

Lunch Menu

Suffern Middle School

September
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2



3



4

Cheeseburger
burger topped with cheese on a freshly toasted bun
Or NY Beef Burger
Oven Baked Fries
Cucumber Coins
Fresh Strawberries

5

Nachos with Cheese and BBQ Chicken 🍌
Sweet Corn
Black Beans
Fresh Banana
○

BBQ Served on the side

6

Classic Cheese Pizza 🌿 🍌
Pepperoni Pizza P
Steamed Broccoli
Fresh Baby Carrots
Fresh NY Local Apple

9

Grilled Cheese Sandwich Meltdown Café 🌿
Oven Baked Fries
Fresh Baby Carrots
Fresh Pear

10

Homemade Pasta & chicken Meatballs
freshly baked meatballs with tomato sauce over pasta 🍌
Dinner Rolls
Roasted Squash
Side Salad
Fresh Banana

11

Crispy Chicken Sandwich
warm crispy breaded chicken on a bun prepared in-house
Potato Puffs
Cauliflower Popcorn
Fresh Banana

12

Soft Tacos 🍌
Turkey Taco Filling
Fiesta Corn
Black Beans
Fresh Blueberries

13


Classic Cheese Pizza 🌿 🍌
Pepperoni Pizza P
Steamed Broccoli
Cucumber Coins
Fresh NY Local Apple

16

Mozzarella Stick & Chicken Nugget Combo Meal
Whole Wheat Dinner Roll
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange

17

Cinnamon French Toast 🌿
chicken Sausage Patty
Crispy Potato Puffs
Celery
Watermelon Slices



18

Meatball Sandwich
warm baked meatballs smothered in tomato sauce on a sandwich prepared in-house
Oven Baked Fries
Cauliflower Popcorn
Fresh Banana

19

Incredibowls Fiesta Chicken & Rice Bowl 🍌 🍌
Sweet Corn
Black Beans
Fresh Banana



20

Classic Cheese Pizza 🌿 🍌
Pepperoni Pizza P
Green Beans
Fresh Baby Carrots
Fresh Pear

23

Homemade Mac & Cheese 🌿 🍌
Whole Wheat Dinner Roll
Steamed Carrots
Cucumber Coins
Fresh Orange

24

Whole Grain Pancakes with Sausage Syrup
Potato Puffs
Fresh Baby Carrots
Fresh Orange

25

SCHOOL CLOSED TODAY

26

Beef Hot Dog on Bun
Baked Beans
Cheez-Its
Celery Sticks
Honeydew and Cantaloupe Cup

27

Classic Cheese Pizza 🌿 🍌
Pepperoni Pizza P
Mixed Vegetables
Caesar Salad
Fresh Orange

30

Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy
Whole Wheat Dinner Roll
Fresh Baby Carrots



HARVEST
of the month
apples

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch consists of:

- Choice of entree * 100% Juice *
- Choice of Milk: Low Fat White, Fat Free Chocolate or White *
- Fruit * Grain * Vegetable

If you have any questions please Contact your Food Service Director

- Lunch Daily Offerings: Assorted Sandwiches, Peanut Butter & Jelly, Cheese Sandwiches
- Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola
- Assorted Salads Garden Side Salad, Variety of Veggies & Fruits (Sliced Apples, Oranges & Bananas) All grains are whole grains or whole wheat

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