


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
<p>2</p> <p>Labor Day</p> <p>NO SCHOOL</p>	<p>3</p> <p>Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>4</p> <p>Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>5</p> <p>Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>6</p> <p>Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (V) <i>(Served with Graham Cracker)</i> Cinnamon Toast Crunch, Cocoa Puffs, Froot Loops, Frosted Flakes, Lucky Charms</p> <p>Whole Grain PopTarts (V) <i>(Served with Graham Cracker)</i> Chocolate, Cinnamon, Strawberry</p> <p>Whole Grain Muffin/ Loaf (V) <i>(Served with Graham Cracker)</i> Blueberry, Chocolate, Chocolate Chip</p> <p>Whole Grain Donuts/ Donut Holes (V) Blueberry, Chocolate, Glazed, Powdered</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>						
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<p>30</p> <p>Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>NOW HIRING</p> <p>Part Time & Substitute Positions</p> <p>Email: ma1052@metzcorp.com Today to Apply!</p>			<p>Reminder:</p> <p>Breakfast is Free for All Students!</p> <p>Must Select a Complete Reimbursable Meal</p>							
<p>Your Team</p> <p>Jenna Ossler, General Manager 412.492.6390 ma1052@metzcorp.com</p>			<p>Meal Prices</p> <table> <tr> <td>Student Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$2.50</td> </tr> </table>		Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.50	
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

