

K-8 Breakfast



*Grades K-8
Breakfast Menu
Summer 2024*

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Sep 2	Sep 3	Sep 4	Sep 5	Sep 6
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> ● RPS Closed ● No School 	<ul style="list-style-type: none"> ● Turkey Sausage Biscuit or Muffin w/Boiled Egg ● Banana ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Banana Bread or Cereal & Yogurt Cup ● Fresh Fruit ● Chilled Pears ● Assorted Milk 	<ul style="list-style-type: none"> ● Country Steak Biscuit or Pop Tart w/ Cheese Stick ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Mini Waffles or Cereal w/ Cheese Stick ● Fresh Fruit ● Chilled Pineapple ● Assorted Milk
<i>Week 2</i>	Sep 9	Sep 10	Sep 11	Sep 12	Sep 13
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> ● Yogurt Parfait w/ Granola or Cereal w/ Cheese Stick ● Mandarin Oranges ● Fresh Fruit ● Assorted Milk 	<ul style="list-style-type: none"> ● Turkey Sausage Breakfast Pizza or Muffin w/Boiled Egg ● Banana ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Egg & Cheese Biscuit or Cereal & Yogurt Cup ● Applesauce Cup ● Fresh Fruit ● Assorted Milk 	<ul style="list-style-type: none"> ● Donut or Pop Tart w/ Cheese Stick ● Fresh Fruit ● 100% Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Mini Pancakes or Cereal w/ Cheese Stick ● Fresh Fruit ● Mixed Fruit ● Assorted Milk
<i>Week 3</i>	Sep 16	Sep 17	Sep 18	Sep 19	Sep 20
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> ● French Toast Sticks or Cereal w/Cheese Stick ● Fresh Fruit ● Chilled Peaches ● Assorted Milk 	<ul style="list-style-type: none"> ● Froot Loops Waffle or Muffin w/ Boiled Egg ● Banana ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Egg-Cheese Eng. Muffin or Cereal & Yogurt Cup ● Fresh Fruit ● Chilled Pears ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken Biscuit or Pop Tart w/ Cheese Stick ● Fresh Fruit ● Chilled Fruit ● Assorted Milk 	<ul style="list-style-type: none"> ● Mini Cinnis or Cereal w/Cheese Stick ● Fresh Fruit ● Craisins ● Assorted Milk

Alternative Entree Options

Nutrition Bites