



**VIRGINIA BEACH CITY PUBLIC SCHOOLS**  
CHARTING THE COURSE

School Year 2024-2025

Dear Parents:

Information about the application for the Free and Reduced (F&R) Meals Program is available on <https://www.vbschools.com/families/food-and-nutrition-services/free-or-reduced>. Please take time to review this information to see if your child/children are eligible for this program.

If your child/children are eligible for the free meals program or have Medicaid, they will be eligible to receive free dental care at the Virginia Beach Department of Public Health.

For children approved for the reduced lunch program or those without health insurance, a sliding scale fee for dental services may be charged based on family income.

Children six months to 18 years of age, or still in high school, who are eligible for F&R Meals Program, on Medicaid, or without health insurance are eligible to receive dental care at the Virginia Beach Department of Public Health Dental Clinic.

A new F&R meal application must be completed and submitted every school year to determine eligibility. Applications are available online at [www.schoolcafe.com](http://www.schoolcafe.com) and at your student(s)' school. If your child/children are found to be eligible for the F&R meals program, a letter of approval will be sent to you from the Office of Food Services. Please keep this letter as it can also be used to access dental care for your child/children at the Virginia Beach Department of Public Health.

The Virginia Beach Department of Public Health Dental Clinics are located at 4452 Corporation Lane (the Pembroke Mall area). An additional clinic is located at 2529 North Landing Road (the Virginia Beach Technical and Career Education Center) for students who attend this school.

If you have any questions regarding the F&R meals program, please contact the Office of Food Services at 757-263-1101 or via e-mail at [VBFOODS@vbschools.com](mailto:VBFOODS@vbschools.com). If you have questions regarding dental care, please contact the nurse at your child's school or call the health department's dental clinic at 518-2694 (clinic flyer back of letter).

Sincerely,

*Heidi Sowala*

Heidi Sowala, RN  
Coordinator of Health Services