

Gower West September 2024 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY	3 Mac n cheese with broccoli and a biscuit	4 Baked chicken sandwich with pretzels	5 All beef cheeseburger and fries	6 Bosco cheese sticks with marinara sauce and a small salad
8 Shredded BBQ chicken sandwich and fries	9 Breakfast for lunch Waffles with turkey sausage & yogurt	10 Grilled veggie quesadillas with cheese & rice	11 Penne pasta with garlic bread	12 Personal Cheese pizza
16 Chicken tenders buttered noodles and carrots	17 All beef hot dog and fries	18 Grilled cheese and tomato soup	19 Beef taco bowl with beans, lettuce tomato, cheese & tortilla chips	20 Early dismissal No lunch served
23 All beef cheeseburger and waffles fries	24 Orange chicken rice bowl with broccoli	25 Southwest chicken wrap with chips	26 Chicken tenders and tator tots	27 Bosco cheese sticks with marinara sauce
30 Cheese quesadilla with refried beans, chips & salsa	<div style="border: 1px solid black; border-radius: 15px; padding: 5px; text-align: center;"> EVERY HOT MEAL COMES WITH A SMALL SALAD MILK OR SMALL WATER </div>		ALL MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO SEASONALITY AND AVAILABILITY	Tracy Jannenga Food Service Manager Gower School District tjannenga@gower62.com

You can add money to your child's account on www.mymealtime.com

Plant based/veggie options are available upon request