

Tips for using your dental plan

Your dentist office will want to know that you are a Sun Life plan member at your next visit. Simply share a copy of your new dental ID card with them. You can access a copy of your dental ID card through your Sun Life account. Quick references to register and access your account are included on this page. Please note that printed dental ID cards are not provided and/or mailed to your home.



Check out our short video for step-by-step instructions on downloading your dental ID card at sunlife.com/ dentalIDCard.

Online services

Your mobile-responsive Sun Life account gives you access to everything you need to know about your dental plan, including your dental ID card, benefit schedule and more. To complete your registration, you will need your social security number or member ID, and date of birth. Register today at sunlife.com/account.

Sun Life Dental (U.S.) mobile app

Our mobile app lets you access benefit information, including your dental ID card and find a dentist, on the go! Available for iOS and Android devices, find the app at sunlife.com/mobileapps.

24/7 virtual dental visits

Sun Life PPO dental members¹ have access to dental visits through teledentistry.com/sunlife.²

Find a dentist

If your plan leverages one of our networks, you can easily search for a dentist online. Your network is listed on the back of your dental ID card. To find a participating dentist, visit sunlife.com/findadentist.



Is your dentist not in our network? Nominate your dentist at sunlife.com/findadentist!

Dental Health Center

Get the most from your dental plan by visiting our Dental Health Center. Learn more about dental treatments, average costs, and you can even pose questions through ask-a-dentist. Take control of your dental health at sunlife.com/dentalhealthcenter.



We look forward to providing you and your family with dental benefits and great service!

^{1.} Teledentistry.com services are only available to members covered under dental PPO plans issued or administered by Sun Life Assurance Company of Canada or, in New York, dental PPO plans issued or administered by Sun Life and Health Insurance Company (U.S.) who have access to the Sun Life Dental Network, Sun Life Focus Dental Network, Assurant Dental Network or Assurant Focus Dental Network, Members covered under a prepaid or indemnity plan are not eligible for services through Teledentistry.com.

^{2.} Only available where permitted by applicable law. Teledentistry services may not be available in all states. A TeleDentistry.com consultation may count as a problem-focused exam (D0140) under your dental plan. Plans contain limitations and exclusions. Coverage for exams may be subject to frequency limitations. Please review your applicable coverage.

This dental plan does not provide coverage for pediatric oral health services that satisfies the requirements for "minimum essential coverage" as defined by the Patient Protection and Affordable Care Act. ("PPACA").

Administrative Services Only services for self-funded dental plans are administered by Sun Life Assurance Company of Canada (Wellesley Hills, MA) in all states except New York. In New York, they are administered by Sun Life and Health Insurance Company (U.S.) (Lansing, MI).

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