/A*	1.90
991398 Crackers, Pizza - OKI	1BG	500	80	0.00	180	2	*0	2.00	0.00	0	15.00	2.00	2.00	372	19.0	3.00	3.00
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999505 Sauce, BBQ, Packet - OKI	1 each	500	15	0.00	158	3	2	0.03	0.00	0	3.36	0.16	0.14	*N/A*	1.5	*N/A*	0.05
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			530	2.86	1151	39	*13	16.71	0.00	32	74.61	9.27	24.30	*14196	349.6	*5.69	5.93
% of Calories				4.86%		29.4%	*9.8%	28.4%	0.0%		56.3%		18.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 09/10/2024Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999494 Meatball, Beef, Marinara, Cheese - OKI	2MMA	500	260	5.27	331	9	*1	13.04	0.00	44	16.51	4.00	17.54	*500	182.8	*3.60	1.72

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991589 Roll, Hoagie, WG - OKI	2BG	500	150	0.00	105	1	1	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	500	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			612	5.67	812	41	*13	15.94	0.00	51	87.26	12.04	31.24	*1087	523.0	*12.63	3.70
% of Calories				8.34%		26.8%	*8.5%	23.4%	0.0%		57.0%		20.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 09/11/2024 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999433 Sandwich, Turkey Ham, WA Cheese - OKI	2MMA, 2BG	1	1	0.01	2	0	*0	0.03	0.00	0	0.06	0.01	0.04	*N/A*	0.4	*N/A*	0.00
990745 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.02	0.01	0.00	27	0.1	0.01	0.00
991386 Juice, Fruit Punch - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
990679 Mustard, PKT - OKI	1	1	0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990703 Mayo, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			102	0.34	171	15	*11	0.58	0.00	7	15.96	0.01	7.37	*169	256.3	*0.11	0.08
% of Calories				3.00%		58.8%	*43.1%	5.1%	0.0%		62.6%		28.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 09/12/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991198 Nachos, Chicken, Cheese - OKI	2MMA	500	142	3.89	274	0	*0	7.45	0.00	47	3.09	0.00	14.13	*N/A*	*111.5	*N/A*	0.59
990690 Chips, tortilla, WG, IW- OKI	2BG	500	200	1.00	160	0	0	7.00	0.00	0	29.00	3.00	3.00	*N/A*	40.0	*N/A*	0.60
990747 Beans, Black, Seasoned, 3/4c - OKI	3/4c	500	137	0.00	444	1	*0	0.51	0.00	0	24.07	6.15	8.20	25	50.2	0.00	2.05
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990705 Sauce, Taco, PKT - OKI	1	500	5	0.00	95	0	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			645	5.21	1144	33	*11	15.52	0.00	54	89.06	9.34	33.72	*166	*457.5	*0.11	*3.31
% of Calories				7.27%		20.5%	*6.8%	21.7%	0.0%		55.2%		20.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 09/13/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990594 Pizza, Turkey Sausage, - OKI	2BG, 2MMA	500	280	4.00	450	8	2	10.00	0.00	30	33.00	5.00	2.00	50	220.0	0.00	2.60
990692 Greens, Mixed, Raw, Chopped 3/4c - OKI	3/4c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			468	4.42	761	35	*13	10.87	0.00	37	70.51	7.93	10.94	*4196	502.0	*10.70	3.24
% of Calories				8.50%		29.9%	*11.1%	20.9%	0.0%		60.3%		9.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 09/16/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991404 Sandwich, Fiestada, Big Daddy's - OKI	2BG, 2MMA	500	320	7.00	600	6	1	14.00	0.00	40	31.00	3.00	18.00	80	290.0	0.00	2.50
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	3	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	818	9.8	13.46	0.26
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			498	7.36	900	37	*12	14.74	*0.00	47	66.88	5.41	26.38	*1040	567.1	*13.56	2.86
% of Calories				13.30 %		29.7%	*9.6%	26.6%	*0.0%		53.7%		21.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 09/17/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999486 Croissant, Square, Turkey Sausage, Cheese - OKI	2.5BG, 2MMA	500	380	8.50	910	8	*4	17.00	0.00	80	38.00	4.00	20.00	*N/A*	*228.0	*N/A*	*1.80
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990686 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990706 Jelly, PKT - OKI	1	500	36	0.00	6	7	7	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			788	8.86	1319	46	*24	22.36	0.00	87	118.04	11.40	30.98	*141	*512.5	*5.96	*3.08
% of Calories				10.12 %		23.4%	*12.2%	25.5%	0.0%		59.9%		15.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 09/18/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991211 Hot Dog, Beef, Vienna - OKI	2BG, 2MMA	500	280	4.00	870	4	*3	12.50	0.00	30	29.00	3.00	14.00	*N/A*	*80.0	*N/A*	*1.40
991212 Pickle, Spears - OKI	3/4c	500	19	0.00	1012	0	*N/A*	0.00	0.00	0	67.50	0.00	0.00	*N/A*	41.2	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990686 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990679 Mustard, PKT - OKI	1	500	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Base Menu Spreadsheet

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			461	4.36	2213	31	*16	13.50	0.00	37	126.44	5.52	22.52	*357	*418.5	*51.17	*1.68
% of Calories				8.51%		26.9%	*13.9%	26.4%	0.0%		109.7%		19.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 09/19/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999482 Pizza, Crunchers, WG - OKI	2.5BG, 2MMA	500	430	8.00	780	4	1	20.00	0.50	35	42.00	5.00	20.00	*N/A*	430.0	*N/A*	2.50
990692 Greens, Mixed, Raw, Chopped 3/4c - OKI	3/4c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			609	8.34	1093	37	*12	20.61	0.50	42	77.84	5.92	29.09	*4096	*708.1	*3.97	*2.94
% of Calories				12.33 %		24.3%	*7.9%	30.5%	0.7%		51.1%		19.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 09/20/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991789 Chicken, Popcorn, Buffalo - OKI	2MMA, 1BG	500	336	3.67	1808	0	0	22.10	0.00	42	21.05	2.10	15.75	*N/A*	*15.8	*0.00	*2.10
999430 Crackers, Chili Lime, WG - OKI	1BG	500	90	0.00	200	2	2	3.00	0.00	0	15.00	1.00	1.00	*N/A*	13.0	*N/A*	1.00
990689 Salad, Lemon Chickpea, 3/4c - OKI	1 c	500	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			980	6.89	2871	36	*13	48.39	*0.00	49	106.25	15.95	37.43	*402	*387.9	*19.20	*5.12
% of Calories				6.33%		14.7%	*5.3%	44.4%	*0.0%		43.4%		15.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 09/23/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991178 Potsticker, Chicken, Vegetable - OKI	2MMA/2BG	500	263	0.51	783	7	5	7.08	0.00	35	36.06	2.02	17.52	*N/A*	37.1	*N/A*	3.18
990743 Peas, Snap, Fresh, 3/4c - OKI	3/4c	500	36	0.00	3	3	*N/A*	0.17	0.00	0	6.04	2.38	2.81	3	*N/A*	*N/A*	*N/A*
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			460	0.83	1082	39	*16	7.79	0.00	42	74.16	5.64	27.84	*144	*304.4	*0.11	*3.27
% of Calories				1.62%		33.9%	*13.9%	15.2%	0.0%		64.5%		24.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 09/24/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991947 Sandwich, Chicken, Louisiana - OKI	2BG, 2MMA	500	359	1.00	849	3	*3	7.99	0.00	50	44.86	2.99	23.97	*N/A*	*49.7	*N/A*	*1.39
990744 Corn, 3/4c - OKI	3/4c	500	99	0.00	1	4	*N/A*	1.48	0.00	0	23.61	2.95	2.95	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990703 Mayo, PKT - OKI	1	500	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
999506 Sauce, Hot, Packet - OKI	1each	500	0	0.00	110	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			694	2.28	1186	36	*14	16.23	0.12	61	105.73	10.16	34.79	*141	*318.4	*5.96	*1.73
% of Calories				2.96%		20.7%	*8.1%	21.0%	0.2%		60.9%		20.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 09/25/2024 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990594 Pizza, Turkey Sausage, - OKI	2BG, 2MMA	500	280	4.00	450	8	2	10.00	0.00	30	33.00	5.00	2.00	50	220.0	0.00	2.60
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			471	4.37	823	38	*13	10.79	0.00	37	70.54	10.42	11.05	*14090	552.5	*53.75	3.67
% of Calories				8.35%		32.3%	*11.0%	20.6%	0.0%		59.9%		9.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 09/26/2024 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999489 Drumstick, Sweet & Sticky, Rice, White - OKI	2BG, 2MMA	500	402	2.84	306	3	*0	11.02	0.00	102	47.37	2.09	24.40	*0	*11.3	*0.42	*0.81
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			704	3.17	483	37	*11	17.29	0.00	109	90.70	8.46	45.47	*141	*343.6	*0.53	*3.43
% of Calories				4.05%		21.0%	*6.2%	22.1%	0.0%		51.5%		25.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 09/27/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991240 Penne, Meatball, Marinara - OKI	2BG, 2MMA	500	340	3.50	236	5	*1	11.52	0.00	36	41.37	6.55	19.08	*250	*69.0	*1.80	*1.36
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			543	4.02	438	31	*12	12.68	0.00	43	81.40	11.10	30.01	*1050	*374.6	*95.88	*2.35
% of Calories				6.66%		22.8%	*8.8%	21.0%	0.0%		60.0%		22.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 09/30/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991325 Taco, Beef, Cheese, Shredded, 6in Tort - OKI	2BG, 2MMA	500	355	9.37	603	2	*N/A*	18.49	0.52	46	31.19	0.75	16.74	*N/A*	*119.0	*N/A*	*1.50
999491 Esquites, 3/4c - OKI	3/4c	500	284	2.96	139	5	*N/A*	20.61	0.00	2	27.28	3.37	4.61	*113	*16.7	*0.44	*0.04
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			799	12.66	1038	36	*11	39.64	0.53	55	90.52	5.35	28.87	*254	*403.0	*0.55	*1.64
% of Calories				14.26 %		18.0%	*5.5%	44.7%	0.6%		45.3%		14.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		573	5	1087	36	14	16.39	*1.56	87	85.89	8.02	26.03	*2840	*440.1	*21.69	*2.90
% of Calories			7.62%		25.1%	*9.8%	25.7%	*2.5%		60.0%		18.2%				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Menu Name:

Cicero Jr High 6-8 Lunch 2 Entree

Include Cost:

No

Site:

Report Style:

Detailed

Use Alternate Menu Name:

No

Tuesday - 09/03/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990587 Sandwich, Hamburger - OKI	2BG, 2MMA	400	213	2.16	392	2	*2	7.19	0.00	23	22.29	2.39	14.37	*N/A*	73.4	*N/A*	2.71
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	30	0.59	70	1	*0	1.13	0.00	4	2.81	0.20	1.89	*N/A*	35.1	*N/A*	0.18
990807 Sauce, Marinara, PC - OKI	1/4c	50	3	*N/A*	26	*N/A*	*N/A*	0.05	*N/A*	*N/A*	0.61	*N/A*	0.10	*N/A*	*N/A*	*N/A*	*N/A*
991212 Pickle, Spears - OKI	3/4c	500	19	0.00	1012	0	*N/A*	0.00	0.00	0	67.50	0.00	0.00	*N/A*	41.2	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990679 Mustard, PKT - OKI	1	350	3	0.01	46	0	0	0.19	0.00	0	0.15	0.07	0.14	*N/A*	1.4	*N/A*	0.06
990686 Ketchup, Pkt - OKI	1	300	7	0.00	58	1	1	0.05	0.00	0	1.56	0.07	0.06	*N/A*	0.6	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			454	*3.11	1774	*33	*14	9.33	*0.00	*34	131.49	*6.95	24.38	*141	*419.8	*5.96	*3.29
% of Calories				*6.17%		*29.1%	*12.3%	18.5%	*0.0%		115.9%		21.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 09/04/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	450	279	5.39	31	4	2	11.68	26.95	620	1.80	1.80	14.37	*N/A*	318.9	*N/A*	1.80
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	50	17	0.66	25	0	*0	1.10	0.00	5	0.25	0.05	1.35	*277	*21.2	*0.34	0.07
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	21	0.10	25	0	0	0.70	0.00	0	3.40	0.40	*N/A*	0	1.8	*N/A*	0.20
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			507	6.52	454	35	*13	14.26	26.95	632	42.98	7.66	*24.78	*14318	*674.5	*54.10	3.14
% of Calories				11.57 %		27.6%	*10.3%	25.3%	47.8%		33.9%		*19.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 09/05/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999483 Sandwich, Chedd, Jalapeno, Egg - OKI	2BG, 2MMA	450	261	4.50	513	4	4	12.60	0.00	184	26.10	1.80	9.90	*N/A*	*138.6	*N/A*	*0.90
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	50	46	0.30	43	2	1	1.59	0.00	0	6.42	0.60	1.50	*N/A*	38.0	*N/A*	0.30
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990784 Cream Cheese, Cup - OKI	1	50	7	0.40	12	0	*N/A*	0.70	0.00	2	0.10	0.00	0.10	*N/A*	*N/A*	*N/A*	*N/A*
990706 Jelly, PKT - OKI	1	350	25	0.00	4	5	5	0.00	0.00	0	6.32	0.02	0.02	*N/A*	0.2	*N/A*	0.02
990686 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			694	5.52	975	45	*22	20.06	0.00	194	105.22	5.58	22.98	*141	*448.7	*0.11	*2.23
% of Calories				7.16%		25.9%	*12.7%	26.0%	0.0%		60.6%		13.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 09/06/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999484 Chicken, Drum, Honey, LemPep, Rice, White - OKI	2BG, 2MMA	400	193	0.00	670	4	*N/A*	0.00	0.00	0	42.67	1.60	3.21	*0	*0.0	*0.00	*0.00
999435 Wrap, Veggie, Chickpea, Cheese - OKI	2BG, 2MMA	50	33	0.85	41	0	*N/A*	1.44	0.00	3	3.76	0.54	1.28	*N/A*	*23.9	*N/A*	*0.14
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			429	1.37	913	31	*11	2.60	0.00	10	86.44	6.69	15.42	*800	*329.5	*94.08	*1.13
% of Calories				2.87%		28.9%	*10.3%	5.5%	0.0%		80.6%		14.4%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 09/09/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990578 Chicken, Nuggets, WG - OKI	2MMA, 1BG	400	192	2.00	352	1	0	11.21	0.00	20	12.81	2.40	11.21	*N/A*	24.0	*N/A*	1.52
991398 Crackers, Pizza - OKI	1BG	400	64	0.00	144	2	*0	1.60	0.00	0	12.00	1.60	1.60	298	15.2	2.40	2.40
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	100	42	0.20	50	0	0	1.40	0.00	0	6.80	0.80	*N/A*	1	3.6	*N/A*	0.40
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	50	16	0.66	44	0	*0	1.01	0.00	6	0.10	0.00	1.71	*N/A*	20.4	*N/A*	0.00
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999505 Sauce, BBQ, Packet - OKI	1 each	300	9	0.00	95	2	1	0.02	0.00	0	2.02	0.10	0.08	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Base Menu Spreadsheet

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			518	3.21	1058	38	*12	15.91	0.00	33	73.96	9.01	*22.75	*14123	363.1	*5.09	5.33
% of Calories				5.58%		29.3%	*9.3%	27.6%	0.0%		57.1%		*17.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 09/10/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999494 Meatball, Beef, Marinara, Cheese - OKI	2MMA	400	208	4.22	265	7	*1	10.43	0.00	35	13.20	3.20	14.04	*400	146.2	*2.88	1.38
991589 Roll, Hoagie, WG - OKI	2BG	450	135	0.00	94	1	1	1.80	0.00	0	26.10	1.80	4.50	*N/A*	23.4	*N/A*	1.30
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	30	0.59	70	1	*0	1.13	0.00	4	2.81	0.20	1.89	*N/A*	35.1	*N/A*	0.18
990807 Sauce, Marinara, PC - OKI	1/4c	50	3	*N/A*	26	*N/A*	*N/A*	0.05	*N/A*	*N/A*	0.61	*N/A*	0.10	*N/A*	*N/A*	*N/A*	*N/A*
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	500	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			578	*5.20	832	*39	*13	14.31	*0.00	*46	84.47	*11.24	29.22	*987	*519.0	*11.91	*3.39
% of Calories				*8.10%		*27.0%	*9.0%	22.3%	*0.0%		58.5%		20.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 09/11/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999433 Sandwich, Turkey Ham, WA Cheese - OKI	2MMA, 2BG	1	1	0.01	2	0	*0	0.03	0.00	0	0.06	0.01	0.04	*N/A*	0.4	*N/A*	0.00
990745 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.02	0.01	0.00	27	0.1	0.01	0.00
991386 Juice, Fruit Punch - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
990679 Mustard, PKT - OKI	1	1	0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990703 Mayo, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990916 Celery, Fresh, Sticks, 1/4c - OKI	1/4c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990648 Apple, Fresh, 138CT, - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	*N/A*	0	0.03	0.01	0.00	0	0.0	0.01	0.00
Weighted Daily Average			103	0.34	171	15	*11	0.58	*0.00	7	16.00	0.02	7.37	*169	256.4	*0.12	0.08
% of Calories				2.97%		58.3%	*42.7%	5.1%	*0.0%		62.1%		28.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 09/12/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991198 Nachos, Chicken, Cheese - OKI	2MMA	400	113	3.11	219	0	*0	5.96	0.00	38	2.47	0.00	11.30	*N/A*	*89.2	*N/A*	0.47
991122 Cheese, Sauce, 2MMA - OKI	2MMA	50	26	1.20	80	0	*N/A*	1.80	0.00	6	1.00	0.00	1.40	*N/A*	44.6	*N/A*	0.00
990690 Chips, tortilla, WG, IW- OKI	2BG	450	180	0.90	144	0	0	6.30	0.00	0	26.10	2.70	2.70	*N/A*	36.0	*N/A*	0.54
990747 Beans, Black, Seasoned, 3/4c - OKI	3/4c	500	137	0.00	444	1	*0	0.51	0.00	0	24.07	6.15	8.20	25	50.2	0.00	2.05
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990705 Sauce, Taco, PKT - OKI	1	350	3	0.00	67	0	*N/A*	0.01	0.00	0	0.73	0.13	0.04	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			621	5.54	1125	33	*11	15.12	0.00	51	86.23	8.98	31.98	*166	*475.8	*0.11	*3.14
% of Calories				8.03%		21.3%	*7.1%	21.9%	0.0%		55.5%		20.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 09/13/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990594 Pizza, Turkey Sausage, - OKI	2BG, 2MMA	400	224	3.20	360	6	2	8.00	0.00	24	26.40	4.00	1.60	40	176.0	0.00	2.08
990624 Pizza, Cheese, 4x6, Schwans - OKI	2BG, 2MMA	50	28	0.35	47	1	0	1.10	0.00	2	3.30	0.40	1.60	*N/A*	31.0	*N/A*	0.25
990692 Greens, Mixed, Raw, Chopped 3/4c - OKI	3/4c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			440	3.97	718	34	*13	9.97	0.00	33	67.21	7.33	12.14	*4186	489.0	*10.70	2.97
% of Calories				8.12%		30.9%	*11.8%	20.4%	0.0%		61.1%		11.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 09/16/2024		Reimbursable Meal Total 500																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
991404 Sandwich, Fiestada, Big Daddy's - OKI	2BG, 2MMA	400	256	5.60	480	5	1	11.20	0.00	32	24.80	2.40	14.40	64	232.0	0.00	2.00	
991127 Quesadilla, chile, cheese - OKI	2BG, 2MMA	50	32	0.69	40	0	*N/A*	1.40	0.00	3	3.22	0.44	1.68	*N/A*	*N/A*	*N/A*	*N/A*	
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	3	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	818	9.8	13.46	0.26	
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00	
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02	
990705 Sauce, Taco, PKT - OKI	1	50	0	0.00	10	0	*N/A*	0.00	0.00	0	0.10	0.02	0.01	*N/A*	*N/A*	*N/A*	*N/A*	
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00	
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06	
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01	
Weighted Daily Average			467	6.65	830	36	*12	13.34	*0.00	42	64.01	5.27	24.47	*1024	*509.1	*13.56	*2.36	
% of Calories				12.82 %		30.8%	*10.3%	25.7%	*0.0%		54.8%		21.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/17/2024		Reimbursable Meal Total 500																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
999486 Croissant, Square, Turkey Sausage, Cheese - OKI	2.5BG, 2MMA	400	304	6.80	728	6	*3	13.60	0.00	64	30.40	3.20	16.00	*N/A*	*182.4	*N/A*	*1.44	

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	30	0.59	70	1	*0	1.13	0.00	4	2.81	0.20	1.89	*N/A*	35.1	*N/A*	0.18
990807 Sauce, Marinara, PC - OKI	1/4c	50	3	*N/A*	26	*N/A*	*N/A*	0.05	*N/A*	*N/A*	0.61	*N/A*	0.10	*N/A*	*N/A*	*N/A*	*N/A*
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990686 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990706 Jelly, PKT - OKI	1	350	25	0.00	4	5	5	0.00	0.00	0	6.32	0.02	0.02	*N/A*	0.2	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			735	*7.74	1231	*43	*21	20.14	*0.00	*75	111.15	*10.79	28.96	*141	*501.9	*5.96	*2.89
% of Calories				*9.48%		*23.4%	*11.4%	24.7%	*0.0%		60.5%		15.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 09/18/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991211 Hot Dog, Beef, Vienna - OKI	2BG, 2MMA	400	224	3.20	696	3	*2	10.00	0.00	24	23.20	2.40	11.20	*N/A*	*64.0	*N/A*	*1.12
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	50	28	0.50	106	1	*0	1.00	0.00	3	3.20	0.40	2.00	*N/A*	44.8	*N/A*	0.20
991212 Pickle, Spears - OKI	3/4c	500	19	0.00	1012	0	*N/A*	0.00	0.00	0	67.50	0.00	0.00	*N/A*	41.2	*N/A*	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990686 Ketchup, Pkt - OKI	1	400	9	0.00	77	2	2	0.06	0.00	0	2.07	0.10	0.08	*N/A*	0.8	*N/A*	0.02
990679 Mustard, PKT - OKI	1	400	4	0.01	52	0	0	0.22	0.00	0	0.18	0.08	0.16	*N/A*	1.7	*N/A*	0.07
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			430	4.05	2113	30	*15	11.93	0.00	34	123.28	5.28	21.66	*357	*446.7	*51.17	*1.58
% of Calories				8.48%		27.9%	*14.0%	25.0%	0.0%		114.7%		20.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 09/19/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999482 Pizza, Crunchers, WG - OKI	2.5BG, 2MMA	450	387	7.20	702	4	1	18.00	0.45	32	37.80	4.50	18.00	*N/A*	387.0	*N/A*	2.25
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	50	46	0.30	43	2	1	1.59	0.00	0	6.42	0.60	1.50	*N/A*	38.0	*N/A*	0.30
990692 Greens, Mixed, Raw, Chopped 3/4c - OKI	3/4c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990784 Cream Cheese, Cup - OKI	1	50	7	0.40	12	0	*N/A*	0.70	0.00	2	0.10	0.00	0.10	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			619	8.24	1069	39	*13	20.90	0.45	41	80.15	6.02	28.69	*4096	*703.1	*3.97	*2.99
% of Calories				11.98 %		25.2%	*8.4%	30.4%	0.7%		51.8%		18.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 09/20/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991789 Chicken, Popcorn, Buffalo - OKI	2MMA, 1BG	400	269	2.94	1447	0	0	17.68	0.00	34	16.84	1.68	12.60	*N/A*	*12.6	*0.00	*1.68
999430 Crackers, Chili Lime, WG - OKI	1BG	400	72	0.00	160	2	2	2.40	0.00	0	12.00	0.80	0.80	*N/A*	10.4	*N/A*	0.80
999435 Wrap, Veggie, Chickpea, Cheese - OKI	2BG, 2MMA	50	33	0.85	41	0	*N/A*	1.44	0.00	3	3.76	0.54	1.28	*N/A*	*23.9	*N/A*	*0.14
990689 Salad, Lemon Chickpea, 3/4c - OKI	1 c	500	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			927	7.01	2510	36	*12	44.81	*0.00	44	102.79	15.87	35.36	*402	*406.0	*19.20	*4.64
% of Calories				6.81%		15.5%	*5.2%	43.5%	*0.0%		44.4%		15.3%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 09/23/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991178 Potsticker, Chicken, Vegetable - OKI	2MMA/2BG	400	211	0.40	627	6	4	5.66	0.00	28	28.85	1.62	14.01	*N/A*	29.7	*N/A*	2.54
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	50	16	0.66	44	0	*0	1.01	0.00	6	0.10	0.00	1.71	*N/A*	20.4	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	21	0.10	25	0	0	0.70	0.00	0	3.40	0.40	*N/A*	0	1.8	*N/A*	0.20
990743 Peas, Snap, Fresh, 3/4c - OKI	3/4c	500	36	0.00	3	3	*N/A*	0.17	0.00	0	6.04	2.38	2.81	3	*N/A*	*N/A*	*N/A*
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			444	1.49	994	38	*15	8.09	0.00	41	70.45	5.63	*26.05	*145	*319.1	*0.11	*2.83
% of Calories				3.02%		34.2%	*13.5%	16.4%	0.0%		63.5%		*23.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 09/24/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991947 Sandwich, Chicken, Louisiana - OKI	2BG, 2MMA	400	287	0.80	679	2	*2	6.39	0.00	40	35.89	2.39	19.17	*N/A*	*39.8	*N/A*	*1.11
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	30	0.59	70	1	*0	1.13	0.00	4	2.81	0.20	1.89	*N/A*	35.1	*N/A*	0.18
990807 Sauce, Marinara, PC - OKI	1/4c	50	3	*N/A*	26	*N/A*	*N/A*	0.05	*N/A*	*N/A*	0.61	*N/A*	0.10	*N/A*	*N/A*	*N/A*	*N/A*
990744 Corn, 3/4c - OKI	3/4c	500	99	0.00	1	4	*N/A*	1.48	0.00	0	23.61	2.95	2.95	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990703 Mayo, PKT - OKI	1	450	52	0.83	50	0	*N/A*	5.43	0.11	4	0.62	0.00	0.05	*N/A*	0.5	*N/A*	0.02
999506 Sauce, Hot, Packet - OKI	1each	450	0	0.00	99	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			650	*2.57	1096	*36	*13	15.20	*0.11	*54	100.11	*9.76	31.99	*141	*343.5	*5.96	*1.63
% of Calories				*3.56%		*22.2%	*8.0%	21.0%	*0.2%		61.6%		19.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 09/25/2024 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990594 Pizza, Turkey Sausage, - OKI	2BG, 2MMA	400	224	3.20	360	6	2	8.00	0.00	24	26.40	4.00	1.60	40	176.0	0.00	2.08
990624 Pizza, Cheese, 4x6, Schwans - OKI	2BG, 2MMA	50	28	0.35	47	1	0	1.10	0.00	2	3.30	0.40	1.60	*N/A*	31.0	*N/A*	0.25
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			443	3.92	780	38	*13	9.89	0.00	33	67.24	9.82	12.25	*14080	539.5	*53.75	3.40
% of Calories				7.96%		34.3%	*11.7%	20.1%	0.0%		60.7%		11.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 09/26/2024 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999489 Drumstick, Sweet & Sticky, Rice, White - OKI	2BG, 2MMA	400	322	2.27	244	3	*0	8.81	0.00	81	37.90	1.67	19.52	*0	*9.0	*0.34	*0.65
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	50	46	0.30	43	2	1	1.59	0.00	0	6.42	0.60	1.50	*N/A*	38.0	*N/A*	0.30
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990784 Cream Cheese, Cup - OKI	1	50	7	0.40	12	0	*N/A*	0.70	0.00	2	0.10	0.00	0.10	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			676	3.30	476	39	*12	17.38	0.00	91	87.74	8.65	42.19	*141	*379.3	*0.44	*3.57
% of Calories				4.39%		23.1%	*7.1%	23.1%	0.0%		51.9%		25.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 09/27/2024 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991240 Penne, Meatball, Marinara - OKI	2BG, 2MMA	400	272	2.80	189	4	*1	9.22	0.00	29	33.10	5.24	15.26	*200	*55.2	*1.44	*1.09
999435 Wrap, Veggie, Chickpea, Cheese - OKI	2BG, 2MMA	50	33	0.85	41	0	*N/A*	1.44	0.00	3	3.76	0.54	1.28	*N/A*	*23.9	*N/A*	*0.14

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			509	4.17	432	31	*12	11.82	0.00	39	76.88	10.33	27.47	*1000	*384.7	*95.52	*2.22
% of Calories				7.37%		24.4%	*9.4%	20.9%	0.0%		60.4%		21.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 09/30/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991325 Taco, Beef, Cheese, Shredded, 6in Tort - OKI	2BG, 2MMA	400	284	7.49	483	2	*N/A*	14.79	0.42	37	24.95	0.60	13.39	*N/A*	*95.2	*N/A*	*1.20
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	50	16	0.66	44	0	*0	1.01	0.00	6	0.10	0.00	1.71	*N/A*	20.4	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	21	0.10	25	0	0	0.70	0.00	0	3.40	0.40	*N/A*	0	1.8	*N/A*	0.20
999491 Esquites, 3/4c - OKI	3/4c	500	284	2.96	139	5	*N/A*	20.61	0.00	2	27.28	3.37	4.61	*113	*16.7	*0.44	*0.04
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
Weighted Daily Average			765	11.54	986	36	*11	37.66	0.42	52	87.79	5.60	*27.23	*254	*401.3	*0.55	*1.54
% of Calories				13.58 %		18.8%	*5.8%	44.3%	0.5%		45.9%		*14.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		550	*4.77	1027	*35	*13	15.66	*1.40	*79	83.28	*7.82	*24.87	*2841	*445.5	*21.62	*2.72
% of Calories			*7.81%		*25.5%	*9.5%	25.6%	*2.3%		60.6%		*18.1%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Menu Name:	Cicero Pre-K Lunch	Include Cost:	No
Site:		Report Style:	Detailed
Use Alternate Menu Name:	No		

Tuesday - 09/03/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990587 Sandwich, Hamburger - OKI	2BG, 2MMA	200	266	2.70	490	3	*3	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39
991216 Pickle, Spears - OKI	1/2c	200	12	0.00	675	0	*N/A*	0.00	0.00	0	45.00	0.00	0.00	*N/A*	27.5	*N/A*	0.00
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990686 Ketchup, Pkt - OKI	1	200	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990679 Mustard, PKT - OKI	1	200	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			448	3.53	1434	29	*5	10.68	0.00	39	102.60	4.11	*26.28	*341	*334.1	*0.26	*3.79
% of Calories				7.09%		25.9%	*4.5%	21.5%	0.0%		91.6%		*23.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/04/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	200	309	5.99	35	5	2	12.98	29.95	689	2.00	2.00	15.97	*N/A*	354.4	*N/A*	2.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991148 Carrots, Shredded - OKI	1/2c	200	19	0.01	31	2	*N/A*	0.11	0.00	0	4.35	1.27	0.42	7578	15.0	2.68	0.14
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			471	6.83	300	29	*2	14.55	29.95	699	30.98	5.81	25.31	*8135	618.8	*54.01	2.28
% of Calories				13.05 %		24.6%	*1.7%	27.8%	57.2%		26.3%		21.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/05/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999483 Sandwich, Chedd, Jalapeno, Egg - OKI	2BG, 2MMA	200	290	5.00	570	5	4	14.00	0.00	205	29.00	2.00	11.00	*N/A*	*154.0	*N/A*	*1.00
991109 Potatoes, Diced, Seasoned, 1/2c - OKI	1/2c	200	121	0.00	90	0	*N/A*	3.02	0.00	0	21.11	2.01	2.01	*N/A*	10.1	*N/A*	0.60
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
990686 Ketchup, Pkt - OKI	1	200	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990706 Jelly, PKT - OKI	1	200	36	0.00	6	7	7	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			577	5.81	870	25	*13	18.44	0.00	215	79.82	5.16	20.96	*341	*369.8	*39.06	*1.69
% of Calories				9.06%		17.3%	*9.0%	28.8%	0.0%		55.3%		14.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/06/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999507 Chicken, Diced, BBQ, Rice, White - OKI	1BG, 2MMA	200	235	1.16	349	0	*0	3.88	0.00	43	30.95	1.00	15.97	*N/A*	*0.0	*N/A*	*0.78
991424 Broccoli, Hot, 1/2c - OKI	1/2c	200	22	0.07	22	1	*N/A*	0.24	0.00	0	4.33	1.70	1.84	406	30.6	58.16	0.48
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			415	2.14	479	22	*0	5.72	0.00	52	64.08	4.71	26.48	*797	*239.0	*65.16	*1.49
% of Calories				4.64%		21.2%	*0%	12.4%	0.0%		61.8%		25.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/09/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990578 Chicken, Nuggets, WG - OKI	2MMA, 1BG	200	240	2.50	440	1	0	14.01	0.00	25	16.01	3.00	14.01	*N/A*	30.0	*N/A*	1.90
991398 Crackers, Pizza - OKI	1BG	200	80	0.00	180	2	*0	2.00	0.00	0	15.00	2.00	2.00	372	19.0	3.00	3.00
991148 Carrots, Shredded - OKI	1/2c	200	19	0.01	31	2	*N/A*	0.11	0.00	0	4.35	1.27	0.42	7578	15.0	2.68	0.14
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999505 Sauce, BBQ, Packet - OKI	1 each	200	15	0.00	158	3	2	0.03	0.00	0	3.36	0.16	0.14	*N/A*	1.5	*N/A*	0.05
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			501	3.34	1043	33	*2	17.50	0.00	35	66.05	7.67	24.58	*8291	281.5	*5.94	5.14
% of Calories				6.00%		26.3%	*1.6%	31.4%	0.0%		52.7%		19.6%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 09/10/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999428 Meatball, Beef, Marinara - OKI	2MMA	200	214	3.50	240	8	*1	10.00	0.00	36	16.00	4.00	14.00	*500	79.0	*3.60	1.72
991589 Roll, Hoagie, WG - OKI	2BG	200	150	0.00	105	1	1	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44
991149 Celery, Diced, 1/2c - OKI	1/2c	200	10	0.03	56	1	*N/A*	0.12	0.00	0	2.09	1.12	0.48	316	28.1	2.18	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			536	4.35	635	36	*2	13.47	0.00	46	76.25	8.26	*27.70	*1157	*351.5	*6.04	*3.61
% of Calories				7.30%		26.9%	*1.5%	22.6%	0.0%		56.9%		*20.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/11/2024

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999433 Sandwich, Turkey Ham, WA Cheese - OKI	2MMA, 2BG	1	1	0.01	2	0	*0	0.03	0.00	0	0.06	0.01	0.04	*N/A*	0.4	*N/A*	0.00
990758 Carrots, Fresh, Baby, 1/2c - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.01	0.00	0.00	20	0.0	0.00	0.00
991386 Juice, Fruit Punch - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	20	0.30	24	2	*N/A*	0.50	0.00	3	2.20	0.00	1.60	44	26.5	0.11	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	66	0.00	126	11	*11	0.00	0.00	3	11.40	0.00	4.20	5	174.0	*N/A*	0.06
990669 Milk, 1/2PNT, Skim - OKI	1c	100	15	0.03	19	2	*N/A*	0.04	0.00	1	2.25	0.00	1.53	93	55.3	0.00	0.01
990679 Mustard, PKT - OKI	1	1	0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990703 Mayo, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			102	0.34	171	15	*11	0.58	0.00	7	15.96	0.01	7.37	*161	256.3	*0.11	0.08
% of Calories				3.00%		58.8%	*43.1%	5.1%	0.0%		62.6%		28.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/12/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991396 Taco, Chicken, Cheese, Shredded - OKI	2MMA	200	133	3.87	205	0	*0	7.41	0.00	47	1.33	0.00	13.48	*12	*99.5	*0.00	0.58
991777 Tortilla, WG, 6-IN, 2BG - OKI	2BG	200	180	2.99	379	2	*N/A*	4.99	0.00	0	29.94	0.00	3.99	*N/A*	*N/A*	*N/A*	*N/A*
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	200	12	0.03	2	2	*N/A*	0.14	0.00	0	2.74	0.95	0.45	1420	3.2	57.92	0.20
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990705 Sauce, Taco, PKT - OKI	1	200	5	0.00	95	0	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			456	7.71	915	17	*0	13.90	0.00	57	55.37	2.37	25.99	*1774	*313.7	*96.98	*0.83
% of Calories				15.22 %		14.9%	*0%	27.4%	0.0%		48.6%		22.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/13/2024		Reimbursable Meal Total 200															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990624 Pizza, Cheese, 4x6, Schwans - OKI	2BG, 2MMA	200	280	3.50	470	8	2	11.00	0.00	15	33.00	4.00	16.00	*N/A*	310.0	*N/A*	2.50
990727 Greens, Mixed, Raw, Chopped 1/2c - OKI	1/2c	200	5	0.01	9	0	*N/A*	0.04	0.00	0	1.04	0.42	0.36	2393	9.9	2.45	0.22
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			452	4.41	714	30	*2	12.65	0.00	25	65.07	6.66	25.22	*2784	534.8	*9.44	2.98
% of Calories				8.78%		26.5%	*1.8%	25.2%	0.0%		57.6%		22.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/16/2024		Reimbursable Meal Total 200																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
991404 Sandwich, Fiestada, Big Daddy's - OKI	2BG, 2MMA	200	320	7.00	600	6	1	14.00	0.00	40	31.00	3.00	18.00	80	290.0	0.00	2.50	
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	200	12	0.03	2	2	*N/A*	0.14	0.00	0	2.74	0.95	0.45	1420	3.2	57.92	0.20	
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00	
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02	

Base Menu Spreadsheet

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			480	7.84	836	33	*1	15.48	0.00	50	61.07	5.19	26.46	*1842	509.2	*58.19	2.75
% of Calories				14.70 %		27.5%	*0.8%	29.0%	0.0%		50.9%		22.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 09/17/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999486 Croissant, Square, Turkey Sausage, Cheese - OKI	2.5BG, 2MMA	200	380	8.50	910	8	*4	17.00	0.00	80	38.00	4.00	20.00	*N/A*	*228.0	*N/A*	*1.80
991109 Potatoes, Diced, Seasoned, 1/2c - OKI	1/2c	200	121	0.00	90	0	*N/A*	3.02	0.00	0	21.11	2.01	2.01	*N/A*	10.1	*N/A*	0.60
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990686 Ketchup, Pkt - OKI	1	200	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990706 Jelly, PKT - OKI	1	200	36	0.00	6	7	7	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			701	9.31	1210	41	*13	21.44	0.00	90	97.66	7.06	*30.16	*341	*451.2	*0.26	*2.74
% of Calories				11.95 %		23.4%	*7.4%	27.5%	0.0%		55.7%		*17.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/18/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	200	280	5.00	1060	6	*2	10.00	0.00	30	32.00	4.00	20.00	*N/A*	448.0	*N/A*	2.00
991216 Pickle, Spears - OKI	1/2c	200	12	0.00	675	0	*N/A*	0.00	0.00	0	45.00	0.00	0.00	*N/A*	27.5	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			426	5.83	1843	26	*2	11.46	0.00	40	99.40	6.30	28.72	*557	718.4	*51.33	2.13
% of Calories				12.32 %		24.4%	*1.9%	24.2%	0.0%		93.3%		27.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/19/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999482 Pizza, Crunchers, WG - OKI	2.5BG, 2MMA	200	430	8.00	780	4	1	20.00	0.50	35	42.00	5.00	20.00	*N/A*	430.0	*N/A*	2.50
990727 Greens, Mixed, Raw, Chopped 1/2c - OKI	1/2c	200	5	0.01	9	0	*N/A*	0.04	0.00	0	1.04	0.42	0.36	2393	9.9	2.45	0.22
991153 Apple, Slices, 1/2c - OKI	1/2 c	200	29	0.02	1	6	*N/A*	0.10	*N/A*	0	7.80	1.36	0.15	31	3.4	2.60	0.07
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			562	8.84	1024	23	*1	21.49	*0.50	45	64.20	7.01	28.52	*2765	654.3	*5.31	2.84
% of Calories				14.16 %		16.4%	*0.7%	34.4%	*0.8%		45.7%		20.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/20/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999508 Chicken, Diced, Sweet & Sticky, Rice, white - OKI	2BG, 2MMA	200	329	1.34	290	3	*0	4.90	0.00	45	48.06	2.09	18.99	*0	*2.5	*0.42	*0.83
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	200	11	0.03	1	1	*N/A*	0.08	0.00	0	2.57	0.35	0.46	74	11.3	1.98	0.20
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			507	2.26	526	27	*0	6.58	0.00	54	81.67	4.69	28.30	*465	*228.7	*9.41	*1.29
% of Calories				4.01%		21.3%	*0%	11.7%	0.0%		64.4%		22.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/23/2024

Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991178 Potsticker, Chicken, Vegetable - OKI	2MMA/2BG	200	263	0.51	783	7	5	7.08	0.00	35	36.06	2.02	17.52	*N/A*	37.1	*N/A*	3.18
991149 Celery, Diced, 1/2c - OKI	1/2c	200	10	0.03	56	1	*N/A*	0.12	0.00	0	2.09	1.12	0.48	316	28.1	2.18	0.14
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			421	1.35	1073	33	*5	8.54	0.00	45	65.49	4.38	26.01	*657	281.2	*2.44	3.37
% of Calories				2.89%		31.4%	*4.8%	18.3%	0.0%		62.2%		24.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 09/24/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991947 Sandwich, Chicken, Louisiana - OKI	2BG, 2MMA	200	359	1.00	849	3	*3	7.99	0.00	50	44.86	2.99	23.97	*N/A*	*49.7	*N/A*	*1.39
991424 Broccoli, Hot, 1/2c - OKI	1/2c	200	22	0.07	22	1	*N/A*	0.24	0.00	0	4.33	1.70	1.84	406	30.6	58.16	0.48
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990703 Mayo, PKT - OKI	1	200	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			592	2.81	1033	29	*3	15.61	0.12	64	76.80	5.58	*33.88	*748	*292.9	*58.43	*2.17
% of Calories				4.27%		19.6%	*2.0%	23.7%	0.2%		51.9%		*22.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 09/25/2024 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990624 Pizza, Cheese, 4x6, Schwans - OKI	2BG, 2MMA	200	280	3.50	470	8	2	11.00	0.00	15	33.00	4.00	16.00	*N/A*	310.0	*N/A*	2.50
991148 Carrots, Shredded - OKI	1/2c	200	19	0.01	31	2	*N/A*	0.11	0.00	0	4.35	1.27	0.42	7578	15.0	2.68	0.14
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	9	*N/A*	0.12	0.00	0	11.28	2.30	0.90	216	38.4	51.07	0.10
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			442	4.35	735	32	*2	12.57	0.00	25	61.98	7.81	25.33	*8135	574.4	*54.01	2.79
% of Calories				8.86%		29.0%	*1.8%	25.6%	0.0%		56.1%		22.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 09/26/2024 Reimbursable Meal Total 200

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991634 Chicken, Popcorn, BBQ - OKI	2MMA	200	396	3.67	913	0	*0	18.90	0.00	42	40.17	2.10	15.75	*N/A*	15.8	*0.00	2.10
999430 Crackers, Chili Lime, WG - OKI	1BG	200	90	0.00	200	2	2	3.00	0.00	0	15.00	1.00	1.00	*N/A*	13.0	*N/A*	1.00
991433 Cauliflower, Fresh, 1/2c, IW - OKI	1/2c	200	18	0.09	21	1	*N/A*	0.20	0.00	0	3.52	1.42	1.36	0	15.6	34.16	0.30
991153 Apple, Slices, 1/2c - OKI	1/2 c	200	29	0.02	1	6	*N/A*	0.10	*N/A*	0	7.80	1.36	0.15	31	3.4	2.60	0.07
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			631	4.60	1369	22	*2	23.54	*0.00	52	79.85	6.11	26.27	*372	258.7	*37.02	3.52
% of Calories				6.56%		13.9%	*1.3%	33.6%	*0.0%		50.6%		16.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 09/27/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991240 Penne, Meatball, Marinara - OKI	2BG, 2MMA	200	340	3.50	236	5	*1	11.52	0.00	36	41.37	6.55	19.08	*250	*69.0	*1.80	*1.36
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	200	11	0.03	1	1	*N/A*	0.08	0.00	0	2.57	0.35	0.46	74	11.3	1.98	0.20
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			517	4.43	472	28	*1	13.20	0.00	46	74.98	9.15	28.39	*715	*295.2	*10.78	*1.81
% of Calories				7.71%		21.7%	*0.8%	23.0%	0.0%		58.0%		22.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 09/30/2024

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991255 Taco, Filling, Beef, Cheese Sauce - OKI	2MMA	200	189	6.38	404	0	*N/A*	13.50	0.52	46	3.75	0.75	13.25	*25	131.0	*0.00	1.50
990690 Chips, tortilla, WG, IW- OKI	2BG	200	200	1.00	160	0	0	7.00	0.00	0	29.00	3.00	3.00	*N/A*	40.0	*N/A*	0.60
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	200	12	0.03	2	2	*N/A*	0.14	0.00	0	2.74	0.95	0.45	1420	3.2	57.92	0.20
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990705 Sauce, Taco, PKT - OKI	1	200	5	0.00	95	0	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	200	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	50	0.75	60	6	*N/A*	1.25	0.00	8	5.50	0.00	4.00	110	66.1	0.26	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			553	8.22	895	27	*0	22.00	0.53	56	63.86	6.12	24.77	*1787	*390.2	*58.19	*2.35
% of Calories				13.38 %		19.5%	*0%	35.8%	0.9%		46.2%		17.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Weighted Values

Sep 2, 2024 thru Sep 30, 2024

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		490	5	879	28	3	13.97	*1.56	87	69.16	5.71	*25.84	*2108	*397.7	*31.12	*2.48
% of Calories			9.04%		22.9%	*2.4%	25.7%	*2.9%		56.5%		*21.1%				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Tuesday, September 3, 2024

Recipe #	Recipe Name	Allergen(s)
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
990652	Pear, Fresh, 150ct, - OKI	
991212	Pickle, Spears - OKI	
990587	Sandwich, Hamburger - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Wednesday, September 4, 2024

Recipe #	Recipe Name	Allergen(s)
991428	Carrots, Fresh, Baby, 3/4c, IW - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
991300	Pizza, Boli - OKI	Milk, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Thursday, September 5, 2024

Recipe #	Recipe Name	Allergen(s)
990706	Jelly, PKT - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	
999483	Sandwich, Chedd, Jalapeno, Egg - OKI	Egg, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Friday, September 6, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991423	Broccoli, Hot, 3/4c - OKI	
999484	Chicken, Drum, Honey, LemPep, Rice, White - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Monday, September 9, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991428	Carrots, Fresh, Baby, 3/4c, IW - OKI	
990578	Chicken, Nuggets, WG - OKI	Soy, Wheat
991398	Crackers, Pizza - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999505	Sauce, BBQ, Packet - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Tuesday, September 10, 2024

Recipe #	Recipe Name	Allergen(s)
991113	Celery, Fresh, Sticks, 3/4c - OKI	
999494	Meatball, Beef, Marinara, Cheese - OKI	Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991589	Roll, Hoagie, WG - OKI	Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Wednesday, September 11, 2024

Recipe #	Recipe Name	Allergen(s)
990745	Carrots, Fresh, Baby, 3/4c - OKI	
991386	Juice, Fruit Punch - OKI	
990703	Mayo, PKT - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
999433	Sandwich, Turkey Ham, WA Cheese - OKI	Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Thursday, September 12, 2024

Recipe #	Recipe Name	Allergen(s)
990747	Beans, Black, Seasoned, 3/4c - OKI	Milk
990690	Chips, tortilla, WG, IW- OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991198	Nachos, Chicken, Cheese - OKI	Milk
990705	Sauce, Taco, PKT - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Friday, September 13, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
990692	Greens, Mixed, Raw, Chopped 3/4c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990594	Pizza, Turkey Sausage, - OKI	Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Monday, September 16, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991404	Sandwich, Fiestada, Big Daddy's - OKI	Egg, Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk
990655	Tomatoes, Cherry, 3/4 cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Tuesday, September 17, 2024

Recipe #	Recipe Name	Allergen(s)
999486	Croissant, Square, Turkey Sausage, Cheese - OKI	Milk, Soy, Wheat, Egg, Milk
990706	Jelly, PKT - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Wednesday, September 18, 2024

Recipe #	Recipe Name	Allergen(s)
991211	Hot Dog, Beef, Vienna - OKI	Wheat
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
990645	ORANGE, Fresh 138CT, - OKI	
991212	Pickle, Spears - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Thursday, September 19, 2024

Recipe #	Recipe Name	Allergen(s)
990692	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999482	Pizza, Crunchers, WG - OKI	Milk, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Friday, September 20, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991789	Chicken, Popcorn, Buffalo - OKI	Milk, Soy, Wheat
999430	Crackers, Chili Lime, WG - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990689	Salad, Lemon Chickpea, 3/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Monday, September 23, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990743	Peas, Snap, Fresh, 3/4c - OKI	
991178	Potsticker, Chicken, Vegetable - OKI	Soy, Wheat, Sesame
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Tuesday, September 24, 2024

Recipe #	Recipe Name	Allergen(s)
990744	Corn, 3/4c - OKI	
990703	Mayo, PKT - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991947	Sandwich, Chicken, Louisiana - OKI	Milk, Wheat
999506	Sauce, Hot, Packet - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Wednesday, September 25, 2024

Recipe #	Recipe Name	Allergen(s)
991428	Carrots, Fresh, Baby, 3/4c, IW - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
990594	Pizza, Turkey Sausage, - OKI	Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Thursday, September 26, 2024

Recipe #	Recipe Name	Allergen(s)
999489	Drumstick, Sweet & Sticky, Rice, White - OKI	Gluten, Soy, Wheat
991174	Edamame, 3/4c - OKI	Soy
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Friday, September 27, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991423	Broccoli, Hot, 3/4c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991240	Penne, Meatball, Marinara - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 9/2/2024 To: 9/30/2024

Monday, September 30, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999491	Esquites, 3/4c - OKI	Egg, Mustard
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990678	Sauce, Ranch, PKT - OKI	Milk
991325	Taco, Beef, Cheese, Shredded, 6in Tort - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Tuesday, September 3, 2024

Recipe #	Recipe Name	Allergen(s)
991392	Bagel, Pizza, Pepperoni - OKI	Milk, Wheat
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
990652	Pear, Fresh, 150ct, - OKI	
991212	Pickle, Spears - OKI	
990587	Sandwich, Hamburger - OKI	Soy, Wheat
990807	Sauce, Marinara, PC - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Wednesday, September 4, 2024

Recipe #	Recipe Name	Allergen(s)
991428	Carrots, Fresh, Baby, 3/4c, IW - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
991300	Pizza, Boli - OKI	Milk, Wheat
999436	Salad, Chef, Chicken, Cheese - OKI	Milk
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Thursday, September 5, 2024

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
990784	Cream Cheese, Cup - OKI	Milk
990706	Jelly, PKT - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	
999483	Sandwich, Chedd, Jalapeno, Egg - OKI	Egg, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Friday, September 6, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991423	Broccoli, Hot, 3/4c - OKI	
999484	Chicken, Drum, Honey, LemPep, Rice, White - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999435	Wrap, Veggie, Chickpea, Cheese - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Monday, September 9, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991428	Carrots, Fresh, Baby, 3/4c, IW - OKI	
991395	Cheese, Mini, Turkey, Coins, Pack - OKI	Milk
990578	Chicken, Nuggets, WG - OKI	Soy, Wheat
991398	Crackers, Pizza - OKI	Wheat
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999505	Sauce, BBQ, Packet - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Tuesday, September 10, 2024

Recipe #	Recipe Name	Allergen(s)
991392	Bagel, Pizza, Pepperoni - OKI	Milk, Wheat
991113	Celery, Fresh, Sticks, 3/4c - OKI	
999494	Meatball, Beef, Marinara, Cheese - OKI	Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991589	Roll, Hoagie, WG - OKI	Wheat
990807	Sauce, Marinara, PC - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Wednesday, September 11, 2024

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990745	Carrots, Fresh, Baby, 3/4c - OKI	
990916	Celery, Fresh, Sticks, 1/4c - OKI	
991386	Juice, Fruit Punch - OKI	
990703	Mayo, PKT - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
999433	Sandwich, Turkey Ham, WA Cheese - OKI	Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Thursday, September 12, 2024

Recipe #	Recipe Name	Allergen(s)
990747	Beans, Black, Seasoned, 3/4c - OKI	Milk
991122	Cheese, Sauce, 2MMA - OKI	Milk
990690	Chips, tortilla, WG, IW- OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991198	Nachos, Chicken, Cheese - OKI	Milk
990705	Sauce, Taco, PKT - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Friday, September 13, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
990692	Greens, Mixed, Raw, Chopped 3/4c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990624	Pizza, Cheese, 4x6, Schwans - OKI	Soy, Wheat, Milk
990594	Pizza, Turkey Sausage, - OKI	Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Monday, September 16, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991127	Quesadilla, chile, cheese - OKI	Milk, Soy, Wheat
991404	Sandwich, Fiestada, Big Daddy's - OKI	Egg, Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk
990705	Sauce, Taco, PKT - OKI	
990655	Tomatoes, Cherry, 3/4 cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Tuesday, September 17, 2024

Recipe #	Recipe Name	Allergen(s)
991392	Bagel, Pizza, Pepperoni - OKI	Milk, Wheat
999486	Croissant, Square, Turkey Sausage, Cheese - OKI	Milk, Soy, Wheat, Egg, Milk
990706	Jelly, PKT - OKI	
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	
990807	Sauce, Marinara, PC - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Wednesday, September 18, 2024

Recipe #	Recipe Name	Allergen(s)
991211	Hot Dog, Beef, Vienna - OKI	Wheat
990686	Ketchup, Pkt - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
990645	ORANGE, Fresh 138CT, - OKI	
991212	Pickle, Spears - OKI	
990841	Sandwich, Cheese, Grilled, American - OKI	Soy, Wheat, Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Thursday, September 19, 2024

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
990784	Cream Cheese, Cup - OKI	Milk
990692	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
999482	Pizza, Crunchers, WG - OKI	Milk, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Friday, September 20, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991789	Chicken, Popcorn, Buffalo - OKI	Milk, Soy, Wheat
999430	Crackers, Chili Lime, WG - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990689	Salad, Lemon Chickpea, 3/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
999435	Wrap, Veggie, Chickpea, Cheese - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Monday, September 23, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991395	Cheese, Mini, Turkey, Coins, Pack - OKI	Milk
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990743	Peas, Snap, Fresh, 3/4c - OKI	
991178	Potsticker, Chicken, Vegetable - OKI	Soy, Wheat, Sesame
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Tuesday, September 24, 2024

Recipe #	Recipe Name	Allergen(s)
991392	Bagel, Pizza, Pepperoni - OKI	Milk, Wheat
990744	Corn, 3/4c - OKI	
990703	Mayo, PKT - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991947	Sandwich, Chicken, Louisiana - OKI	Milk, Wheat
999506	Sauce, Hot, Packet - OKI	
990807	Sauce, Marinara, PC - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Wednesday, September 25, 2024

Recipe #	Recipe Name	Allergen(s)
991428	Carrots, Fresh, Baby, 3/4c, IW - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
990624	Pizza, Cheese, 4x6, Schwans - OKI	Soy, Wheat, Milk
990594	Pizza, Turkey Sausage, - OKI	Milk, Soy, Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Thursday, September 26, 2024

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
990784	Cream Cheese, Cup - OKI	Milk
999489	Drumstick, Sweet & Sticky, Rice, White - OKI	Gluten, Soy, Wheat
991174	Edamame, 3/4c - OKI	Soy
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Friday, September 27, 2024

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991423	Broccoli, Hot, 3/4c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
991240	Penne, Meatball, Marinara - OKI	Milk, Soy, Wheat
999435	Wrap, Veggie, Chickpea, Cheese - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 9/2/2024 To: 9/30/2024

Monday, September 30, 2024

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991395	Cheese, Mini, Turkey, Coins, Pack - OKI	Milk
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
999491	Esquites, 3/4c - OKI	Egg, Mustard
990668	Milk, 1/2PNT, 1% - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990669	Milk, 1/2PNT, Skim - OKI	Milk
990678	Sauce, Ranch, PKT - OKI	Milk
991325	Taco, Beef, Cheese, Shredded, 6in Tort - OKI	Milk, Soy, Wheat

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