

SEPTEMBER 2024

Blue Mountain Union School

All Student Meals are Free Adult Breakfast: \$ 4.00 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY

Brunch for Lunch
French Toast Sticks

Scrambled Eggs
Sausage
Roasted Home fries
Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese

Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar Mac and Cheese Sweet Peas

Garlic Bread
Fresh Fruit & Salad Bar

Crispy Chicken Sandwick

Roasted Green Beans Fresh Fruit & Salad Bar

Ultimate Tacos

Beef or Bean
Corn
Cheddar Cheese
Rice, Salsa & Sour Cream
Fresh Fruit & Salad Bar

BBQ Pulled Pork Sandwiches 0

Roasted Potato Wedges
Baked Beans
Coleslaw
Fresh Fruit & Salad Bar

Fresh Pizza
Pepperoni or Cheese

Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar Spaghetti with
Meat Sauce or Marinara

Sautéed Green Beans Bread Roll Fresh Fruit & Salad Bar Generals Chicken 13
or Tofu w/ Broccoli

Fried Rice Spring Rolls Fresh Fruit & Salad Bar

BMU Bowls

16

30

Chicken Nuggets or Mashed Potato, Corn, Gravy Fresh Fruit & Salad Bar Chicken or Cheese
Quesadillas

Spanish Rice & Beans Corn, Fresh Pico de Gallo Salsa, Sour Cream Fresh Fruit & Salad Bar Fresh Pizza Pepperoni or Cheese

18

Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar Meatball Sub w/ Marinara 19

Onion Rings Fresh Fruit & Salad Bar Traditional Grilled Cheese Or Pesto Tomato Grilled Cheese

Tomato Soup Grilled Asparagus Fresh Fruit & Salad Bar

HotDogs

Roasted Potato Wedges Fresh Roasted Veggies Fresh Fruit & Salad Bar Ultimate Nachos 24

Beef or Bean
Corn, Fresh Pico de Gallo
Fresh Guacamole
Salsa, Sour Cream
Fresh Fruit & Salad Bar

Fresh Pizza
Pepperoni or Cheese

Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar Oven Baked BBQ Chickens

Rice Pilaf
Fresh Corn on the Cob
Fresh Fruit & Salad Bar

Chicken Broccoli Alfredo Or Broccoli Alfredo

Garlic Knot Fresh Fruit & Salad Bar

Brunch for Lunch

French Toast Sticks Scrambled Eggs Sausage Roasted Home fries

Fresh Fruit & Salad Bar Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12
Peanut Butter & Jelly or Ham & Cheese
Sandwiches are always available everyday as

a substitute for any entrée meal.