



ST HUGH'S
BOARDING

CIVITAS RESPECTUS HONESTAS

St Hugh's School
Boarders' Handbook

Reviewed by:
Headmaster
May 2024
Next Review July 2025

Dear Boarder,

Welcome to boarding at St Hugh's, we are delighted you have decided to join the community and we hope you have a lot of fun, make many memories and develop special friendships.

This booklet is a brief introduction to what life is like as a boarder at St Hugh's. It tells you about the staff involved, the daily routine and what you can expect.

We want you to always feel supported. If there is ever anything bothering you, however big or small, please come and talk to us, a problem shared is always a problem halved.

We very much look forward to welcoming you.

Mr Auld

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Our Boarding Ethos

To ensure each of you develops and grows on many levels is what drives how we run the Boarding House. Through being part of our close community, we hope you will experience an environment where you feel safe and are able to build relationships, develop lifelong skills and become independent. We enjoy getting to know you individually and finding out what you enjoy doing and learning about your personalities. In the environment we have created we hope to meet all your needs as well as prepare you for the wider world.

Our Aims

- to promote an open environment where you will feel comfortable in expressing your views, opinions and concerns.
- to create an environment that is structured with clear boundaries.
- to encourage individuality and independence.
- to ensure your wellbeing.
- to develop a culture of honesty and mutual respect
- to encourage social interaction across year groups and genders.

STAFF : 'Who's who?'

Houseparents

Mr and Mrs Auld are the Houseparents and live in the flat leading off from the boarders' common room. We are here to ensure all the children that join boarding are cared for in the best way possible and, along with our amazing boarding staff, we will do all we can to ensure you have a rounded and enriching experience when you are with us. We will always ensure we can be available if you need us even if just for a quick chat. In the day we can usually be found by our desk (in our sitting room) – the door is usually open but if not just knock. We will be out on the boarders landing from 5.30pm.

Assistant Houseparent

Miss Archer is our Assistant Houseparent who works alongside us to ensure you have a fantastic experience when you are in the house. She lives in a flat on the top floor of

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the boarding house, at the end of the boys' corridor and is your first point of contact during the night if you are feeling unwell or unsettled.

Boarding House Staff

We have a number of staff that come in to support us in the Boarding House on different nights.

They include:

Mrs Pargeter (Matron)

Mrs Titcombe (Matron)

Miss Gujral (Sports)

Mr Harris-Bass (Geography)

Mr Rogers (Maths)

Mr Coombs (Boarding Assistant)

Miss Lawrence (Boarding Assistant)

We are very lucky to have such wonderful staff that work with us who bring a range of skill sets. They care very much and will always be on hand to give you advice and meet your needs.

A typical day Boarding at St Hugh's

7.00am Wake up and get ready for the day

The Houseparent's, Assistant Houseparent and Matron will wake you, open your curtains and help you to get ready for your day ahead. When you are dressed, brushed your teeth and sorted your dorm you will come down to the boarders landing.

7:30am Roll Call

All pupils are required to be on time and dressed appropriately ready for roll call to be taken. There will be a register taken and any important notices read out to the whole house. This may include reminders of music lessons, sports fixture, appointments etc.

7.40am Breakfast

The catering team are amazing, we are incredibly lucky! They offer you two courses for breakfast – first you will have a choice of cereals, toast, juice and tea followed by a cooked option which will be different on each morning.

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8.15am School Day/off to Registration

You head to your form rooms for morning registration at 8.20am.

Can I come back to the Boarding House during the day?

The Boarding House will be out of bounds to all pupils during the school day. If you have forgotten something or need support, you can knock on Mr and Mrs Auld's door, find Mrs Pargeter in the Day Room or ask at reception to help you.

4.40 pm End of the school day/Clubs

At 4.40pm you will head to your after-school club.

5.30pm Boarders' Dress Down

You will head up to the Boarders' Landing and then your dormitory to get changed into home clothes.

5.40 Supper and sign in

You will make your way to the Dining Room where a 'sign in' will be done and where you will enjoy a delicious tea with your friends.

6.15pm Prep

This is when prep sessions begin for all the House. Depending on your year will depend on where you will go. Prep for Years 4, 5 and 6 prep takes place in F2 and Year 7 and 8 prep takes place in ICT2/ICT1. There will be at least one member of staff in each prep room to support you in your academic study.

(On a Wednesday there is no prep and there is a 30-minute slot used for either reading or quiet time)

6.45/7.30pm Activities/Free Time

After your prep finishes you have free time before you go up to bed. During this time you will have access to one of the school spaces available to us which include the Sports Hall, Astro or Art room or, you can chose to relax with your friends in the Common room / Boarders' Landing where you will find a pool table, piano, PS4 and Wii. In the summer you have the opportunity to play tennis or play on the fields with your friends where you will always be supervised by a member of staff.

7.15pm - 8:30pm Snacks

If you are feeling a little peckish before bed we have an allocated snack time for each year group which is 15mins before your shower time. This is available from the

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Boarders' Kitchenette before going up to bed. These include toast, cereal, fruit, and sometimes hot chocolate!

**If you are in Year 8 you are allowed to make a cup of tea as part of your snack as a special privilege.*

7:30-9.15pm Bedtime routine

The bedtime routine will always include a shower first, then 15 minutes of private reading to ensure you feel relaxed and calm before lights out and going to sleep.

- Year 4 – 7:30 Upstairs, lights out 8:00pm
- Year 5 – 7:45 Upstairs, lights out 8:15pm
- Year 6 – 8:00pm Upstairs, Lights out 8.30pm
- Year 7 – 8:15pm Upstairs, lights out 8:45pm
- Year 8 – 8:30pm Upstairs, lights out 9:00pm

Once your lights are out, we will expect respect of one another with no talking. Sleep is so important to ensure you are fully recharged to get the most out of your next day at school. Though, we fully appreciate sometimes it is difficult to get to sleep, it is important you remain quiet and calm so not to prevent others from sleeping. Sadly, if you continue to talk when asked not to you may receive a boarding consequence.

During the night

If you feel unwell or unsettled during the night you can contact Miss Archer or Mr and Mrs Auld. There is a bell outside Miss Archer's flat as well as a phone/intercom system on both the girls and boys landing. Depending on the dorm you are in will determine what mode of contact you use. Do not worry about this, on your first night of boarding we will show you how it works. We are always here to help you and want you to feel as supported throughout the night as much as during the day.

Wednesdays

Wednesday nights are a more relaxed affair as most of you will have been on fixtures during the afternoon so have no prep. You will have the option to watch films, play board games, go to the Sports Hall or relax outside.

After tea you will ensure your rooms are tidy, and beds are made. You will have a 20-40min period of quiet time before the evening's activity begins. Depending on the

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activity, expectations will differ. For example, if you are going to watch a movie, you will be asked to shower and get into your PJ's and dressing gown before you come to watch the film. However, if you are going to do something outside you will shower, as normal, before you get into bed.

Fridays

Friday night boarding is a time to celebrate the end of the week and where various special activities are organised. This will include things such as race night, bowling, ceilidh dancing, laser tag to name just a few. We encourage you to make suggestions on what you might like to do, and we can try to arrange it for you. On Fridays, you will get prep but you will have the option to do this on a Saturday morning after breakfast or take it home for the weekend.

Saturday Mornings

You will be woken up slightly later than usual at 8am. We will ask you to make your beds and get all of your belongings together and put ready in the Delft Room before coming down to enjoy a leisurely breakfast. After breakfast, there will be a study session (9am) using either, ICT2 or, the laptops on the boarders landing to complete any work if you so wish or to enjoy some relaxed free time with your friends. Your parents will then pick you up by 10:00am, or earlier if needed.

Other Events

We also run special evenings at different times during the term such as a Christmas party, pumpkin carving, spa nights, barbeque nights and the famous game of 'Spotlight' on special occasions. There is always something going on and if you keep an eye on the notice boards, you will see what special events are coming up.

Tuck

The House run's a boarders Tuck Shop, which will be open on a Wednesday and Friday evening. We will ensure there is a selection of chocolate and sweets for you to enjoy. However, tuck and snacks are **not** allowed to be brought in from home and no food is ever to enter the dorms.

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Where will I sleep?

The boys' dormitories are on the top floor and the girls' dormitories are on the first floor of the Manor House.

There are five boys' dormitories and four girls' dormitories, and you will be allocated one of the beds in one of these dormitories, depending on your gender and age. If you are a weekly boarder, you will keep the same bed for the half term. However, if you are a flexi boarder you just take an available bed in your specific dorm.

We try, where possible, to keep you with other boarders of the same age. It is possible by talking to Mr Auld that you can arrange a swap to another dormitory but there must be a good reason. You will not be able to mix with boarders that are more than a year apart from you in age.

Whether you are a weekly or flexi boarder you will need to bring in your own duvet cover (single) and pillowcase and, if you so wish, can also bring in your own duvet and pillow. This will give a 'home from home' feel.

If you are a weekly boarder, you are allowed to decorate dorms with appropriate posters or anything personal to make it feel more like home. We recommend that each boarder brings in photos from home to put up in their dorms.

We ask you all to take responsibility for the dorms and help the boarding staff by either reporting any damage in the dorms or by acting responsibly during a fire drill.

First night in boarding

When you come for your first night in boarding you will be given a tour of the house (if you have not already done so). We will show you all the fun communal spaces you can enjoy while you are with us as well as your cosy dorm and the dining room. We will also walk you through what would be expected in a fire-drill which would include where all the exit points are and where we meet to take the fire-drill rollcall (Manor carpark). If you have any questions just ask!

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Expectations

Within the Boarding House, you will be expected to maintain high standards of dress, appearance, academic endeavour, and behaviour as well as developing independence, individuality, and the ability to live with others.

Any Year 8 weekly boarders who consistently show excellence in these areas, as well as supporting all members of the house (staff and pupils) and regularly participating in boarding activities, can expect to be appointed as a Boarding Monitor and can apply to be the Boarding Head of House (boys & girls) for a term. If you are given the responsibility of Head of House or a Boarding Monitor you will be expected to show leadership and asked to undertake specific duties to ensure the standards of the house are maintained. Every Monday evening we hold a meeting with our team of Year 8s to get feedback on the week's boarding and to discuss new ideas. We welcome all our boarders to share ideas of what they would like to see/experience in the house so please always come forward. We also have a suggestions box located on the Boarders Landing so pop your suggestions in there too and we will see what we can do – remember this is your Boarding House and needs to meet your needs.

Privileges and Consequences

In the Boarding House, there are rewards/privileges in the form of 'Boarder of the week,' 'Best Dorm' and any outstanding behaviour. These may be awarded by any member of the boarding team and are discussed through the week.

All awards may be awarded to an individual who has shown any form of positive behaviour in line with the school core values or, for example, getting ready for bed quietly and sensibly, helping other boarders, making sure your area in the dorm is tidy or working well in prep. Awards may also be awarded to a dorm or collective group for similar exemplary behaviour.

During boarding, "school" sanctions will not be applied. The boarding staff will apply "home-style" consequences. For example, losing free time (Level 1) and giving back your time to the boarding community by doing jobs to improve the community. If the behaviour is consistent or above low level, you may be house gated (Level 2). You will be asked to sign in every 20mins with a member of staff and not be able to enjoy that evening's activity. If behaviour has not improved and is deemed dangerous or purposely rude (level 3), your parents will be emailed, and you will be asked to take

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time out of boarding. Level 2 and 3 consequences will be recorded electronically on school software (isams)

What if I want to contact someone?

Though we are a **NO** personal device house we have three telephones for you to use during boarding time to contact home. These are located on Mr and Mrs Auld's desk, the boarders telephone box (Boarders Landing) and the boarding mobile. Also, if your parents wish to speak to you they can phone or email us directly and we will always ensure you can call them back. During the evening there will be allocated times for you to call home.

You all have an email address, and you can email your parents and friends. Alternatively, you can simply write a card or letter and post it. If you need paper, envelopes, stamps etc. just ask Mr and Mrs Auld and they will get them for you.

What to do if something is worrying you?

It is very important that if you are unsure or unhappy with any aspect of your life as a boarder, no matter how small or trivial it may seem, that you come and talk to a member of staff about it.

Any of the Boarding House staff will happily give you as much time as you need. This will help you put things right and will support you if you need to phone home. If you are unsure who all the boarding staff are please take a look at the staff poster which will be found with all of them on the boarders landing. Also, if you wish to speak to someone from outside of school, you can contact our Independent Person, Mrs Hilary Lloyd . Her contact details can be found in the staff list above as well as on posters around the Boarding House on the notice boards and in the phone box.

As soon as you begin to talk about a problem, we can begin to sort it out. We are all here to help and make your boarding experience as enjoyable as possible.

WHO CAN I TALK TO?

You can talk to anyone you want to, but below are some key people who will always be willing to help you.

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1. Mr and Mrs Auld
2. Miss Archer
3. Members of the Boarding Staff
4. Your Personal Tutor
5. Member of daytime school staff
6. Your Parents
7. Your friends

Sometimes, it is difficult to speak about something and writing it down seems easier. If this is the case, you will find a secure box on the boarders landing where you can post your thoughts and/or problems. We will then read them and see how we can sort the situation in the most sensitive and effective way for you to ensure you feel supported and comfortable.

What if I want to talk to someone who does not know me, someone outside of the school?

We hope you will always be happy to talk to someone in the school, however, if you want to talk to someone outside of the school there are lots of people designated to help you.

1. There is an organisation called ISI who work with boarding schools to make sure everyone is looked after properly, you can reach them by telephone on 020 7600 0100 (Independent Schools Inspectorate, Ground Floor, CAP House, 9-12 Long Lane, London EC1A 9HA)
2. You can also call CHILD LINE on 0800 111 111 who will listen and try to help.
3. We also have an Independent Person, who is someone ready to listen to you and has no connection with the Boarding House. Her name is Mrs Hilary Lloyd and she can be contacted on 07914413077.

**PLEASE REMEMBER THAT IN LIFE, WE ALL HAVE PROBLEMS, MAKE MISTAKES, HAVE BAD DAYS AND GOOD DAYS AND THERE ARE TIMES WHEN WE NEED HELP.
SHARING THESE PROBLEMS MAKES THEM EASIER TO DEAL WITH AND PLEASE ALWAYS REMEMBER A PROBLEM SHARED IS A PROBLEM HALVED.**

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Homesickness

Boarding will be fun, challenging and fulfilling, although staying at school will always differ from living at home. Everyone feels a little homesick at some stage, no matter how old or brave you are or how many nights you are boarding for. It is totally natural to miss home; some boarders settle quickly, others take longer.

The house staff are very experienced in dealing with home sickness and will help and support you through it. We do recommend, after years of experience, that during your first night/nights/week of boarding, communication with home is kept to a minimum. This can be hard but, in our experience, it allows you to establish valuable relationships with your friends rather than being on the phone. Also, by the end of your first night/ nights/ week you will have lots more to talk about. Do not forget, you are not boarding forever!

Complaints

At some point, you might want to share a complaint with someone. As we all live together, you are entitled to have your say and if you are not happy or are worried about something, you should be able to talk about it.

You can talk the problem through with your Mr or Mrs Auld, your form tutor, personal tutor or subject teacher. If the problem is still not resolved, you can talk with any of the Deputy Head teachers; Mr Clarke (pastoral) or Mr Maitland (operations) or the Senior Tutors, Mr Clarke and Miss Ewins. Further still, you may wish to ask to talk to the Headmaster, Mr Leullier or Mrs Hilary Lloyd the Independent Listener.

Remember if you want to say something, people will listen, and you will not be judged for doing so.

Bullying

We have a zero-tolerance policy to bullying and follow the school Anti- Bullying Policy (available on the Boarders notice board found on the boarders landing). We want you to always feel supported and never on your own. You do not need to put up with feeling sad or uncomfortable so please share it with us so we can sort it out. We care about all our boarders and want your time spent with us to be enjoyable and memorable.

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Honesty

'Honesty is the best policy' – It sure is and it is certainly true in any community and particularly within a boarding house. We all want St Hugh's to be an environment which is honest, fair and where we feel we can be open.

It is against the school rules to meddle or play with other people's possessions without their permission, so do not 'borrow' them without asking. It is everyone's duty to stop dishonesty and if you see anyone taking another person's possession without permission then you should report it to a member of staff.

For us to all get along with others and trust each other, we must be honest. We will all at times, make mistakes and do something silly by pushing boundaries which may well result in you getting into trouble - this is okay. This will help how you learn and develop but it is important that you recognise your mistakes. Be brave, be honest about it and accept the consequences and then you can move on positively.

Respect

Showing respect for others is so important when being a boarder. Being respectful means showing care towards people and your surroundings.

Showing respect includes:

Listening to others

Playing fairly

Being kind

Using good manners

Waiting your turn

Helping

Having patience

Complimenting someone

Picking up after yourself

Mindful of how you are treating others

*Treat people exactly as you would like to be treated by them. Friendship is built on two key things: respect and trust.

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Boarding Guidelines

Boarding guidelines exist for the efficient running of the Boarding House and to ensure everyone is safe. Below is a list of some of these. These are common sense guidelines, which encourage us all to be better people in the way we behave, get along with each other and keep us from harm.

- ★ Respect the privacy of everyone.
- ★ Respect people's property.
- ★ Keep your appearance and your dormitory area tidy.
- ★ Always be polite and especially considerate to visitors. Do not use bad language.
- ★ Be truthful – honesty is the best policy.
- ★ Bullying is not tolerated.
- ★ Food is not taken into the dorms.
- ★ Do not bring money into school.
- ★ Be friendly to each other and look after one another.
- ★ Do not go out of bounds.
- ★ Boys do not enter girls' dorms and girls do not enter the boys' dorms.
- ★ Respect your dorm mates right to a good night's sleep and follow the guidelines at night and do not talk after lights out.

Boarders Code of Conduct

When boarding you must continue to follow the school's core values, however there are some other important points which form the Boarders' Code of Conduct.

Clubs/Activities

- When you have signed up for a club, make sure you attend
- Make sure you ask for permission if you need to miss a club.

Free time

- Always stay within the school boundaries we are using at the time.
- Respect school property and do not take what does not belong to you.

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Breakfast/tea

- Meet in the Dining Room on time – 7.40am for breakfast.

5.30pm for tea

- Talk quietly in the Dining Room
- Show good table manners.
- Eat well and help to clear your table.

Prep time

- Make sure you have your Prep Diary and all the things you need at the beginning of prep.
- Work quietly and respect others around you.

Dormitories

- Respect the dorms and your peers.
- Be calm, talk quietly and walk around the Boarding House.
- Keep your bed area tidy and always hang up your dressing gown and fold your uniform ready for the next day.
- Stay quiet after lights out and get some sleep!

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