

FirstHealth of the Carolinas
Montgomery County School Health Centers
East & West

Montgomery County Board of Education Meeting
Monday, October 5, 2015

2014-15 School Year “At a Glance”
Gina Smith, MSN, FNP-C

2014-15 “At a Glance”

Montgomery County School Health Centers

1,276 Registrants

- Total number of users – 1,175
- Nursing visits – 3,088
- Medical visits/Telehealth – 164
- Preventive visits – 1,907
- Behavioral/mental health visits – 329
- Nutrition visits – 580
- MCS Staff visits – 422



Sports Physicals



708 Total!!

Total Visits...

6,442!!!



Immunizations

All required and recommended:

- Hepatitis A/Hepatitis B
- HPV
- Influenza
- Meningococcal
- MMR
- Tdap
- Varicella



Immunizations

**1060 flu shots
to students and staff**



Influenza

- Already seeing patients in Montgomery and surrounding counties who are testing positive for the flu
- Best defense is a flu shot – this year's vaccine has been redesigned to better protect against the flu
- SHCs have given **633** flu shots to date
- SHCs continue to vaccinate against the flu with quadravalent vaccine



Immunizations

Total Immunizations Given 2014-15:

2,102!!



897 Vaccines Given 2015-16 YTD

Dental Screenings



139 Dental Screenings

2015 – SBHA NQI - COIIN

National Quality Initiative (NQI)

Collaborative Improvement and Innovation Network (CoIIN) learning collaborative

- Learn from each other and experts in the field to collectively make improvements in two focus areas:
 - **Standardized Performance Measures:**
Building the capacity to document and report the first-ever standardized set of national performance measures for SBHCs
 - **Sustainable Business Practices:** Improving how SBHCs position themselves in today's health care marketplace by implementing business-savvy practices

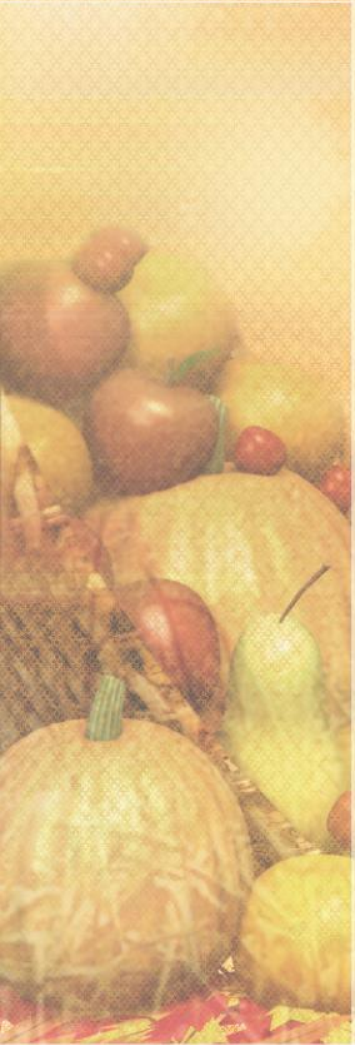


Kids in Crisis – Mental Health

- 2015 FirstHealth Foundation Fundraiser
- Kids in Crisis with a focus on mental health
- Youth Mental Health First Aid –
October 2, 2015
- Teen Intervene Training –
October 30, 2015

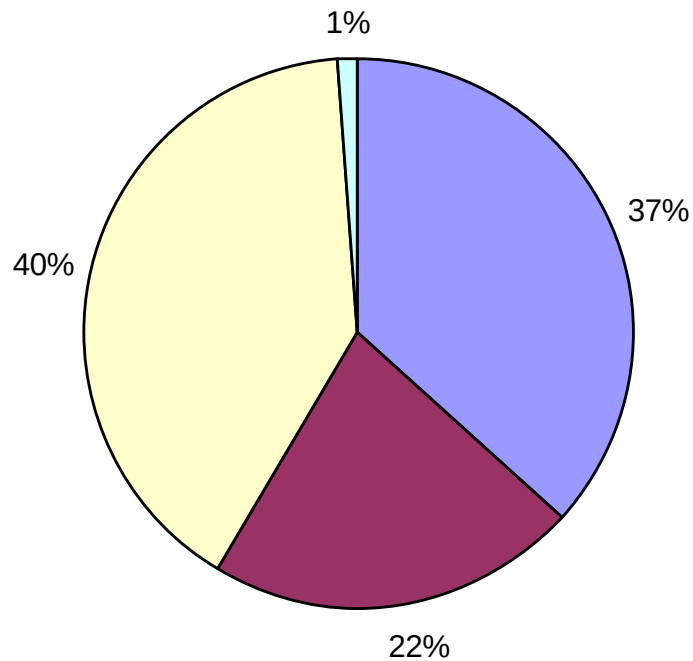


BMI 2014-15



Childhood Obesity

East Middle SHC 2014-15



- BMI $\geq$ 95%
- BMI 85%-94%
- BMI Normal
- BMI < 5%

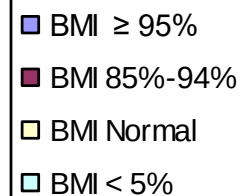
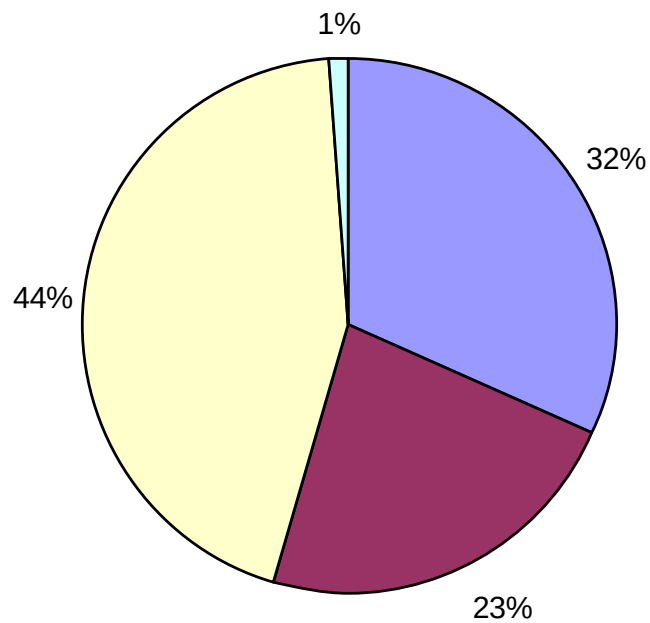
Childhood Obesity

East Middle SHC BMI after Nutrition follow-up visit



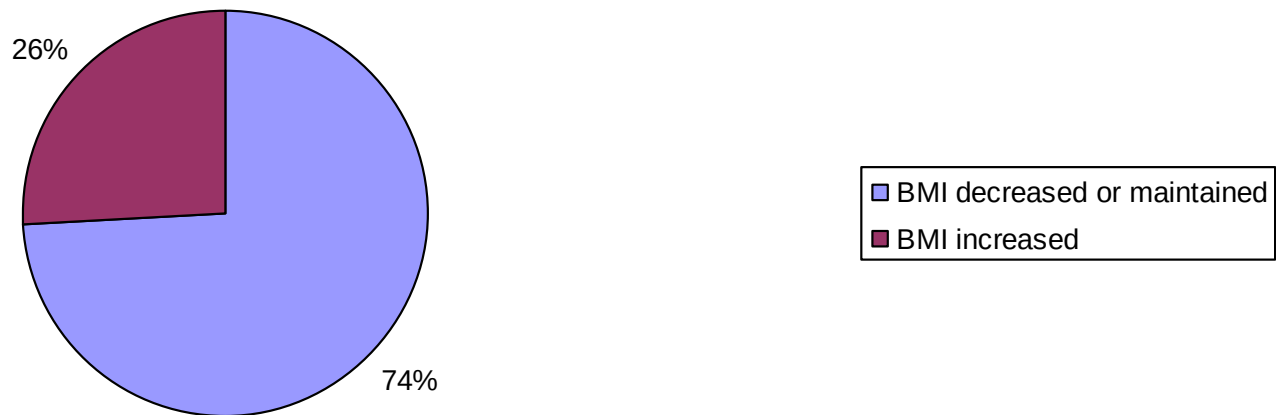
Childhood Obesity

West Middle SHC 2014-15



Childhood Obesity

West Middle SHC BMI after Nutrition follow-up visit



What's Ahead in 2015-16..



- New Nutrition Educator
- Provide comprehensive, high quality healthcare to students regardless of their ability to pay
- Continue to provide required/recommended immunizations – help meet new 2015 requirements for Meningococcal vaccine for upcoming 7th graders
- Continue to aggressively address childhood obesity
- Continue to compassionately and comprehensively address mental health issues
- Continue to actively seek innovative solutions/funding opportunities to promote sustainability



What's Ahead in 2015-16..



Continue in partnership with the Montgomery County Schools to:

- *Graduate life-ready globally competitive citizens*
- *Support students in being “Healthy/Responsible” to promote health and wellness, which will in turn promote academic achievement, decrease absenteeism, OSS, and teen pregnancy*



"It is literally true that
you can succeed best
and quickest by helping
others to succeed."

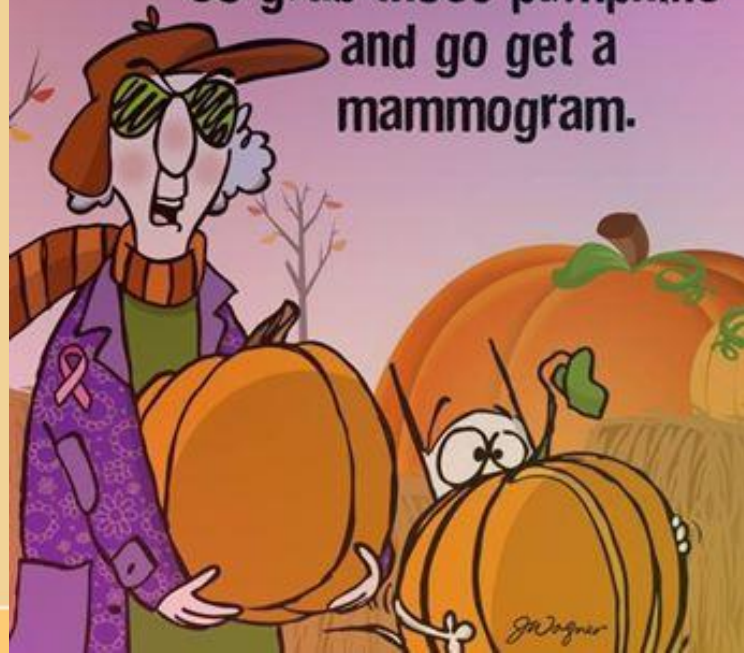
Napoleon Hill



Think Pink....

***October is Breast Cancer Awareness
Month***

**October is National Breast
Cancer Awareness Month.
So grab those pumpkins
and go get a
mammogram.**



Thank You & Happy Fall



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