

# Pre-K Breakfast



*Pre-K School  
Breakfast Menu*

Summer 2024

Breakfast includes:  
Choice of 1 Entree,  
1-2 Fruits, and 1 Milk

Menu subject to change  
due to item availability

Vegetarian options are  
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Sep 2	Sep 3	Sep 4	Sep 5	Sep 6
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>● RPS Closed</li> <li>● No School</li> </ul>	<ul style="list-style-type: none"> <li>● Muffin</li> <li>● Banana</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Cheerios Cereal Bowl</li> <li>● Chilled Pears</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Country Steak Biscuit</li> <li>● Fresh Fruit</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Mini Waffles</li> <li>● Chilled Pineapple</li> <li>● Unflavored Low-fat Milk</li> </ul>
<i>Week 2</i>	Sep 9	Sep 10	Sep 11	Sep 12	Sep 13
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>● Cinnamon Toast Crunch Cereal Bowl</li> <li>● Mandarin Oranges</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Muffin</li> <li>● Banana</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Egg &amp; Cheese Biscuit</li> <li>● Applesauce Cup</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Banana Bread</li> <li>● Fresh Fruit</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Mini Pancakes</li> <li>● Mixed Fruit</li> <li>● Unflavored Low-fat Milk</li> </ul>
<i>Week 3</i>	Sep 16	Sep 17	Sep 18	Sep 19	Sep 20
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>● French Toast Sticks</li> <li>● Chilled Peaches</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Muffin</li> <li>● Banana</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Egg-Cheese Eng. Muffin</li> <li>● Chilled Pears</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Chicken Biscuit</li> <li>● Fresh Fruit</li> <li>● Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Mini Strawberry Creamy Cheese Bagels</li> <li>● Chilled Pineapple</li> <li>● Unflavored Low-fat Milk</li> </ul>

*Alternative Entree Options*

*Nutrition Bites*

