

JANUARY*

2025 Lunch Brewer High

Announcements:

Have a milk allergy?

No worries!!

Lactose Free milk is now available!

Contact the school nurse if your child needs allergy food accommodations.



Follow us on Facebook
WSISD Child Nutrition

Chef Salads and Baked Potatoes are served with Whole Grain Roll or Breadstick.





To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com
Download the app or visit www.schoolcafe.com

Please call the Child Nutrition office if you have any questions
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p>  <p>Red Grapefruit</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold.</p> </div>	<p>7 No School</p>  <p>Harvest of the Month™</p>	<p>8</p> <p>Beef Tamales Chicken Wings Baked Potato w/ Cheese Chef Salad Spicy Chick/Ham Refried Beans Jicama Sticks Lettuce & Diced Tomatoes Red Grapefruit Fruit Milk</p>	<p>9</p> <p>Vegetable Soup w/Grilled Cheese Sandwich Hamburger/Cheeseburger Turkey or Ham Sandwich Garden Salad Emoji Fries Fruit Milk</p>  <p>It's National Soup Month!</p>	<p>10</p> <p>Teriyaki Chicken w/ Rice Breaded Chicken Sandwich Baked Potato w/ Cheese Uncrustable Broccoli Green Beans Fruit Milk</p>
<p>13</p> <p>Chicken & Waffle Baked Potato w/ Cheese Chef Salad Spicy Chick/Ham Uncrustable Green Beans Baby Carrots Fruit & Milk</p>	<p>14</p> <p>Chicken Alfredo Penne Spicy Chicken Sandwich Turkey or Ham Sandwich Steamed Broccoli Garden Salad Fruit Milk</p>	<p>15</p> <p>Walking Beef Taco Chicken Wings Baked Potato w/ Cheese Chef Salad Spicy Chick/Ham Lettuce & Diced Tomatoes Pinto Beans Fruit Milk</p>	<p>16</p> <p>Scrambled Egg w/ Cheese, Pancakes and Sausage Link Hamburger/Cheeseburger Turkey or Ham Sandwich Roasted Potatoes Peppers & Onions Fruit Milk</p>	<p>17</p> <p>Vegetable Egg Rolls Breaded Chicken Sandwich Baked Potato w/ Cheese Uncrustable Spinach w/ Mandarins Edamame Veggie Blend Fruit Milk</p>
<p>20 No School</p> 	<p>21</p> <p>Lasagna Roll Up Spicy Chicken Sandwich Turkey or Ham Sandwich Garlic Knot Garden Salad Corn Fruit Milk</p>	<p>22</p> <p>Chicken Fajitas Chicken Wings Baked Potato w/ Cheese Chef Salad Spicy Chick/Ham Peppers & Onions Celery Sticks Fruit Milk</p>	<p>23</p> <p>Corn Dog Hamburger/Cheeseburger Turkey or Ham Sandwich Ranch Style Beans Curly Fries Cinnamon Apples Fruit Milk</p>	<p>24</p> <p>Tso's Chicken w/ Rice Breaded Chicken Sandwich Baked Potato w/ Cheese Uncrustable Edamame Veggie Blend Peas & Carrots Fruit Milk</p>
<p>27</p> <p>Chicken Nuggets Baked Potato w/ Cheese Chef Salad Spicy Chick/Ham Uncrustable Breadstick Waffle Fries Green Beans Fruit Milk</p>	<p>28</p> <p>Chicken Parmesan Spicy Chicken Sandwich Turkey or Ham Sandwich Garlic Knot Garden Salad Corn Fruit Milk</p>	<p>29</p> <p>Walking Frito Chili Pie Chicken Wings Baked Potato w/ Cheese Chef Salad Spicy Chick/Ham Ranch Style Beans Baby Carrots Fruit Milk</p>	<p>30</p> <p>BBQ Brisket Sandwich Hamburger/Cheeseburger Turkey or Ham Sandwich Celery Sticks Sweet Potato Fries Fruit Milk</p>	<p>31</p> <p>Orange Chicken w/ Rice Breaded Chicken Sandwich Baked Potato w/ Cheese Uncrustable Spinach w/ Mandarins Edamame Veggie Blend Fruit Milk</p>