

6-8 MS Lunch

Middle School Lunch Menu Summer 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Sep 2	Sep 3	Sep 4	Sep 5	Sep 6
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● RPS Closed ● No School 	<ul style="list-style-type: none"> ● RPS Burger ● French Fries ● Pickle, Tomato & Lettuce Cup ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Corn Dog ● Baked Beans ● Seasoned Carrots ● Fresh Fruit ● Applesauce Cup ● Assorted Milk 	<ul style="list-style-type: none"> ● Dumpling Trio w/ Egg Roll ● Broccoli ● Vegetable Stir-fry ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Fresh Fruit ● Craisins ● Assorted Milk
<i>Week 2</i>	Sep 9	Sep 10	Sep 11	Sep 12	Sep 13
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Chicken Sandwich Variety ● Pickle, Tomato & Lettuce Cup ● Steamed Broccoli ● Fresh Fruit ● Chilled Peaches ● Assorted Milk 	<ul style="list-style-type: none"> ● Nachos ● Ranchero Beans ● Salsa Cup ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Spaghetti, Meatballs + Breadstick ● Green Beans ● Baby Carrots ● Fresh Fruit ● Chilled Pears ● Assorted Milk 	<ul style="list-style-type: none"> ● Turkey Croissant w/ Doritos ● Mixed Vegetables ● Cucumber Coins ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Fresh Fruit ● Chilled Pineapple ● Assorted Milk
<i>Week 3</i>	Sep 16	Sep 17	Sep 18	Sep 19	Sep 20
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Chicken Nuggets ● French Fries ● Seasoned Carrots ● Fresh Fruit ● Mandarin Oranges ● Assorted Milk 	<ul style="list-style-type: none"> ● Spicy Mozz Bites ● Marinara Cup ● Green Beans ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken & Waffles ● Mixed Veggies ● Hashbrown Patty ● Fresh Fruit ● Applesauce Cup ● Assorted Milk 	<ul style="list-style-type: none"> ● Hot Dog ● Baked Beans ● Steamed Broccoli ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Fresh Fruit ● Mixed Fruit ● Assorted Milk

Alternative Entree Options

- Yogurt + Granola Parfait - Mon, Wed
- Pizza - Tue
- Entree Salad w/ Roll - Mon - Fri

Nutrition Bites

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request