STILLWATER TOWNSHIP NEWSLETTER

MAY 19, 2023

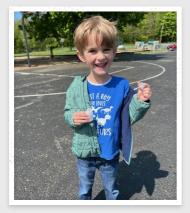
IMPORTANT DATES TO REMEMBER

5/19/23 PTA Daddy/Daughter Dance 5/19/23 Kindergarten Field Trip 5/22/23 PTA Meeting 6:00 PM 5/22/23 Board of Education Meeting 7:00 PM 5/24/23 3rd Grade Field Trip 5/25/23 Field Day (5/26/23 Field Day Rain Date) 5/29/23 Memorial Day - School closed 5/31/23 Camp Nejeda 6/1/23 Pre-K Orientation 9:30-10:30 AM 6/2/23 4th Grade Field Trip 6/6/23 Pre-K Field Day (Rain Date 6/7/23) 6/8/23 Pre-K Field Trip (Rain Date 6/9/23) 6/13/23 6th Grade Recognition

PRESCHOOL NEWS

The countdown is on! Preschoolers are having fun celebrating the last twenty-six days of schools with an ABC Countdown. Classes are celebrating the end of the school year while reviewing one letter each day, beginning on May 9th. Some of the special days have included bringing in a stuffed friend from home for <u>A</u>nimal Day, blowing bubbles outside for <u>B</u>ubble Day, wearing <u>C</u>razy Socks, <u>D</u>ance Party Day and <u>E</u>xceptional Artist Day. We can't wait for June 14th when we celebrate <u>Z</u>ero Day and come to school with nothing!

Mrs. Pagano







KINDERGARTEN NEWS

The kindergarten classes have been enjoying the spring weather this marvelous May! Throughout spring, the students have been working on applying their sight word vocabulary and their phonetic skills to help them read fluently and write on their own. In math our focus has been on identifying 2-D flat shapes and 3-D solid figures and comparing their attributes. The children spent some time at the beginning of the month pouring their love into projects for Mother's Day. This week the highlight was our field trip. The children really enjoyed the "Down on the Farm" trip. The hands-on learning stations were fun, engaging, educational and age appropriate. Stopping for a picnic lunch and some playtime at Lodestar Park was a hit with the kindergarteners as well. As the end of May approaches, we will continue to be very busy as we begin to wrap up our kindergarten journey.

Ms. Grau

FIRST GRADE NEWS

The first graders just finished their Writer's Workshop unit on personal narratives. In this unit they learned that a small moment story is a narrative that "ZOOMS" in on a specific experience. The students celebrated the end of their unit by creating a small moment with their classmates. Students participated in a "Balloon Race". After the experience students wrote and published stories to share with their classmates. We are so proud of how they are growing as writers and can't wait to see what they do next. Mrs. Knapp



FIFTH GRADE NEWS

Fifth graders have worked so hard on their NJSLA tests. We are so proud of them for all the work they have done these last two weeks!

May is our last Coffee Hour book sharing in ELA for the school year. Students will be sharing their books in class on May 31st. In the remaining weeks in ELA we will be doing Book Clubs where students will work with their classmates to read some wonderful novels. We are excited to dive into these Book Clubs and enjoy reading with one another!

Mrs. Hoon

NEWS FROM THE SOCIAL WORKER MAY 2023

May is **Mental Health Awareness Month** and the 2023 theme is *"More Than Enough."* The National Alliance on Mental Illness (NAMI) states this is an opportunity for all of us to come together and remember the inherent value we each hold — no matter our diagnosis, appearance, socioeconomic status, background or ability. This month brings special attention to the importance of taking care of our mental health, awareness of mental health disorders, and reducing stigma.

What is mental health? Mental health includes our emotional, psychological, and social wellbeing. It affects how we think, feel, and act. It also determines how we handle stress, relate to others, and make choices. Mental health and wellness is important at every stage of life and is just as important as our physical health. It allows people to realize their full potential, cope with stressors, be productive and have meaningful relationships.

Resource Spotlight: Family Partners of Morris and Sussex Counties is non-profit organization that provides support, education, and advocacy to families with children who are experiencing mental health challenges. They have a warm line to connect you to available community resources **Simply call 973-940-3194 to be connected to a Peer Support Partner** or check out their website https://familypartnersms.org/

Summer Break Resources:

As our school year comes to an end, many students and families begin to think about planning for summer break. While this can be an exciting time of year for students and families, it can also be a challenging time to establish a new routine, structure, and activities.

Below are several helpful resources for Summer Success from The Child Mind Institute:

https://childmind.org/article/how-to-keep-kids-reading-this-summer/

https://childmind.org/article/summer-success-kit-for-kids-with-adhd/

https://childmind.org/article/summer-and-adhd-a-survival-guide/

https://childmind.org/article/13-tips-for-helping-anxious-kids-enjoy-summer-camp/

https://childmind.org/article/strategies-for-a-successful-summer-break/

https://childmind.org/article/summer-and-sensory-processing-issues/

Mrs. Smetana



THE KITTATINNY PLAYERS SUMMER THEATER CAMPS REGISTRATION INFORMATION

CAMPER'S INFORMATION Camper's Last Name:	First Name:	
Address:		
Date of Birth: Grade in 2023-2024	·	
T-Shirt Size: (ADULT SIZES ONLY) XS () S () M	() L() XL() XXL() XXXL()	
LEGAL GUARDIAN INFORMATION		
Parent/Guardian:	Relation:	
Home Phone: Cell Phone:		
E-Mail:	Work Phone:	
Health Insurance Provider:	Policy #	
Any imperative, medical situation to be aware? (Ex: Food Allergies):		
Do we need to provide special accommodations due to	disabilities? If so, please specify:	
EMERGENCY CONTACT INFORMATION - LIST CONTACT OTHER THAN YOURSELF		
Name: Relatio	n:	
Home #: Cell #:		
Permission to release your child to this person? YES () NO()		
By signing this document, I agree that my child will abide by the rules ar of the Kittatinny Regional High School Summer Camp Program. I under notify camp director if any activities are beyond my child's limitations. correct and I have provided the proper medical forms required in case concerns regarding these policies, please contact us at 973-383-1800 and your concern. The signature below also notifies the clinic director of a payment and information are received, their will be no refunds, except if prorated at \$33.80 a day. (We are allowed to cancel one day Second day we would return \$2	stand the various activities provided in this camp and will To the best of my ability, all information on this form is of allergy or drug administration. For any questions or you will be directed to the proper contact person regarding an insurance release (medical) in case of an injury. Once more than one day was cancelled for rain then it would be ny due to weather without penalty or refund.	
Signature:	Date:	

Spring C&C Growers



Stillwater Township PTA Spring Fundraiser

Give back to nature and the students at the same time while giving yourself something beautiful to look at!

Any C&C Growers customers will receiver 10% off their entire purchase when this flyer is presented. Stillwater Township PTA will receive 10% of these purchases after the end date.

This fundraiser will run from April 1st to May 27thl Get your growing on now!!



C&C Growers

Newton, NJ 07860

Hours of Operation: 8 am - 5 pm (M - S) Closed Sunday

Contact:

(973) 960 - 2591

ared by Stillwater Township PT.











Kittatinny Summer Sports Camps 2023

Our sports camps are designed to teach fundamentals and help all participants better understand their sport. Campers receive help with skills through instruction, individual and multi-player drills, and lectures from fine coaches. The KRHS sports camps are for youngsters who wish to learn and improve no matter their ability or current level of knowledge and skill.

Camps offered this summer include:	
<u>Wrestling</u> open gym 6-7:30pm June 19, 21, 26 & July 10, 12, 17, 19, 24 Try to bring a partner to practice with as the ages of participants vary. Grades 3+	<u>Mental Performance</u> - July 17-20 grades 5-12 12-1:00pm
<u>Girls Basketball</u> - June 26-30 grades 3-8	<u>Softball</u> - July 17-20 grades K-8
9-11:30am	8:30-11:00am
<u>Tennis</u> - June 26-30 grades 3-11 Boys 9:30-11:30am Girls 12-2:00pm	<u>Boys Soccer</u> - July 24-27 grades K-8 8-10:30am
<u>Baseball</u> -July 17-20 grades 3-8	<u>Girls Soccer</u> - July 24-27 grades K-8
8:30-11:00am	8-10:30am
Speed/Agility/Strength Open to all sports!	Field Hockey - July 31 -August 3
July 24-27 Grades 5-8	grades 3-8
11:00-1:00pm	8:30-11:00am

Camps offered this summer include:

Please complete and send in the below portion for <u>registration by **June 1st.**</u> Late registrations or lack of participants may result in a camp being canceled.

All camps are \$120. Wrestling is free.

There is a \$10 late fee for registrations after June 1st.

Please write separate checks if signing up for more than one camp. Please fill out a registration for each camp attending.

Checks payable to: KRHS Summer Sports Camps (camper name and camp choice in memo)

Attn: Jessica DeMartini & Name of camp(s) 77 Halsey Road

Newton, NJ 07860

Questions email jdemarti@krhs.net

Registration on back.

Name:	Grade 2023-2024
Parent(s) name:	
Address:	
Phone #	
Email:	
Emergency Contact:	E.C. #
Health Insurance:	
Parent/Guardian Signature:	
The signature notifies the clinic director of an insurance rele	
Camp attending:	
T-shirt size (circle): Adult sizes S M L XL	

Coaches will reach out to you the week before each camp starts with additional information on their particular camp.

Mental Performance - Introducing a new camp designed to improve each individual's mindset with an interactive approach. We will tackle concepts such as leadership skills, failure, work ethic, resiliency, and goal setting so that you can regain control of your life and game performance. We will give you the mental and emotional skills needed to set you on the right path. We will focus on building up and encouraging your mental toughness, as having the confidence to believe in yourself is the difference in overcoming the barriers in life. It is a journey to a self makeover (esteem, belief and worth)