

JANUARY*

2025 Lunch West FCLC

Announcements:

Have a milk allergy?

No worries!!

Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



Follow us on Facebook
WSISD Child Nutrition

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com

Please call the Child Nutrition office if you have any questions
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p>  <p>Red Grapefruit</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold.</p> </div>	<p>7 No School</p>  <p>Harvest of the Month™</p>	<p>8 Beef Soft Taco Pinto Beans Red Grapefruit Milk</p>	<p>9 Hamburger/Cheeseburger Peas & Carrots Curly Fries Fruit Milk</p>	<p>10 Pizza Slice Green Beans Fruit Milk</p>
<p>13 Chicken Tenders Macaroni & Cheese Steamed Broccoli Fruit & Milk</p>	<p>14 Vegetable Soup w/ Grilled Cheese Peas & Carrots Emoji Fries Fruit Milk</p>  <p>It's National Soup Month!</p>	<p>15 Beef Soft Taco Pinto Beans Fruit Milk</p>	<p>16 Chicken Sandwich Sweet Potato Fries Fruit Milk</p>	<p>17 Turkey Spaghetti Green Beans Fruit Milk</p>
<p>20 No School</p> 	<p>21 Macaroni & Cheese Steamed Broccoli Fruit Milk</p>	<p>22 Chicken Soft Taco Ranch Style Beans Fruit Milk</p>	<p>23 Chicken Nuggets Glazed Carrots Waffle Fries Fruit Milk</p>	<p>24 Pizza Rippers Corn Fruit Milk</p>
<p>27 Chicken & Waffle Steamed Broccoli Glazed Carrots Fruit Milk</p>	<p>28 Mini Corn Dogs Turkey & Cheese Sandwich Veggie Beans Emoji Fries Fruit Milk</p>	<p>29 Beef Soft Taco Pinto Beans Fruit Milk</p>	<p>30 Hamburger/Cheeseburger Peas & Carrots Curly Fries Milk</p>	<p>31 Pizza Slice Green Beans Fruit Milk</p>