MGES Girls As Pearls

G.A.P

Swing Phi Swing $99

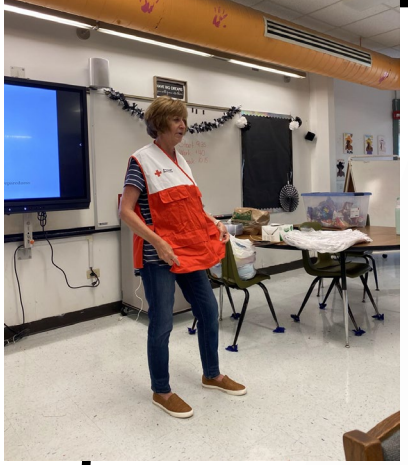






- **The purpose of Girls As Pearls (GAP) is to establish mentoring relationships with students in grades 4-5 at Mt. Gilead Elementary School.**
- **The GAP program is the mentoring arm of the SWING PHI SWING, Inc Social Fellowship which is the acronym for Sisters With Interest Never Gone, Promoting Higher Intelligence, Supporting Women In Need Of Growth.**

- **The aim is to encourage and lead students toward becoming familiar with and advocates of issues and topics that affect young girls today at home, in school, and in their communities.**
- **We started out last year with the max of 8 young ladies and this year we will have 15 girls (Teacher recommendation)**
- **We will meet 1-2 times a month.**













- Our group focuses on building self-esteem through supportive group meetings, enrichment activities, etiquette workshops, and community service projects.

- We teach them to respect themselves and others. The need for them to be successful academically is reinforced on a consistent basis. We help students develop the strengths they already have and identify new ones.
- The best way to understand what we accomplished last year is to hear it from one of our pearls.





What I learned in G.A.P/skylar





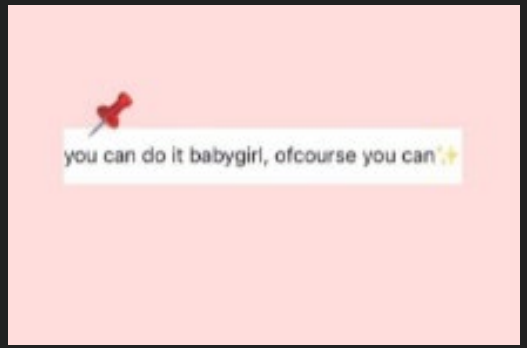
I LEARNED:What does it mean to be your own best friend 💚 💚 💚 💚 💚 💚 💚 💚

In G.A.P I learned to be my own best friend which is me being positive to myself and giving good vibes because I AM ENOUGH.Everything negative I shut it out my brain and I tell myself that no matter what just be yourself and Keep on keeping on.Sometimes being by yourself is very very hard but be your own best friend and Let all of the bad thing go because I am a pearl and I can just be me.You might tell yourself that you don’t belong on earth but you do belong and you are a natural lady or man and you do belong.



WHAT INSPIRES Me ???

What inspires me is when people stands up for when they are getting bullied or hurt because when you do that I get very proud and I look at you and I tell myself that you are fierce,strong, and brave.I would have stood up but with you being your age it will make me so so proud because most of the time people would feel pain and hurt.Something else that inspires me is when Martin Luther KIng jr made his famous speech I had a dream He did it with a brave face because without him we wouldn't be where we are today.



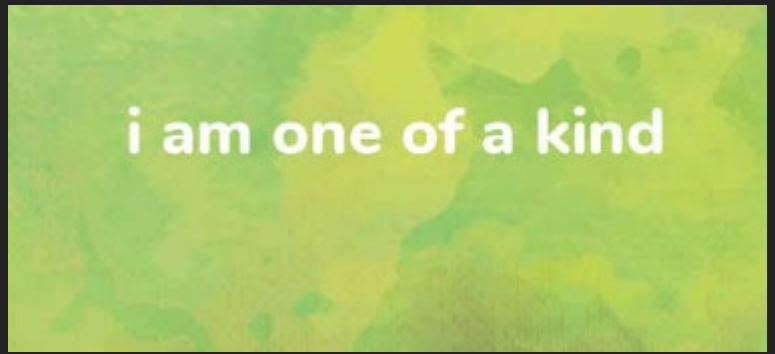
Love yourself and be you because your amazing 💚 ♡ 💔 💔 ♥

I HAVE LEARNED, THAT IT'S IMPORTANT TO LOVE YOURSELF

I think it's important to love yourself because self love is all it takes.Sometimes you will need self love because you can always tell yourself that you are what you are and you are proud of being it.It can stay like that dont ever let no one put you down BECAUSE.....YOU ARE ENOUGH and remember that you don't have nothing else to worry about because you got this and be proud,brave and the person you are is what it all takes to lift your dream.



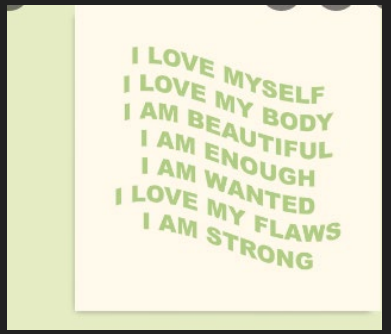




What I have learned being in G.A.P

I AM ENOUGH

You need your own love to save your heart



BE YOURSELF NO MATTER WHAT.

How you love yourself is how you teach others to love you





