



PUBLIC SCHOOLS OF NORTH CAROLINA

DEPARTMENT OF PUBLIC INSTRUCTION | June St. Clair Atkinson, Ed.D., *State Superintendent*

WWW.NCPUBLICSCHOOLS.ORG

August 11, 2016

Dear Superintendent:

The North Carolina Department of Public Instruction (NCDPI) was awarded \$2,544,986 in federal grant funds to implement an abstinence education program within our state. The State Plan, developed by NCDPI, will fund 28 of the 115 local education agencies (LEAs) and allow North Carolina to implement abstinence education based initiatives. Priority LEAs are located across the state and were designated using data such as high teen birth rates, teen pregnancy rates, teen secondary pregnancy rates, and high rates of free and reduced lunch. **Your LEA has been selected to receive a Title V Abstinence Education Grant Program (AEGP) sub award, pending State Board of Education (SBE) approval.**

As a sub awardee, your LEA will receive \$50,000 of these Title V AEGP funds to support program implementation in your district from October 1, 2016, to September 30, 2017. If the United States Congress elects to extend the program, your district may be eligible for an additional \$50,000 to be used during the subsequent fiscal year. The purpose of the Title V AEGP State Plan is to create sustainable efforts that promote positive youth development through the provision of professional training strategies that will develop the knowledge and skills of key staff currently in place.

If your LEA selects to participate, you must agree to the following terms outlined in this letter. Additional details will be provided upon SBE approval of the program implementation. Upon receipt of funding, LEAs must agree to:

- complete a Memorandum of Agreement and other mandatory forms;
- create a 3- to 5-member team that consists of the following: an administrator, a school nurse, a school counselor/social worker, a teacher responsible for teaching sexuality education, and/ or school resource officer;
- attend required meetings and professional development (PD) workshops;
- create a plan for applying the information obtained in required meetings and PD for implementation at the school level; and
- submit required reporting data by the due date semi-annually to be included the federal Title V AEGP report.

If you have any questions, or if you are not interested in participating in this opportunity, please contact Nakisha Floyd, Abstinence Education Consultant at (919) 807-3942 or Nakisha.floyd@dpi.nc.gov.

Sincerely,

Handwritten signature of June St. Clair Atkinson.

June St. Clair Atkinson

JSA/NF/ab

OFFICE OF THE STATE SUPERINTENDENT

June St. Clair Atkinson, Ed.D., *State Superintendent* | june.atkinson@dpi.nc.gov
6301 Mail Service Center, Raleigh, North Carolina 27699-6301 | (919) 807-3430 | Fax (919) 807-3445
AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER

September 20, 2016

TO: Select LEAs

FROM: Ellen Essick, PhD, Section Chief, NC Healthy Schools Section
Nakisha Floyd, MA, CHES, RHEd, Abstinence Education Consultant,
NC Healthy Schools Section

Federal Title V State Abstinence Education Grant Program Information

The North Carolina Department of Public Instruction (NCDPI) was awarded federal grant funds to implement an abstinence education program within our state. The State Plan, developed by NCDPI, will fund up to 28 of the 115 local education agencies (LEAs) and allow North Carolina to provide abstinence education to fifth and sixth grade students using a multi-pronged approach. Priority LEAs are located across the state and were prioritized using such data as high teen pregnancy rates, high teen secondary birth rates, percentage of students receiving free or reduced lunch and high rates of children aged 0-17 in foster care. **Your LEA has been selected to receive Title V Abstinence Education funds.**

The 28 LEAs receiving Title V Abstinence Education Grant Program (AEGP) sub awards must agree to implement the following plan:

Administrative Requirements:

1. Each LEA will be asked to create an abstinence team that will consist of at least two of the following; administrator, health teacher, school nurse and school counselor or social worker. The team will coordinate the health education, health services, behavioral health services and professional development for all appropriate LEA staff and students.
- Each team will be required to attend an annual meeting which will provide professional development on abstinence education using the *Whole School, Whole Community, Whole Child Model* (WSCC) approach. The WSCC model is an expansion of the former Coordinated School Health (CSH) approach, and focuses on addressing critical education and health

outcomes, organizing collaborative efforts and initiatives, and strongly engaging community resources to support students. This meeting will also focus on networking opportunities for LEAs to learn about each other's policies and practices, program monitoring, and methods of data collection.

2. Each LEA is required to identify a direct contact person for the local Title V AEGP. Please provide name, email, and telephone number to the Abstinence Education Consultant, Nakisha T. Floyd by email at Nakisha.floyd@dpi.nc.gov or via telephone at (919) 807-3942.
 - a. If changes occur to the contact person, please update all information with the Abstinence Education Consultant as soon as new information is available.
3. Each LEA is required to submit semiannual progress reports to the Abstinence Education Consultant located at NCDPI on April 10th and October 10th of each funded year. April 10th reports will cover project dates of 9/30 to 3/31, and October 10th reports will cover 4/1 to 9/29 project dates. Reports must highlight the following:
 - a. The unduplicated count of students, staff, community members or others served using the federal program dollars.
 - b. The areas/schools being served using the federal program dollars.
 - c. The types of programs, activities, or initiatives being implemented using the federal program dollars.
 - d. The number of hours those programs, activities, or initiatives are implemented.

Professional Development Training Requirements:

4. The professional development trainings offered that will increase instructional skills, mentoring, counseling, and adult supervision will be the following: *What Do Kids Need To Know*, *Mental Health First Aid*, *Darkness to Light*, *How to be an Ally*, and *ASIST*. The trainings listed are subject to change based on availability.
- The *What Do Kids Need To Know* training will focus on providing sexuality education-specific lessons and teaching strategies that address puberty, abstinence, and the development of healthy relationships.
 - The *Mental Health First Aid* course teaches participants how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training provides the skills needed to reach out and provide

initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

- The *Darkness to Light* training is designed to raise awareness of the prevalence and consequences of child sexual abuse by educating adults about the steps they can take to prevent, recognize and react responsibly to the reality of child sexual abuse.
- *How to be an Ally for Lesbian, Gay, Bisexual, Transgender and Questioning Youth* (ALLY). At the completion of this training, participants will be able to describe the experiences of sexual and gender minority youth in public schools, identify the disproportionate rates of HIV transmission among young men who have sex with men, explain the higher rates of suicide, suicide attempts, and self-destructive behaviors among LGBTQ youth and model how to be an ally in the school setting.
- The *ASIST* training is an internationally recognized youth suicide prevention program. This workshop is a skills-based program developed to:
 - Reduce barriers that hinder the ability to be direct and comfortable with suicidal situations,
 - dispel myths about youth suicide,
 - identify the indicators and assess suicidal risk,
 - intervene with youth at risk of suicide, and
 - engage in efforts to build collaborative resource networks for suicidal youth.

Rationale for Professional Development/Training Opportunities:

By educating administrators and staff about mental health, child sexual abuse, and youth suicide, they become better prepared to identify and refer students in need. This in turn, may give students the resources and support needed to delay risk-taking behaviors including the initiation of premature sexual activity. The use of *What Do Kids Need To Know*, *How to be an Ally*, *Mental Health First Aid*, *Darkness to Light*, and *ASIST* professional development trainings will focus on a trauma-informed care approach, increasing skills that will allow school personnel to recognize, intervene and refer students with health and behavioral health needs to the appropriate resources.

Positive Youth Development:

5. Each LEA should have at least one school team, consisting on two adult supervisions (school staff) and 4 to 6 students, apply to participate in the Student Leadership Institute (SLI).
 - SLI is a 4-day residential summer program, based on a positive youth development approach, which is designed to prepare students to take active roles in their schools and communities through service learning, civic engagement, and character development.

Rationale for Positive Youth Development Component: Students who participate in service-learning activities, have a sense of school connectedness, and have positive relationships with a trusted adult in addition to supportive parents perform better academically and are less likely to participate in risk-taking behaviors, including premature sexual activity.

Classroom Health Education:

6. LEAs should provide your 5th and 6th grade students with medically-accurate and evidence-based puberty education and abstinence education.

Abstinence Education/Puberty Education Curriculum for Students

Puberty: The Wonder Years (8-12 years old)

Making A Difference (11-13 years old)

- *Puberty the Wonder Years* teaches children about puberty and prevents them from being frightened by unexplained changes in their bodies and emotions. It also helps young people learn to manage their sexuality in healthy ways over the many years between the onset of puberty and the development of mature, committed relationships.
- *Making A Difference* is an evidence-based, abstinence approach to teen pregnancy and HIV/STD prevention. The 8-module curriculum provides young adolescents with the knowledge and skills necessary to reduce their risk of sexually transmitted diseases, HIV and pregnancy by abstaining from sex.

Rationale for Health Education: Students who receive medically-accurate and evidence-based sexuality education are more likely to delay engaging in

sexual behavior that may lead to pregnancy and sexually transmitted infections. (STIs).

Additional Options:

- Other medically-accurate programs or youth-development focused programs that meet the specific needs of your LEAs student population may be considered.
- LEAs may contract with specific service providers, agencies, or organizations within their communities to meet the needs of their students.

By signing the attached Memorandum of Agreement, your LEA agrees to the participate in the federal Title V North Carolina Abstinence Education Program (1601 NCAEGP) based on the program guidelines outlined above. All participating LEAs will receive a sub award of \$50,000 to implement this program at the district level.

Memorandum of Agreement

THIS MEMORANDUM OF AGREEMENT is made and entered into between North Carolina Department of Public Instruction, hereinafter referred to as "DPI" and the Montgomery County Schools, hereinafter referred to as MCS

WHEREAS, DPI and MCS are public agencies authorized to enter into Memorandum of Agreements, and

WHEREAS, the parties, in accordance with and pursuant to applicable state and federal laws, desire to jointly exercise their respective powers so as to strengthen the coordination of abstinence education school health initiatives in a collaborative manner;

NOW, THEREFORE, DPI and MCS, in consideration of the mutual covenants and agreements herein contained, do hereby agree as follows:

I. DEFINITIONS

As used in this Agreement:

- A. "Department of Public Instruction" means the Department created within the Executive Branch and established as a single, unified department to administer the laws and exercise the functions relating to K-12 Education and the public schools of North Carolina.
- B. "Local Education Agency" means a public school district that oversees multiple schools and is responsible for operating the public school system, distributing grant money to school projects, and contracting for educational services.
- C. "State Superintendent" means the Superintendent of Public Instruction.
- D. "ACF", means the Administration of Children and Families
- E. "Cooperative Agreement" means the cooperative agreement for Program Announcement HHS-2016-ACF-ACYF-AEGP-1131 between the Administration of Children and Families and the North Carolina Department of Public

Instruction: "Title V State Abstinence Education Grant Program."

- F. "NC Healthy Schools Institute" means a statewide, three-day conference designed to impart knowledge and skills to participants regarding Coordinated School Health Programs.

II. EFFECTIVE DATE AND TERM

By signing this Memorandum of Agreement, your LEA is agreeing to the participate in the federal Title V North Carolina Abstinence Education Program (1601 NCAEGP) based on the attached program guidelines. All participating LEAs will receive a sub award of \$50,000 to implement this program at your district level. Funds will be available and identified under PRC101.

This Agreement shall be effective for a term commencing on **October 1, 2016 and shall terminate September 30, 2018** and/or upon the completion of all activities made subject to the terms of this Agreement. This Agreement is open to amendments and review on a yearly basis by both organizations. This Agreement will continue for the duration of the ACF funding unless the State Superintendent or MCS wish to terminate the Agreement, in which case one shall notify the other in writing. A sixty (60) day notice shall be given prior to termination of the Agreement.

III. SCOPE OF AGREEMENT

The parties shall collaborate to develop and implement Program Announcement HHS-2016-ACF-ACYF-AEGP-1131 federal **Title V North Carolina Abstinence Education Program (1601 NCAEGP)** at both state and local levels in accordance with this Agreement.

IV. ADMINISTRATION OF AGREEMENT

Program Announcement HHS-2016-ACF-ACYF-AEGP-1131 Title V State Abstinence Education Grant Program shall be implemented at both state and local levels in accordance with this Agreement.

- A. DPI shall be responsible for:
 - 1. The Healthy Schools Section Chief will work collaboratively with the local superintendent to ensure

efforts are consistent with Program Announcement HHS-2016-ACF-ACYF-AEGP-1131 Title V State Abstinence Education Grant Program (AEGP) goals and objectives. The Abstinence Consultant and will report directly to the NC Healthy Schools Section Chief within the North Carolina Department of Public Instruction.

2. Evaluating the activities conducted pursuant to the terms of this Agreement.
 3. Monitoring the activities made subject to the terms for this Agreement at such times and at such intervals as the Department deems necessary or desirable to ensure that the terms of the Agreement with ACF are being implemented.
 4. Planning, communicating, and reporting activities associated with the Cooperative Agreement Program Announcement HHS-2016-ACF-ACYF-AEGP-1131 Title V State Abstinence Education Grant Program.
 5. Participating in required national and regional meetings for abstinence education as directed by ACF.
 6. Participating in meetings for the purpose of continuing progress in abstinence education initiatives at the state and local levels.
 7. Drawing and transferring sufficient funds to MCS as stipulated in budget agreements.
- B. DPI shall be responsible for cooperating with MCS in:
1. Providing technical assistance as deemed appropriate or desirable for the implementation of the activities made subject to this Agreement.
 2. Providing coordination within the Departments' programs to strengthen abstinence education programs and policies and coordinated school health initiatives in North Carolina.
 3. Ensuring all activities set forth in the Agreement are accomplished.
 4. Recommending and advocating for policies and programs related to improving academic achievement by increasing abstinence education.
 5. Working collaboratively to collect youth risk behavior and school health policies and practices data.
 6. Ensuring all activities set forth in the Agreement are limited and coordinated with the efforts of the North Carolina State Board of Education.

- C. MCS shall:
 - 1. Abide by the terms and conditions of the Cooperative Agreement.
 - 2. Maintain an abstinence education program coordinator to plan efforts that are consistent with the Cooperative Agreement goals and objectives. The position shall be responsible for:
 - a. Cooperative Agreement Program Announcement HHS-2016-ACF-ACYF-AEGP-1131 Title V State Abstinence Education Grant.
 - b. Providing coordination among the (LEA) programs to strengthen abstinence education programs and coordinated school health in North Carolina.
 - c. Ensuring all activities set forth in the Agreement are accomplished.
 - d. Developing and implementing programs, policies and resources at the local level that can strengthen abstinence education initiatives.
 - e. Overseeing the development and implementation of marketing strategies for abstinence education at the local level.
 - f. Overseeing the development of strategies for abstinence education initiative trainings.
 - g. Working collaboratively to collect youth risk behavior and school health policies and practices data.
 - 3. Participate in required national, state and regional meetings for abstinence education as directed by ACF.

V. EXPENDITURES

- A. DPI will transfer sufficient funds to Montgomery County Schools staff for expenses and activities pursuant to this Agreement and in accordance with the budget set forth in the announcement HHS-2016-ACF-ACYF-AEGP-1131.
- B. Transfers shall be made upon submission of previous monthly expenditure reports by Montgomery County Schools on forms approved by DPI and in accordance with timelines agreed upon by both organizations.

C. Montgomery County Schools shall maintain and submit invoices to substantiate expenditures.

VI. MAINTENANCE OF RECORDS

The parties agree to keep such records as may be required by DPI and Montgomery County Schools relative to the subject matter of this Agreement. These records may be subject to inspection by the ACF, DPI and the State Auditor or her designee.

VII. FINANCIAL ACCOUNTABILITY

Montgomery County Schools shall permit authorized representatives of DPI, the State Auditor and ACF to inspect and audit all data and records relating to the performance of this Agreement.

VIII. STRICT ACCOUNTABILITY OF FUNDS

The parties shall provide for strict accountability of all monies made subject to this Agreement.

IX. USE OF CORYRIGHTED WORK

Montgomery County Schools hereby acknowledges the right of DPI and ACF to a royalty-free nonexclusive and irrevocable license to reproduce, publish, or otherwise use, and to authorize others to use, for governmental purposes, the copyright of any work developed under this Agreement.

X. EXECUTION OF DOCUMENTS

DPI and Montgomery County Schools agree to execute any document(s) necessary to implement the terms of this Agreement.

XI. AMENDMENT

This Agreement shall not be altered, changed, or amended except by an instrument in writing executed by the parties hereto and approved by the Finance, Program and Administration leadership of both organizations.

XII. REPAYMENT OF FUNDS

- A. Montgomery County Schools shall repay to DPI any amounts which ACF orders DPI to repay due to the failure to comply with applicable statutes, regulations and requirements.
- B. DPI shall have the right to recover all amounts which are found to have been disbursed or expended in violation of general accepted accounting principles or applicable state or federal statute or regulations.

XIII. AVAILABILITY OF MONIES

The terms of this Agreement are contingent upon sufficient appropriations being made by the U.S. Congress and said appropriations being made available to DPI by ACF. DPI's determination as to whether sufficient appropriations are available shall be final and binding upon the parties. DPI shall notify Montgomery County Schools within five (5) working days of notification that monies are no longer available.

XIV. DISPOSITION, DIVISION OR DISTRIBUTION OF EQUIPMENT AND SUPPLIES

All disposition, division, and/or distribution of materials, equipment, and supplies acquired pursuant to this Agreement shall be accomplished in accordance with the provisions made applicable to governmental grantees or grants from ACF.

XV. INTEGRATION OF AGREEMENT

This Agreement incorporates all of the agreements, covenants, and understandings between the parties hereto concerning the subject matter hereof, and all such covenants, agreements and understandings have been merged into this written Agreement. No prior agreements or understandings, verbal or otherwise, of the parties or their agents shall become valued or enforceable unless embodied in this Agreement.

XVI. APPLICABLE LAW

This Agreement shall be governed by the laws of the United States and State of North Carolina.

IN WITNESS WHEREOF, DPI and Montgomery County Schools have caused this Agreement to be executed.

DEPARTMENT OF PUBLIC INSTRUCTION

X _____ DATE
Ellen Essick
Section Chief, NC Healthy Schools Section
North Carolina Department of Public Instruction

Montgomery County Schools:

X _____ DATE
Signature and Title

Abstinence Education Federal Grant Assurance Form
FY 2016 Funding Cycle (October 1, 2016 to September 30, 2017)

Please note that no funds will be approved without a signed Assurance Form. Monies from this grant must be used to implement an abstinence education program that does the following:

- A. Has as its exclusive purpose, teaching the social, psychological, and health gains to be realized by abstaining from sexual activity;
- B. Teaches abstinence from sexual activity outside marriage as the expected standard for all school-aged children;
- C. Teaches that abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted disease and other associated health problems;
- D. Teaches that a mutually faithful monogamous relationship in the context of marriage is the expected standard of human sexual activity;
- E. Teaches that sexual activity outside of the context of marriage is likely to have harmful psychological and physical effects;
- F. Teaches that bearing children out-of-wedlock is likely to have harmful consequences for the child, the child's parents, and society;
- G. Teaches young people how to reject sexual advances and how alcohol and drug use increases vulnerability to sexual advances; and
- H. Teaches the importance of attaining self-sufficiency before engaging in sexual activity.

Assurance Statement: In accepting these funds, the local Board of Education or the Board of Directors of the Charter School assures the North Carolina Department of Public Instruction that the teaching of abstinence education funded through this grant may be mixed with the other components of North Carolina's Reproductive Health and Safety Education also referred to as the Healthy Youth Act (House Bill 88).

Assurance of Medical Accuracy: As the authorized individual signing this Memorandum of Agreement (MOA) with the North Carolina Department of Public Instruction on behalf of the local education agency, I hereby attest and certify that we will make every reasonable effort to ensure all materials proposed in this contract or MOA and funded during the project period of this grant are medically accurate.

Name of LEA or Charter School: Montgomery County Schools

Name and Title of Board Chairman: Steven DeBerry, Chairman

Signature of Board Chairman: _____ Date: _____

Name and Title of School Contact: Takeda Legrand, Chief Accountability and
Quality Officer

Phone number of School Contact: 910-576-6511

Email of School Contact: takeda.legrand@montgomery.k12.nc.us

Please return this form to:

Nakisha Floyd, Abstinence Consultant
NC Department of Public Instruction
6349 Mail Service Center
Raleigh, North Carolina 27699-6349
(919) 807-3942 FAX: (919) 807-4046

Abstinence Education Grant Purpose and Scope
FY 2016 Funding Cycle (October 1, 2016 to September 30, 2017)

In the space below, please provide a brief description of the purpose and scope of the Abstinence Education Grant Program in your LEA. Abstinence education initiatives must focus on students, teachers, and/or parents of students in grades 4, 5 and 6 (ages 10 to 14). You may use additional pages as necessary.

Name of LEA or Charter School: Montgomery County Schools

Abstinence Education Grant Budget Justification
 FY 2016 Funding Cycle (October 1, 2016 to September 30, 2017)

In the space below, provide a detailed budget justification for the total amount of the planning allotment. Include line items under administrative, operational and contractual costs. You may use additional pages as necessary.

Name of LEA or Charter School: Montgomery County Schools

ADMINISTRATIVE

	AMOUNT (\$)
TOTAL ADMINISTRATIVE	

OPERATIONAL

TOTAL OPERATIONAL	

CONTRACTUAL

TOTAL CONTRACTUAL	
TOTAL PLANNING ALLOTMENT	