

# **Recreational Resources For Students with Special Needs 2024**



**These organizations are for your reference, and inclusion in this publication does not constitute a referral or endorsement by the East Islip School District**

East Islip School District Pupil Personnel Services Department is proud to offer you this guide regarding local activities for children with special needs. Included in this guide are extracurricular activities, day camps, and sleep away camps that are tailored to meet the needs of children with disabilities. Contact information for each organization is provided, as well as websites (if applicable).

East Islip School District  
Central Administration  
1 Craig B. Gariepy Ave.  
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Superintendent of Schools – Paul E. Manzo

Assistant Superintendent for Business - Stephen Harrison

Assistant Superintendent for Curriculum & Instruction – Lisa M. Belz

Assistant Superintendent for Human Resources & Administration – Aileen O’Rourke

Executive Director of Special Education – Krista Legge

Director of Special Education - Kristen Rea

Plant and Facilities Administrator - Anthony Gagliano

#### BOARD OF EDUCATION MEMBERS

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Vice President Stephen Ruland

Trustee Jessica Ciampi

Trustee Timothy Sassone

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- **Bayshore Y Swim:** (631) 665-4255, 200 West Main Street, Bay Shore, NY 11706 <https://ymcali.org/locations/great-south-bay-ymca>
- **Boy Scouts and Girl Scouts:** builds character, works with students to build skills to become good citizens and develop physical fitness
  - Boy Scouts Suffolk County Council: 631 924 7000
  - Girl Scouts Suffolk County Council: 631 543 6622
- **East Islip Just for Kicks:** open to children between the ages of 5- 14, specifically designed soccer program for children on the autism spectrum. Contact: 516-885-1087 (information found on East Islip Soccer website)
- **East Islip Youth Challenger Flag Football:** non-competitive flag football league, children 7-12. Contact: 631 987 9613
- **East Islip Youth Track:** <https://www.stmarystrack.com/> Boys and girls grades K-8 are welcome to join and can participate in both the Fall and Spring seasons.
- **HOPE Fitness:** customized exercise routines based on needs and abilities to children and adults with disabilities. [www.hopefitness.com](http://www.hopefitness.com)
- **Kid Esteem:** clinically structured, therapeutic play groups and creative arts programs. <https://www.kidesteem.com/>
- **Little League of the Islips:** Challenger Division: open to all children with special needs. Email: [clubhouse@islipLL.org](mailto:clubhouse@islipLL.org)
- **Modern Dance Program:** Offered by Town of Islip at David Sanders Dance Dynamics in Oakdale. Contact: 224-5320
- **Pal-O-Mine Equestrian:** offers programs in adaptive riding, equine assisted learning, equine assisted psychotherapy, and competitive riding for children 12 and over. <https://pal-o-mine.org>
- **St. Mary's Champion League Basketball:** basketball league for children with special needs. For information: email- [StMarysHoops@hotmail.com](mailto:StMarysHoops@hotmail.com)
- **Suffolk County PAL:** offers programs to children and young adults with varying disabilities. [www.suffolkpal.com](http://www.suffolkpal.com)

- **Safe-T-Swim program:** offered through EJ Autism Foundation
- **Inclusive sports and fitness:** An organization whose mission is to provide skill-based fitness and habilitation training that maximizes an individual's capacity to engage in physical fitness, play sports, and participate in physical recreation activities. <https://inclusivesportsandfitness.org>
- **KidStrong:** for children walking - age 11. Combines physical activity with character development. [Kidstrong.com](http://Kidstrong.com)
- **Suffolk YJCC:** provides after school social and recreational programs for students with disabilities. Contact: 631 462 9800 ext. 251
- **St. Mary's Track Program:** [stmarystrack.com/](http://stmarystrack.com/) Can also visit the Facebook page for more information
- **Skudin Surf:** Long Beach, NY 1516 318 3993, <https://skudinsurf.com>
- **Rolling Thunder Running:** 631 399 5564, [www.rtsnp.org](http://www.rtsnp.org)
- **Music Academy for Special Learners:** 1631 615 6707, [music4speciallearners.com](http://music4speciallearners.com) Social Skills Groups:
- **Cody Center at Stony Brook:** Offers social skills training for students on the autism spectrum (group and individual). Contact: 631 632-8850
- **Family of Kidz:** Offers social skills training programs for elementary aged and middle school aged children with and without diagnoses of autism: [Familyofkidz.com](http://Familyofkidz.com) (go to Group Therapy on the top tab).
- **Life's WORC:** socialization program for students with autism between 5 and 12 years old, as well as a creative arts therapy program. [www.lifesworc.org](http://www.lifesworc.org) Day

### Camp Programs:

- **After-school therapeutic recreation, and school vacation and summer day camps** to students five and older with disabilities. Contact: 631 665-1900 ext. 345
- **Gersh Academy:** day camp program for students with autism. Contact: 631 427 6700
- **Great South Bay YMCA Inclusion Program:** gives children with special needs the opportunity to have an inclusionary camp experience, for students from 1<sup>st</sup> – 6<sup>th</sup> grade. <https://ymcali.org/camps/great-south-bay-ymca-summer-daycamp/inclusionprogram>

- **YES Counseling services:** also offers after school, evening, and summer programs for children and youth. [www.yesnews.org](http://www.yesnews.org) or 631 446 1950