SAGE DINING SERVICES®
The Flavor of Things To Come®

Hello,

When it comes to eating school meals, everyone deserves to feel safe and included, but having a food allergy can make that difficult. At SAGE, we understand the unique challenges you face and are committed to ensuring you feel both protected and valued.

In addition to our carefully designed policies and procedures for managing food allergies and offering menu items that meet your needs, we're excited to announce that starting this school year, our Free Style® concept will be a daily option in your dining hall!

Free Style® offers menu items made without the 12 most common allergens: **peanuts, tree nuts, shellfish, milk, gluten, eggs, fish, wheat, sesame, soy, mustard, and sulfites.** It allows students with common food allergies to get a safe, satisfying meal at one convenient location, giving them more time to relax and eat with their friends. To prevent cross-contact of allergens that can occur at self-service bars, menu items here will be served by a Team Member or trained volunteer, preplated, or offered as grab-and-go. But that's not all! Free Style® offers delicious, flavorful menu items that all community members will enjoy, whether they have food allergies or not. You'll find exciting options — all made without the 12 most common allergens — such as tacos, barbecue, pasta, chicken wings, rice bowls, and more! Because this station offers delicious variety and is open to all community members, you'll get a true sense of belonging as you enjoy meals together with your peers.

To find Free Style® menu items, simply look for the Free Style® logo in the dining hall. Grab-and-go foods that are made without the 12 most common allergens will have a Free Style® sticker on the package.

FreeStyle™
MADE WITHOUT TOP ALLERGENS

Of course, if you have allergies to foods beyond the 12 most common, please check ingredient lists on menus online or in the Touch of SAGE® app to find options that are safe for you.

Thanks for allowing us to serve you!
Your SAGE Team