

September 2024
BES Breakfast Menu

2	3	4	5	6
Holiday	Holiday	French Toast Sticks or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Blueberry Muffin or Assorted Cereal
9	10	11	12	13
Pancake on a Stick or Assorted Cereal	French Toast Sticks or Cinnamon Pop Tart	Sausage & Cheese Grits Bowl w/ Toast or Assorted Cereal	Chicken Biscuit or Assorted Cereal	Sausage & Cheese Croissant or Assorted Cereal
16	17	18	19	20
Crispy Hash Brown, Sausage, & Toast or Cinna Mini Bagels	Sausage Breakfast Pizza or Assorted Cereal	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Mini Donut Holes in a Cup or Assorted Cereal	Chicken Breakfast Sandwich or Blueberry Muffin Loaf
23	24	25	26	27
Blueberry Eggo Waffle Bites or Assorted Cereal	Sausage Biscuit or Strawberry Pop-Tart	French Toast Sticks or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Blueberry Muffin or Assorted Cereal

Grab & Go Breakfast Bags Available Daily
A Variety of Milk, Fruit & Juice Available Daily

September 2024

BES Lunch Menus

2	3	4	5	6
Holiday	Holiday	Oven Fried Chicken w/ Roll or Ham & Cheese Sandwich Oven Fried Okra Steamed Broccoli w/ Cheese Sauce	Fish Sticks & Grits w/ Garlic Breadstick or Assorted Cereals w/ Cheese Stick Baked Beans Coleslaw	Hot Dog w/ Bun or Grape Uncrustable w/ Cheese Stick Mac & Cheese Fresh Broccoli Cup w/ Ranch Fresh Baby Carrots w/ Ranch
9	10	11	12	13
Cheeseburger w/ Fries or Grape Uncrustable w/ Cheese Stick Steamed Broccoli w/ Cheese Sauce Sliced Tomato w/ Crisp Lettuce	Beef & Cheese Nachos or Deli Ham Wrap w/ Chips Choice Green Beans Shredded Lettuce/ Diced Tomatoes/Cheese/ Salsa	Spaghetti w/ Meat Sauce & Garlic Breadstick or Grilled Cheese Sandwich English Peas Side Salad w/ Ranch	Corn Dog Nuggets w/ Mac & Cheese or Grape Uncrustable w/ Cheese Stick Baked Beans Fresh Baby Carrots w/ Ranch Dressing	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
16	17	18	19	20
Boneless Chicken Wings w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Steamed Broccoli w/ Cheese Sauce	Creamy Chicken Alfredo w/ Garlic Bread Stick or BBQ Rib Sandwich English Peas Fresh Veggie Cup w/ Ranch	Hamburger Steak w/ Roll or Ham & Cheese Sandwich Rice w/ Stewed Tomatoes Blackeye Peas	BBQ Sandwich w/ Chips or Turkey Wrap with chips Corn on the Cob Cucumber & Tomato Cup w/ Ranch	Chicken Fajitas w/ Roll or Grilled Cheese Sandwich Oven Fried Okra Black Bean Salad
23	24	25	26	27
Chicken Tenders w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Corn on the Cob Black Bean Salad	Steak Nuggets w/ Roll or Ham & Cheese Sandwich Rice & Gravy Sweet Potatoes Green Beans	Chili Cheese Fries w/ Garlic Breadstick or Grilled Cheese Sandwich Baby Limas Cucumber & Tomato Cup w/ Ranch	Original & Spicy Chicken Sandwich or Ham Sub Tator Tots Fresh Veggie Cup w/ Ranch	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch

A Variety of Milk, Fruit & Juice Available Daily