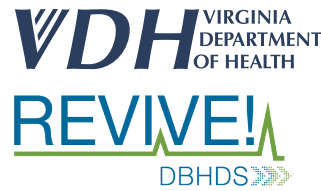


# FENTANYL AWARENESS



**DID  
YOU  
KNOW** ?

More than **2,000 people** in the Commonwealth of Virginia died from opioid-related deaths in 2023.

Over **150 people die each day** in the United States from opioids like fentanyl.

## What is fentanyl?

Fentanyl is a dangerous opioid often mixed with other drugs without your knowledge. Even in small doses, fentanyl can be deadly.

- Fentanyl is the biggest contributor to overdose deaths in Virginia - most people who died of a drug overdose took a drug containing fentanyl.

“**Two milligrams** of fentanyl can be lethal depending on a person’s body size, tolerance, and past usage.”



Quote & Image from  
*Facts About Fentanyl*

<https://www.dea.gov/resources/facts-about-fentanyl>

## What are the signs and symptoms of a fentanyl overdose?

- Small, constricted pupils
- Sleepiness, in a daze, or loss of consciousness
- Slow, weak breathing or not breathing at all; choking or gurgling sounds
- Limp body
- Cold, clammy, or discolored skin, especially lips and nails, which may turn blue

## If you suspect an overdose:

- **Get help immediately! Call 911!**
- Naloxone/Narcan, available in many schools, may reverse the effects of the overdose, thus saving a person’s life.

## How to stay safe:

- Remember to say NO. Even if offered by a friend, it doesn’t mean the pill is safe.
- Stay informed. Learn about the risks of fentanyl and other dangerous substances.
- Ask for help. If you or a friend struggle with drug use, seek the help of a trusted adult, school counselor, coach, or your school’s nurse.

**Resources for the  
whole family:**

[It Only Takes One](#)

[Overdose Prevention](#)

[Get trained to save a life:](#)

[REVIVE!](#)

