

September

What is a Lunch Meal?
Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk
Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.
Choose all 5 for a nutritious meal!



State Road Lunch Menu 2024

Lunch \$2.75 (4-8) AVON GROVE CHARTER SCHOOL
Lunch \$3.25 (9-12)

MONDAY



2
Mozzarella Sticks w/ Marinara
Chicken Alfredo
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Baby Carrots, Steamed Corn
Cantaloupe, Fruit Juice
Daily Milk Selection

TUESDAY

3
Mac & Cheese w/Pretzel Rod
Corn Dog Minis
Ham & Cheese Club
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread Pack

Mashed Potatoes, Cucumber Slices
Whole Pear, Apple Sauce
Daily Milk Selection

WEDNESDAY

4
Cheese Omelet w/ Pancakes
Rib B Que on Club Roll
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Steamed Green Beans, Celery Sticks
Craisins, Fruit Juice
Daily Milk Selection

THURSDAY

5
Chicken Thigh & Drumstick
w/ Garlic Knot
Cheese Tortellini w/or w/o
Meat Sauce and Garlic Knot
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Corn on the Cob, Veggie Juice
Apple Slices w/ PB, Mandarin Cup
Daily Milk Selection

FRIDAY

6
PIZZA

Prima's Cheese Pizza Day!

PBJ Uncrustable
Yogurt/Cheese Stick/Mini Cinni
Diced Ham & Cheese/Soft Pretzel & Grapes Pack

Chick Pea Salad, Veggie Juice
Banana, Grapes
Daily Milk Selection

9
Mozzarella Sticks w/ Marinara
Chicken Alfredo
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Baby Carrots, Steamed Corn
Cantaloupe, Fruit Juice
Daily Milk Selection

10
Chili Cheese Fritos
Breaded Dill Chicken Sandwich
Ham & Cheese Club
Diced Ham & Cheese/Soft Pretzel & Grapes Pack

Crinkle Fries, Pickles
Orange Wedges, Diced Peaches
Daily Milk Selection

11
Hamburger or Cheeseburger
on Roll
Lasagna Rollup w/Garlic Toast
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Baked Beans, Celery Sticks
Sour Raisins, Fruit Juice
Daily Milk Selection

12
Buffalo Chicken & Cheese
Empanadas
Cheese Steak on Club Roll
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Steamed Onions/Peppers,
Lettuce/Tomato
Apple Slices w/PB, Mandarin Cup
Daily Milk Selection

13
Buffalo Chicken Pizza
PBJ Uncrustable
Yogurt/Cheese Stick/Mini Cinni
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread Pack

Broccoli Salad, Veggie Juice
Banana, Grapes
Daily Milk Selection

16
Hot Dog on Roll
Mac & Cheese Bites
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Baby Carrots, Baked Beans
Whole Apple, Fruit Juice
Daily Milk Selection

17
Meatball Sandwich
Mini Cinnamon/Maple Cheese Bites
Ham & Cheese Club
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread Pack

Shoe String Fries, Lettuce/Tomato
Orange Wedges, Apple Sauce
Daily Milk Selection

18
BBQ Chicken Chili w/Corn
Bread Poppers
Breaded Ravioli w/Pretzel Rod
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Steamed Corn, Veggie Juice
Mandarin Cup, Craisins
Daily Milk Selection

19
Tangy Chicken w/Rice
Fish Sticks w/ Roll
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Steamed Cauliflower w/Orange Sauce
Cucumber Slices
Apple Slices w/PB, Plum
Daily Milk Selection

20
**1/2 Day
No Lunches
Served**

23
Popcorn Chicken w/Pretzel Rod
Ramen Noodles w/egg & Roll
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Baby Carrots, Steamed Corn
Apple Sauce, Fruit Juice
Sour Raisins
Daily Milk Selection

24
French Toast w/Sausage
Chicken Parmesan Sandwich
Ham & Cheese Club
Diced Ham & Cheese/Soft Pretzel & Grapes Pack

Hashbrown, Veggie Juice
Whole Pear, Mixed Fruit Cup
Daily Milk Selection

25
Sweet & Spicy Mango
Meatballs w/Rice
Cheese Steak Pinwheels
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Steamed Green Beans, Veggie Juice
Mandarin Cup, Sour Raisins
Daily Milk Selection

26
Chicken Gravy Crunchers
w/Biscuit
Chicken/Cheese/Salsa Tamale
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Fiesta Black Beans
Cucumber Slices
Apple Slices w/PB, Fruit Juice
Daily Milk Selection

27
Mini Pepperoni & Cheese
Calzones
PBJ Uncrustable
Yogurt/Cheese Stick/Mini Cinni
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread Pack

Steamed Broccoli, Veggie Juice
Banana, Grapes
Daily Milk Selection

30
Stromboli
Spaghetti w/Meatballs & Garlic Toast
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Steamed Green Beans, Baby Carrots
Strawberry Wiggles, Diced Pears
Daily Milk Selection



To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes:
1% White Milk
Non-Fat Chocolate Milk
Non-Fat Strawberry Milk



September

Breakfast is free for all students during the 2024-2025 School year!



State Road Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

WEEK 1,3&5

WEEK 2&4

MONDAY

Bagel w/cream
cheese or jelly
Assorted Donuts

Fruit Juice
Clementine
Daily Milk Selection

TUESDAY

Assorted Pastries
Cheese Stick

Fruit Juice
Sour Raisins
Daily Milk Selection

WEDNESDAY

Cheese Stuffed
Hashbrown
Assorted Muffins

Fruit Juice
Craisins
Daily Milk Selection

THURSDAY

Assorted
Breakfast Bars
Cheese Stick

Fruit Juice
Apple Slices w/ PB
Daily Milk Selection

FRIDAY

Fruit & Yogurt
Parfait
Eggo French Toast

Fruit Juice
Banana
Apple Slices w/ PB
Daily Milk Selection

Bagel w/cream
cheese or jelly
Assorted Donuts

Fruit Juice
Clementine
Daily Milk Selection

Breakfast Pizza
Assorted Pastries
Cheese Stick

Fruit Juice
Sour Raisins
Daily Milk Selection

Cheesy Egg Bites
Assorted Muffins
Yogurt

Fruit Juice
Craisins
Daily Milk Selection

Assorted
Breakfast Bars
Cheese Stick

Fruit Juice
Apple Slices w/ PB
Daily Milk Selection

Fruit & Yogurt
Parfait
Mini Pancakes

Fruit Juice
Banana
Apple Slices w/ PB
Daily Milk Selection

Students must choose at least 3 Items for a complete breakfast meal and 1 must be ½ cup of fruit or fruit juice.

*Ala Carte Items are charged at \$1.00 each

Excellence
through
Ingenuity

