



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>2</p> <p>Labor Day NO SCHOOL</p>	<p>3</p> <p>Beef & Cheese Soft Tacos WG Tortilla Soft Shells Salsa & Sour Cream On Side</p> <p>FEATURED VEGGIE Steamed Corn</p>	<p>4</p> <p>Penne Pasta w/ Breadstick Meat or Marinara Sauce</p> <p>FEATURED VEGGIE Steamed Green Beans</p>	<p>5</p> <p>Chicken Patty On Whole Grain Bun</p> <p>FEATURED VEGGIE Baked Beans</p>	<p>6</p> <p>Whole Grain French Bread Pizza (V)</p> <p>FEATURED VEGGIE Steamed Broccoli</p>	<p>What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>Daily Alternates #2 WG Uncrustable PBJ w/ Cheese Stick & WG Roll (V) #3 Talbot Salad – Ham & Cheese Cups w/ WG Rolls #4 Chicken Tenders w/ WG Rolls</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
<p>9</p> <p>WG French Toast Sticks w/ Sausage Patties</p> <p>FEATURED VEGGIE Honey Glazed Carrots</p>	<p>10</p> <p>Beef Nacho Grande w/ WG Tortilla Chips Salsa & Sour Cream On Side</p> <p>FEATURED VEGGIE Steamed Corn</p>	<p>11</p> <p>Chicken Mashed Potato Bowl w/ WG Dinner Rolls</p> <p>FEATURED VEGGIE Steamed Mixed Vegetables</p>	<p>12</p> <p>Cheese Burger On Whole Grain Bun</p> <p>FEATURED VEGGIE Baked Beans</p>	<p>13</p> <p>WG Cheese Pizza Sticks w/ Pizza Dipping Sauce (V)</p> <p>FEATURED VEGGIE Steamed Broccoli</p>	
<p>16</p> <p>WG Mini Pancakes w/ Sausage Patties</p> <p>FEATURED VEGGIE Honey Glazed Carrots</p>	<p>17</p> <p>Beef & Cheese Burrito On WG Tortilla Shell Salsa & Sour Cream On Side</p> <p>FEATURED VEGGIE Steamed Corn</p>	<p>18</p> <p>Macaroni & Cheese w/ Breadstick (V)</p> <p>FEATURED VEGGIE Steamed Green Beans</p>	<p>19</p> <p>Meatball Hoagie On Whole Grain Hoagie Bun</p> <p>FEATURED VEGGIE Chickpea Salad</p>	<p>20</p> <p>WG Big Daddy's Cheese Pizza (V)</p> <p>FEATURED VEGGIE Steamed Broccoli</p>	
<p>23</p> <p>Yogurt Parfait w/ Cheese Stick & WG Goldfish Cracker & Belly Bears (V)</p> <p>FEATURED VEGGIE Honey Glazed Carrots</p>	<p>24</p> <p>Ham & Cheese On Whole Grain Pretzel Bun</p> <p>FEATURED VEGGIE Baked Beans</p>	<p>25</p> <p>Whole Grain Mini Potato & Cheese Pierogi w/ Breadstick (V)</p> <p>FEATURED VEGGIE Steamed Green Beans</p>	<p>26</p> <p>Corn Dog On a Stick</p> <p>FEATURED VEGGIE Oven Baked Smiley Fries</p>	<p>27</p> <p>WG Stuffed Crust Pizza (V)</p> <p>FEATURED VEGGIE Steamed Broccoli</p>	
<p>30</p> <p>Toasted Cheese On Texas Toast (V)</p> <p>FEATURED VEGGIE Tomato Soup</p>	<p>NOW HIRING Part Time & Substitute Positions</p> <p>Email: ma1052@metzcorp.com Today to Apply!</p>			<p>Reminder: Breakfast is Free for All Students!</p> <p>Must Select a Complete Reimbursable Meal</p>	

<p>Your Team Jenna Ossler, General Manager 412.492.6390 ma1052@metzcorp.com</p>

<p>Meal Prices</p> <p>Student Lunch \$2.50 Reduced Lunch \$0.00 Faculty Lunch \$4.00</p>



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.