FirstHealth of the Carolinas

Montgomery County School Health Centers
East & West
2010-11 "At a glance"

Gina Smith, MSN, FNP-C

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The North Carolina Department of Health and Human Services
School Health Unit

Certifies that the

FirstHealth of the Carolinas

Montgomery County School Health Centers, East & West

meet the rigorous standards of credentialing

and are hereby recredentialed for a period of three years

this day of May 13, 2011

Dr. Dan Garson-Angert

Program Director, North Carolina, DHHS

School Health Unit

Date

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North Carolina BCBS Foundation Community Ties Award



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NASBHC/Kaiser Permanente Oral Health Grant

- Enhance capacity of clinicians to deliver oral health preventive services
- 150 oral screenings (August 2011-March 2012)
- Application of dental varnish
- Oral Health Education
- Facilitate referrals for definitive treatment of identified oral health problems

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Free Sports Physical Clinic
June 4, 2011



144!

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School Health Centers… All in a Day's Work

- Acute illness visits – CC: Strep; influenza; sinusitis; allergies; "pink eye"; appendicitis; pyelonephritis; fractures
- Comprehensive Health Assessments – (WCCs)
- Sports physicals - >200
- Lab testing/venapuncture
- Nursing visits – CC: H/A & stomach ache
- Immunizations
- GAPS risk assessments
- Nutrition services
- Mental health services
- Scheduling/Billing



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Other Services…

- Staff acute medical visits
- Staff/student emergencies
- Mental health emergencies
- BCLS Instructor Class to school nurses (cost savings of $600 to MCS)

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2010-11 "At a Glance"

Montgomery County School Health Center – ***East***

- Total number of users – **628**
- Nursing visits – **1632**
- Medical visits – **151**
- Preventive visits – **1050**
- Behavioral/mental health visits – **475**
- Nutrition visits – **913**

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2010-11 "At a Glance"

Montgomery County School Health Center – ***West***

- Total number of users – **423**
- Nursing visits – **1621**
- Medical visits – **128**
- Preventive visits – **504**
- Behavioral/mental health visits – **219**
- Nutrition visits – **695**

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Total Visits…

7419!



397 more than 09-10!!

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Insurance Status

EMS

- Medicaid/NC Health Choice – 61%
- Uninsured – 21%
- Private insurance/other – 18%

WMS

- Medicaid/NC Health Choice – 57%
- Uninsured – 14%
- Private insurance/other – 29%

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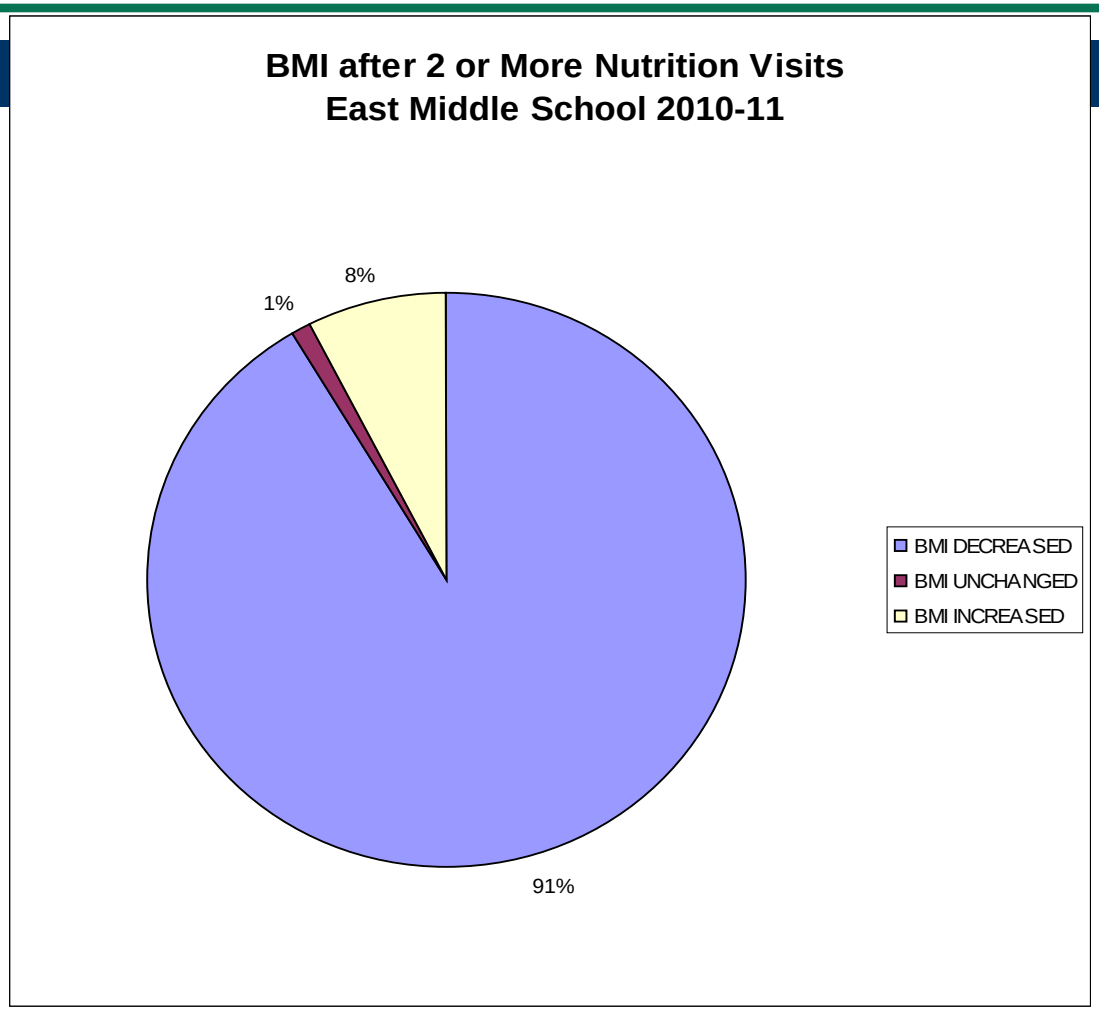
Nutrition



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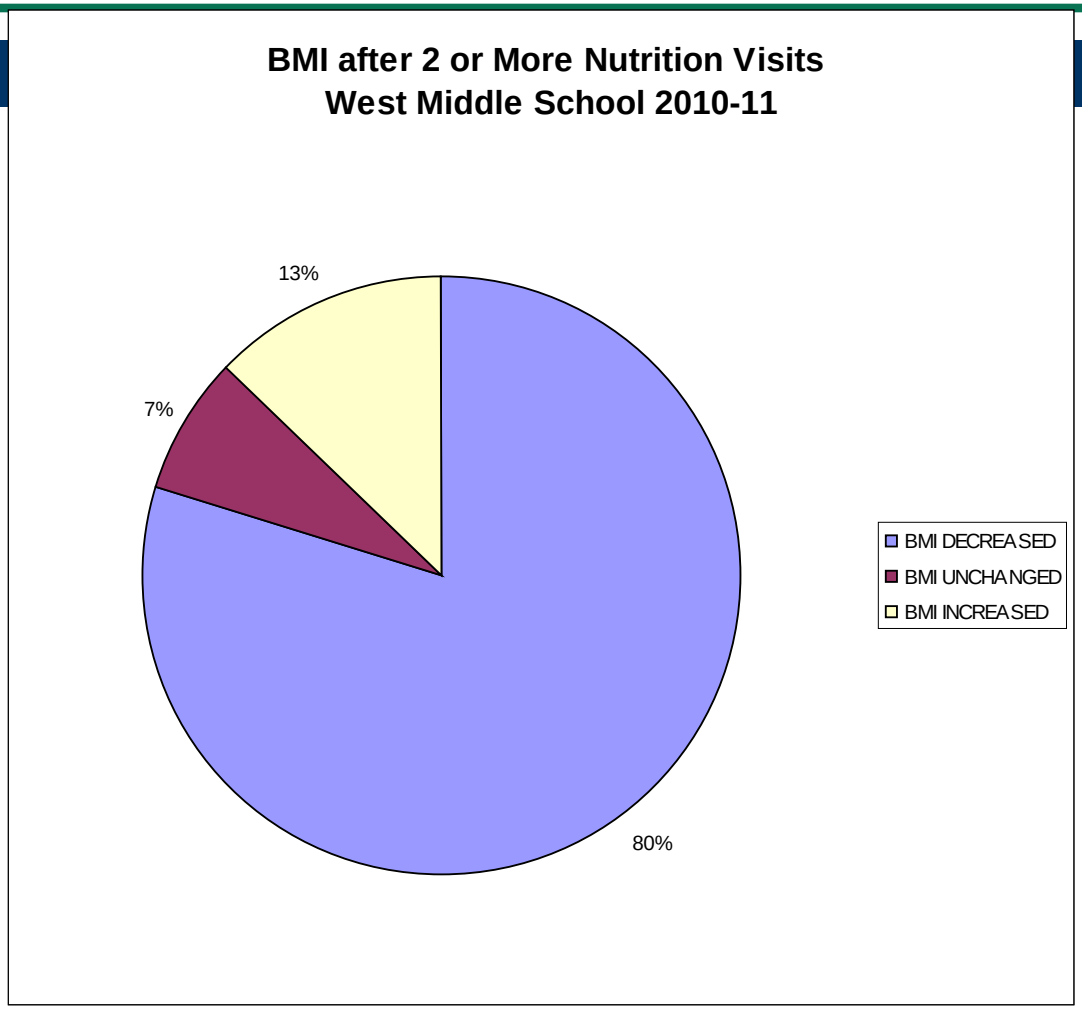
Nutrition



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Mental Health



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Immunizations

- Tdap
- Hepatitis A
- Hepatitis B
- HPV – males & females
- Meningococcal
- MMR
- Varicella



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Immunizations

Seasonal Flu – 275



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Immunizations

- Tdap for upcoming 6th graders
- Candor
- Green Ridge
- Mt. Gilead
- Page Street
- Star Biscoe
- Total Tdaps – **214**

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Immunizations

Total Immunizations Given:

2,028



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BMI Trends – 2010-11



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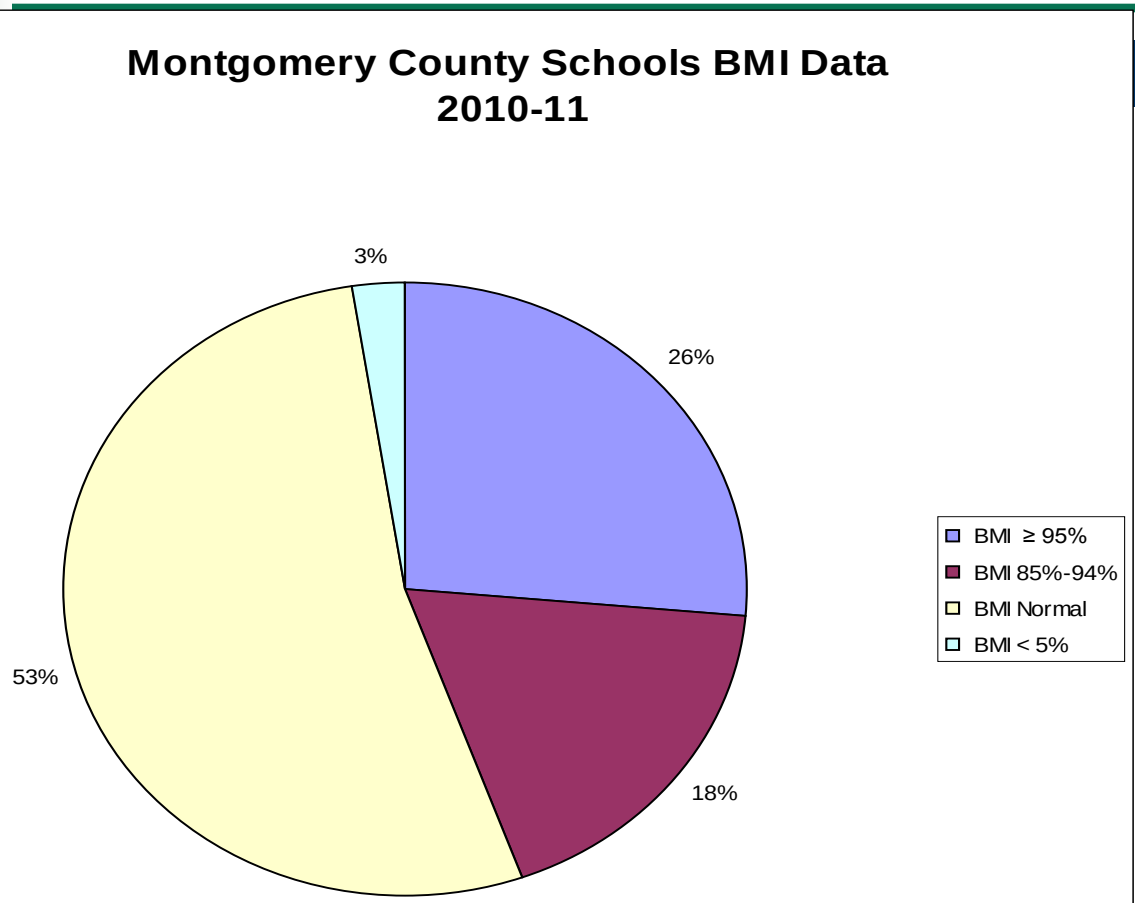
BMI Trends – 2010-11



Overweight/Obesity

↓ 3% from 2009-10

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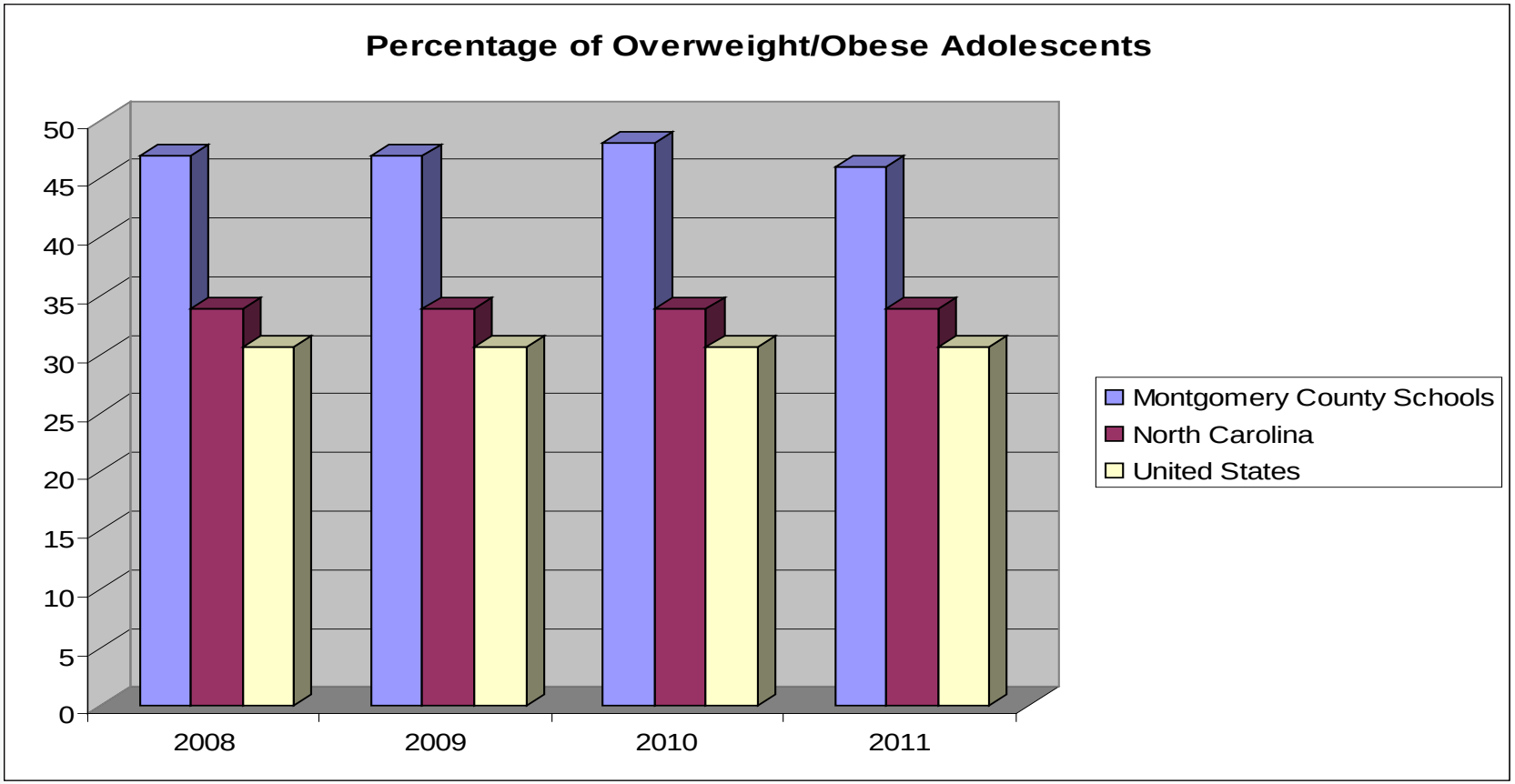
BMI Trends – 2010-11



Montgomery County Adolescent Obesity/Overweight ↓ 2%!!

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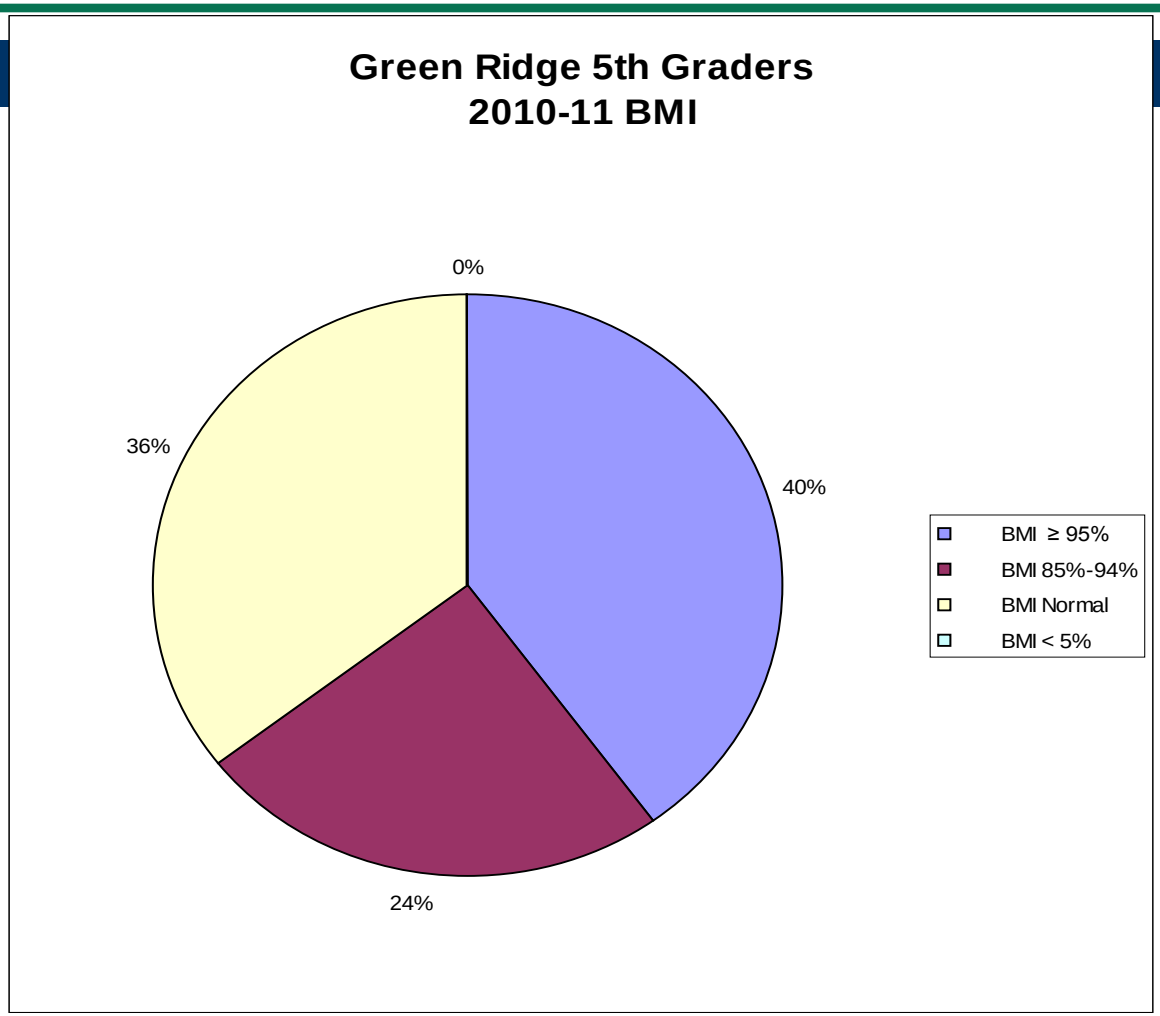
BMI Trends – 2010-11



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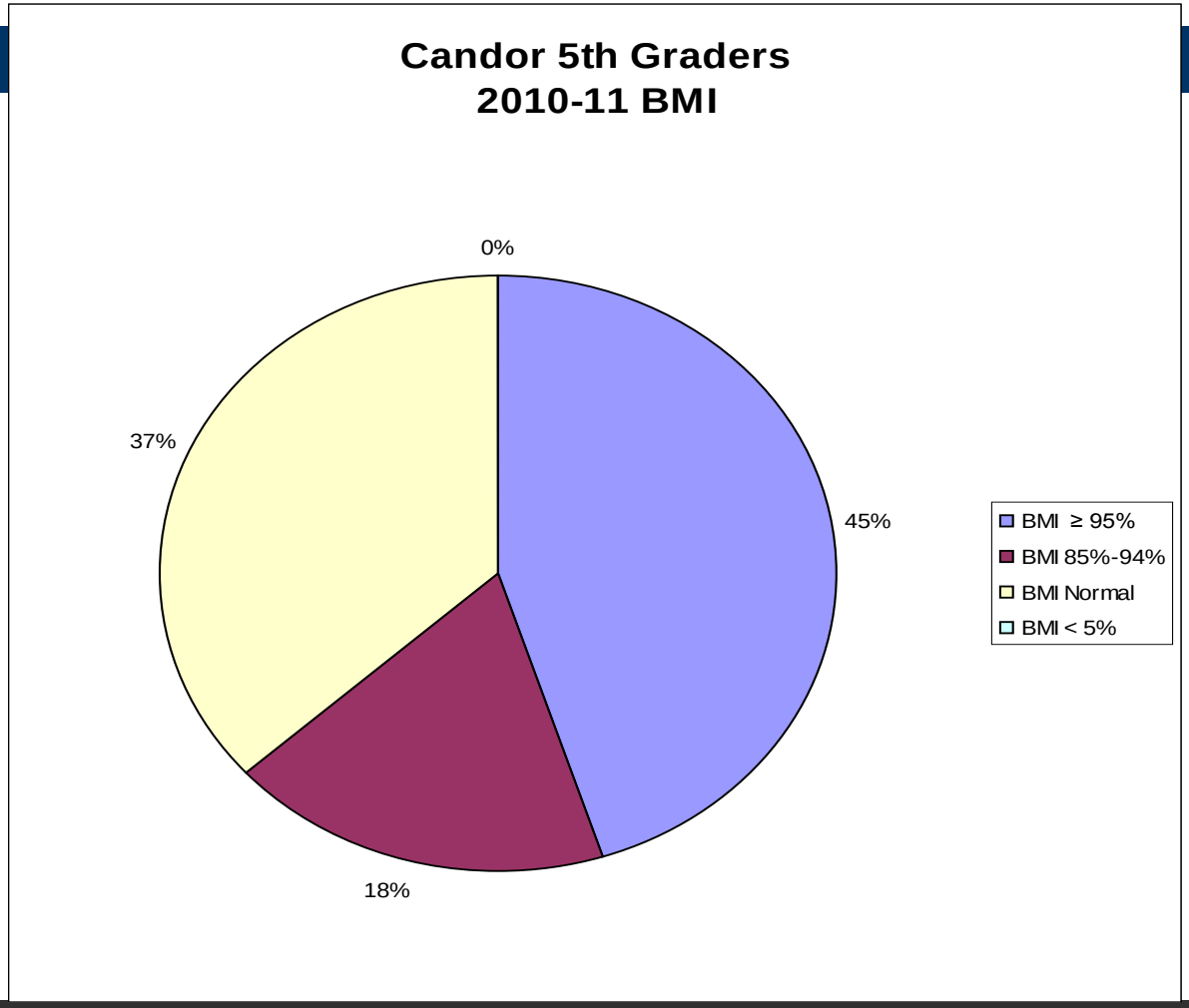
BMI Trends – 2010-11



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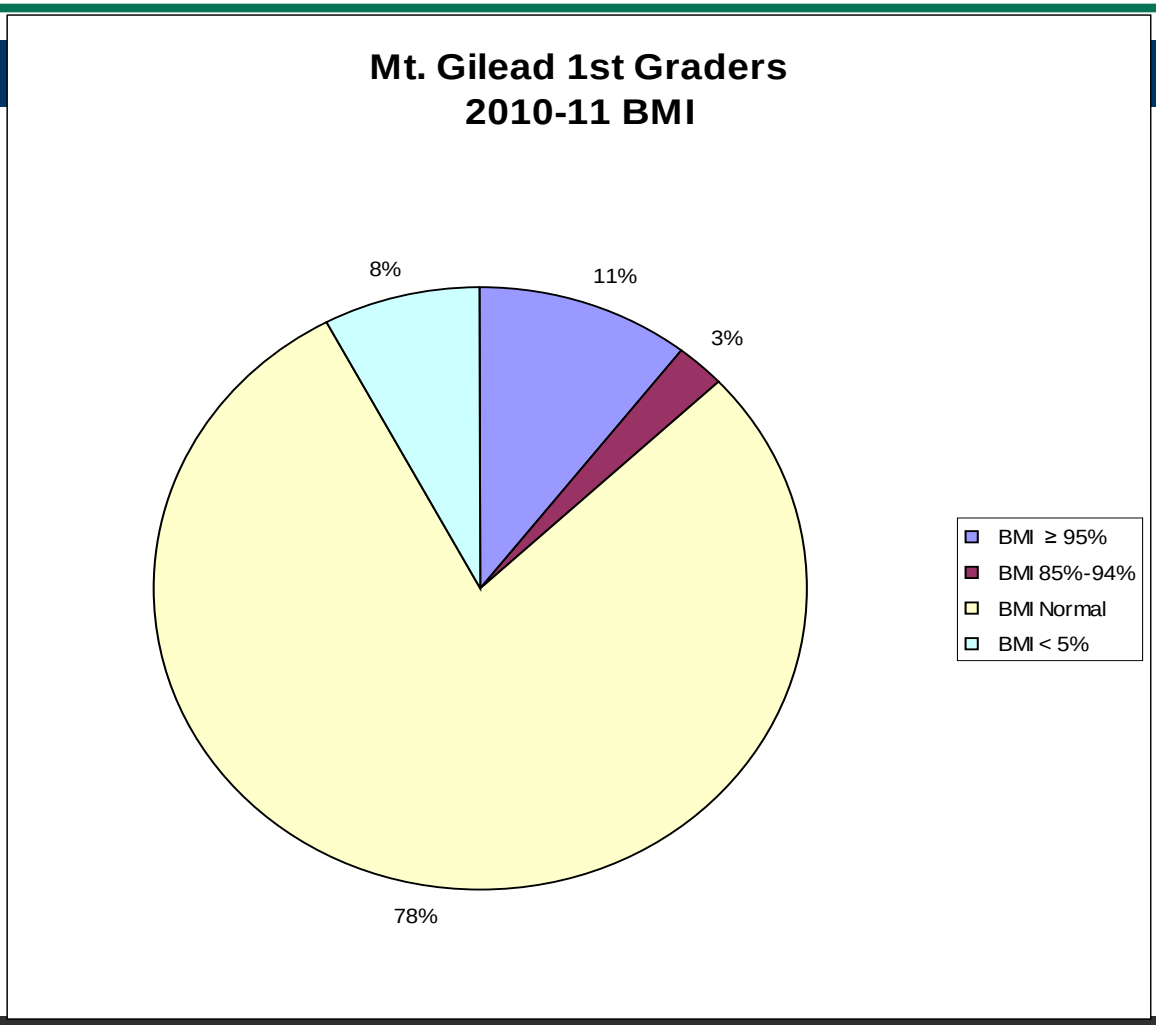
BMI Trends – 2010-11



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Looking Ahead…2011-12

- Nutrition Educator
- Implementation of Oral Health Grant
- HRSA Grant – two site-built SHCs and implementation of telehealth, EMR

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Montgomery County School Health Centers

East



West



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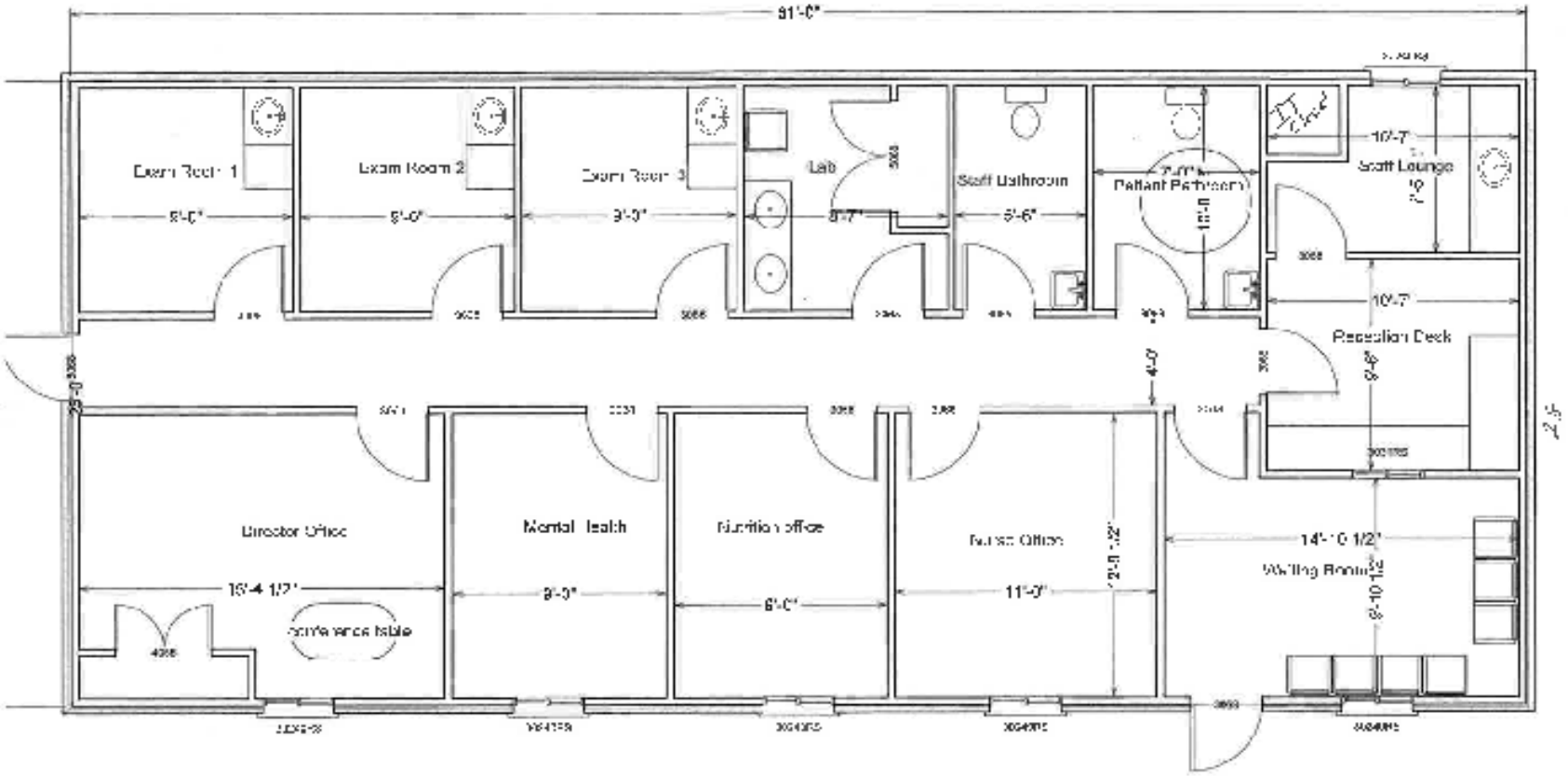

81'-0"
Exam Room 1
Exam Room 2
Exam Room 3
Lab
Staff Bathroom
Patient Bathroom
Staff Lounge
Reception Desk
Director Office
Mental Health
Nutrition office
Nurse Office
Waiting Room
Conference table

LIVING AREA

Telehealth



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Looking Ahead…2011-12

- Provide comprehensive, high quality healthcare to students regardless of their ability to pay
- Aggressively address childhood obesity
- Compassionately and effectively address mental health issues
- Remain credentialed SHCs
- Continue to actively seek innovative solutions/funding opportunities to promote sustainability

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Caring for People



- **M**otivated to Achieve
- **C**hild Centered
- **S**ervice Driven

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Thank You!



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