



SUBLIMITY SCHOOL

Principal ~ Ryan Westenskow

503-769-2459

503-769-7282

2024-2025 STUDENT-PARENT HANDBOOK FOR GRADES K-8



VISION

**WE CHANGE KIDS' LIVES... THROUGH A COMMITMENT TO EXCELLENCE, INTEGRITY, EQUITY
AND COMMUNITY ENGAGEMENT**

MISSION STATEMENT

HELP STUDENTS REACH THEIR FULL POTENTIAL AND DEVELOP INTO PRODUCTIVE CITIZENS

GUIDING PRINCIPLES

- **CREATE AN ENVIRONMENT THAT IS SAFE, WELCOMING, POSITIVE, AND INCLUSIVE.**
 - **BUILD RELATIONSHIPS BASED ON KINDNESS, RESPECT, AND TRUST.**
 - **PROVIDE INSTRUCTION THAT IS ORGANIZED, RIGOROUS, AND ENGAGING.**
 - **BE INTENTIONALLY JOYFUL AND HAVE FUN.**
 - **TEACH THE WHOLE CHILD (PHYSICAL, EMOTIONAL, SOCIAL, INTELLECTUAL).**
 - **MODEL AND TEACH CHARACTER TRAITS LIKE CITIZENSHIP, SERVICE, EMPATHY, AND INTEGRITY.**
 - **HELP STUDENTS EXPLORE CAREERS AND SET GOALS FOR THE FUTURE.**
 - **BE GREAT TEAMMATES- LISTEN, COLLABORATE, AND UTILIZE THE STRENGTH OF OTHERS.**
 - **COMMUNICATE PROACTIVELY AND POSITIVELY WITH ALL MEMBERS OF OUR COMMUNITY.**
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This Handbook has been prepared to acquaint you with the basic policies and procedures of the North Santiam School District, to inform you of the School's Code of Conduct and provide you with a reference for answering your general questions. Please contact the school if you have additional questions.



North Santiam School District
 Erin Cramer, Board Chair
 Mackenzie Strawn, Board Vice-Chair
 Laura Wipper
 Mike Wagner
 Mark Henderson
 Alisha Oliver
 Coral Ford

NORTH SANTIAM SCHOOL DISTRICT
 Superintendent—Lee W Loving

District Office Information

County: Marion & Linn
 Enrollment: 2100
 Meetings: Typically Third Thursday @ 6:00 PM, [Link to Calendar](#)
 ESD Served by: Willamette ESD
 District Web Page: www.nssd29j.org
 District Policy Page: <http://policy.osba.org/nsantiam/index.asp>

NORTH SANTIAM SD 29J
 1155 North Third Avenue
 Stayton OR 97383
 Phone: 503-769-6924
 FAX: 503-769-3578

Contact Information

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Exec Assistant to the Supt/Board:	Tonia Whisman	tonia.whisman@nsantiam.k12.or.us

SCHOOLS IN THE NORTH SANTIAM SCHOOL DISTRICT
 Stayton Elementary School (K-3)
 Mari-Linn School (K-8)
 Sublimity School (K-8)
 Stayton Intermediate/Middle School (4-8)
 Stayton High School (9-12)
 Options Academy (K-12)

The Director of Human Resources, Danielle Blackwell, has been designated to coordinate compliance with the legal requirements of Title II, Title IX, and other civil rights or discrimination issues, the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973. The Director may be contacted at the District Office, 1155 North Third Avenue, Stayton, OR 97383, or at 503-769-6924 for additional information and/or compliance issues. Full policies are available through the policy website listed above or by contacting the Board Executive Assistant at 503-769-4928 or by Email at tonia.whisman@nsantiam.k12.or.us .

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The link below is for the NSSD Student/Parent Handbook, which is separate from this handbook. It includes district-wide policies, procedures, and notices that apply to all students and parents regardless of which school they are associated with. A printed copy can be obtained from any school office or the District Office. It can be accessed via the link below or by visiting the District website at <http://nssd29.org>>For Families >Handbooks.

SUBLIMITY SCHOOL

School starts at 9:00 a.m. on Monday and 8:00 a.m. Tuesday-Friday for both elementary and middle school students. Children should be at school and ready to start class by 8:55 on Monday and 7:55 a.m. Tuesday-Friday. Grades K-3 dismissal time is at 2:40 p.m. and grades 4-8 release at 2:45 p.m.

Students are expected to leave the school grounds within five minutes after dismissal by departing on the earliest bus available, by walking, or by having a parent pick them up. Only those students involved in extracurricular activities (i.e. band, sports etc.) will be allowed to stay after school.

Written permission is needed for your child to go home with someone other than those listed as emergency contacts on the student's registration form.

ATHLETICS

Competitive athletic activities are available in NSSD for middle school students in grades 6-8. The program is facilitated by and at the Stayton Middle School campus. Middle school students from Mari-Linn, Sublimity, and Stayton are combined into one team (or teams) and compete under the name Stayton Middle School. Shuttle buses are available to transport Sublimity and Mari-Linn student-athletes back and forth after school for practices. Registration for participation is handled online via ArbiterSports/FamilyID. To access, visit

<https://www.familyid.com/organizations/stayton-middle-school> NSSD offers the following athletic opportunities:

Fall sports:

- 7th and 8th grade football
- 7th and 8th grade volleyball
- 7th and 8th grade soccer
- 6th, 7th, and 8th grade cross country

Winter sports:

- 7th and 8th grade girls basketball — November-January
- 6th, 7th and 8th grade wrestling — November-January
- 7th and 8th grade boys basketball — January-March
- 7th and 8th grade dance team

Spring sports:

- 6th, 7th, and 8th grade track

Athletic Handbook:

Please refer to [Addendum 3](#) at the end of this handbook for more detailed information regarding participation expectations, team rules, and academic eligibility. If you have any questions concerning middle school athletics, please contact the SMS Athletic Director, Matt Olson at 503-769-2198.

ATTENDANCE

Your child's regular attendance at school is critical for his/her academic success. We respect families' rights to excuse students for trips or other activities, but ask that families schedule trips to coincide with school vacation days as much as possible. Medical and dental appointments should also be scheduled after school hours if possible.

Please call 503-769-2459 (elementary) or 503-769-7282 (middle school) before 8:15 a.m. if your child is going to be tardy or absent from school. You can also report an absence on our website located at: <https://sub.nssd29j.org> under "Report An Absence". Students need to check in at the office when arriving after the morning bell. All students leaving the school during the day must check out through the office and sign back in when returning.

Make Up Work:

Wherever possible, students should fill out a planned absence form and obtain work in advance if they are going to be gone. For unplanned absences, we encourage students to take the responsibility to obtain make-up work from teachers when returning to school. For elementary students, parents may need to assist their child in this responsibility by calling or emailing teachers to make sure that any needed make-up work has been obtained, or to communicate during extended absences (more than one day). Middle school students are encouraged to email their teachers to request work during extended absences.

BEHAVIOR

The primary obligation for developing self-discipline, responsibility, and respect for other students and adults rests with the student. School employees will work cooperatively with the student and the parent(s) in the student's development, so that the student may be successful in school. Each student and adult at Sublimity School will strive to uphold the Wildcat Pledge:

I will use my words and my hands to
Help, Encourage, and Build Up others
in my school and community.

Accordingly, students are expected to

1. Be safe
2. Be respectful
3. Be responsible
4. Follow all school rules and policies

Elementary Level: K-5

The staff in the elementary building utilizes positive reinforcement of acceptable behaviors and appropriate consequences for misbehavior. The teachers and support staff closely monitor students both inside the classrooms and on the playground. An open line of communication with parents is an integral component of the elementary school plan.

Each teacher reinforces responsible behavior with a variety of techniques and motivators. Examples include but are not limited to: points which accumulate toward reward goals, positive notes (or calls) to parents, compliments, and a wide array of token reinforcements. These may be individual or whole class incentives. Contracts and/or charts may be used to record specific academic or behavioral goals. Less than acceptable behaviors in class may result in one or more of the following consequences given by the classroom teacher: (1) call or note home; (2) time out; (3) loss of privileges; (4) or discussion and completion of a problem-solving form with a possible behavior plan put in place. Extreme or repetitive offenses warrant a referral to the Principal and a call home.

Middle School Level: 6-8

The goals of the middle school behavior management plan are to have students take responsibility for their behavior and to know they have choices. To mutually benefit students and staff, behavior management at Sublimity Middle School is a two-part process. It establishes consistent limitations and consequences which are clearly understood by students and parents, while it reinforces with appropriate action when students do or do not respond to the expectations.

General Behavior Management:

The overriding goal of the Sublimity Middle School Discipline Policy is to create an environment where student learning occurs. Even more important is the creation of an environment that is safe, orderly and allows all students to be successful. Misbehaviors will be divided into the following levels:

Level I: Minor Misbehavior

Includes: First-time offenses, unsafe behavior, talking without permission, off-task behavior, loud voice in hall or restrooms, gum chewing, hats in the building, inappropriate dress, tardiness for class

Response: Reminding student of the rule, asking if student needs assistance, removing of student to another area for problem-solving

Level II: Intermediate Misbehavior

Includes: Repeated minor offenses, insubordination, pretend fighting, teasing, name-calling, offensive language, dangerous playground behavior, excessive tardies,

Response: The student may meet with school administration to conference and develop a plan for correcting the behavior; a parent meeting may be set up, depending on the frequency or severity of the incidents; additional consequences could result

Level III: Major Misbehavior

Includes: Openly defiant and/or disrespectful of school authority, making it impossible to follow the regular discipline plans of the school; could include any of the following, but not limited to:

- Assaulting another student
- Leaving campus without permission

- Vandalism of school or personal property
- Skipping class
- Fighting
- Forgery
- Gang-related activity, including suspected involvement in gang activity, flashing gang signs, and recruitment

Response: The Principal will guide the student and make corrections for severe misbehaviors. Severe misbehavior may result in a parent meeting and could possibly be reported to law enforcement; students who engage in Level III behaviors will receive consequences ranging from in-school suspension up to expulsion

Level IV: Harassment or Bullying

Includes: Unwanted verbal or physical conduct designed to embarrass, distress, agitate, disturb or trouble another person on the basis of race, religion, sex, national origin, disability, parental or marital status, age, or physical appearance

Response: The Principal will guide the student and make corrections for severe misbehaviors. Severe misbehavior may result in a parent meeting and could possibly be reported to law enforcement; students who engage in Level IV behaviors will receive consequences ranging from in-school suspension up to expulsion

Level V: Weapons and Severe Misbehavior

Includes: Severe fights, possession of a weapon, possession or use of alcohol, tobacco or drugs, severe attendance problems, acts of violence or threatened acts of violence towards another student or staff member

Response: Will be handled by the building Principal; a conference with parents will occur before a student may re-enter school; actions may include out-of-school suspension from 1-10 days; and/or a recommendation for expulsion with a possible recommendation for placement in an alternative setting

Students are encouraged to bring their concerns to teachers, administrators, or other staff members. Students maliciously accusing a staff member of professional misconduct will not be tolerated. Upon investigation, if it is found that there are no grounds for a claim; appropriate action will be taken, including possible suspension of the student(s). This includes social media sites, such as Twitter and FaceBook, as well.

Hurtful Speech/Hate Speech:

To ensure a safe learning environment for all, Sublimity School prohibits students from engaging in harassing speech, aggressive speech, or hateful speech (words that are used toward anyone with the intent to cause harm) regardless of the intent (joking, slang, slurs, endearment). This includes any

harmful language around protected characteristics: race, ethnicity, national origin, disability, religious affiliation, caste, sexual orientation, sex, gender identity, and serious disease. Cursing is also prohibited. This policy may extend to students' online behavior during and outside the school day if it impacts the learning environment. Administration views hurtful/hate speech as being as impactful to the culture of the school as a physical fight, and students may be disciplined in a similar manner for their speech.

Misconduct Referral:

A misconduct referral may be written by any staff member who observes or becomes aware of an incident involving student misconduct. Consequences resulting from a misconduct referral may range from parental contact up to and including out-of-school suspension or expulsion.

CLOSED CAMPUS

Sublimity School has a closed campus. This means that students must remain on the school grounds from arrival until dismissal. Students may leave campus only if a parent checks them out in the office; District check-out procedures need to be followed. If you have questions, please contact the school secretary.

CO-CURRICULAR PROGRAM AND ACTIVITIES FOR MIDDLE SCHOOL STUDENTS

Student Council:

Each fall, the incoming middle school students are invited to run for Associated Student Body (ASB) offices for the current year. This group will help plan student events and activities within the middle school for the entire school year. Student Council members shall vote on and approve all expenditures of money raised by students and kept in the ASB fund. Student Council members meet at regularly scheduled times throughout the school year and serve as a decision-making body that represents all students' interests.

Dances:

Student dances are held throughout the school year. Attendance at dances is limited to 6th, 7th and 8th grade students. Students who wish to bring a guest may pick up a guest pass at the school office. The request must be turned in prior to entering the dance. In order to attend, the guest must be a 6th, 7th or 8th grade student who is currently enrolled and in good standing at his or her own school. Students who attend dances must remain on the premises until the dance is over or a parent picks them up. School Dress code will be enforced.

Middle School Elective Program:

Sublimity Middle School endeavors to provide a broad academic experience. While the strength of Sublimity Middle School continues with its commitment to core academic subjects during the day, the middle school offers a broad variety of electives. While some student choice is planned, student numbers, academic requirements, and other limitations will dictate class membership. Students will receive a pass/no pass grade for elective coursework at the end of each grading period.

E-MAIL CONTACT WITH TEACHERS

Parents who wish to communicate with teachers through email are encouraged to do so. Email addresses can be found in ParentVue. Generally, concerns need to be addressed directly with the teacher. Parents with a concern or issue may set up a meeting with a teacher through Email. Please allow two days for a written response to any Email sent.

FIELD TRIPS

We really appreciate help with chaperoning field trips. We believe students can learn from experiences outside the classrooms and want to provide as many experiences as possible. Safety is always our first concern, and having extra hands and eyes ensures that students are safe. Students on field trips are under the supervision of school staff and chaperones, and North Santiam School District is responsible for your child to, from, and during these field trips. We do not allow parents to show up at the location of the field trip to "hang out" with their child. We choose volunteers by "first come first serve" or a random drawing depending on the circumstances. If you choose to personally take your own child to the field trip location you will not be allowed to participate with the class. Your child will also be marked absent by the school office. To create the best experience possible, we ask our volunteers to follow these guidelines:

1. The volunteers need to be approved by the North Santiam School District and have all the required paperwork turned in prior to volunteering. For more information, please go to the NSSD website at this link [VOLUNTEERS](#) (i.e. classroom helper, field trips and anytime you are interacting with the kids).
 - a. Adults ONLY- please do not ask to bring other children.
 - b. Plan to ride on the bus to and from the field trip- we also need your help on the bus.
2. Please report poor behavior of students to the teacher—discipline is the teacher's responsibility.
3. Be positive with the students, helping them to be on-task and safe.

OFFICE HOURS

Our school office is open from 7:30 a.m. to 3:30 p.m. Students need to take care of office business outside of class time, whenever possible.

PARENT TEACHER CLUB

Sublimity School has an outstanding Parent Teacher Club (PTC). This group meets once per month; the meetings are generally announced on the reader board. Money raised by the PTC has been spent on the computer labs, playground equipment, library refurbishing, and many other meaningful projects.

PLC-LATE START MONDAY

Professional Learning Communities are collaborative meetings where teachers review student achievement data and plan for student instruction. Teachers will have one hour every Monday morning during the year to work with other staff in order to provide greater success for students in the areas of reading, math, science, social studies and writing. On Mondays, school will start one hour late. Buses will run one hour later than normal.

REPORT CARDS AND PROGRESS REPORTS

Report cards or Progress Reports will be sent home to parents with students at the end of each 9-week grading period.

SCHOOL MEALS

ALL students in NSSD schools have been automatically approved to have one free breakfast and lunch meal per day through the Community Eligibility Provision (CEP) through the 2026-27 school year. There is no paperwork needed. Should a student wish to eat an additional meal or purchase supplemental items, they will need to pay for those with cash or funds that have been deposited into their lunch accounts. There is no longer an option to charge a meal to an account with a zero balance.

Children wishing to eat breakfast at school should arrive by 7:35 a.m. (8:35 a.m. on Monday) to allow them time to finish their breakfast before class begins at 8:00 a.m. (9:00 a.m. on Monday)

Menus, meal prices for second meals and options for payment are available on the District website located at <https://www.nssd29j.org/departments/nutrition-services> and in the school office.

DRESS & GROOMING

The following standards have been developed to guide students and families in making sure that clothing choices are appropriate for school:

1. Dress and grooming shall be clean, in keeping with proper health, safety and sanitary practices; this includes always wearing shoes in school.
2. The dress and grooming of students shall not cause a substantial disruption to the teaching and learning process (distractions due to the type of clothing). Dress and grooming needs to allow for student participation in all subject areas, including PE.
3. Any clothing deemed to be gang-affiliated clothing or other related gang paraphernalia will not be allowed.
4. Clothing that has pictures of or references to alcohol, firearms, or drug-related clothing will not be allowed at school. Students are also not allowed to wear anything that promotes racial harassment or racial discrimination.
5. Clothing should be modest in nature in every school setting, including sporting events (no private parts or undergarments exposed).

*Hats and hoods will not be allowed indoors so that students can stay engaged in learning and so that staff can see students' faces. Hats and hoods that meet other requirements for appropriate dress and grooming are allowable outdoors during recess time as this can help students stay warm and comfortable, especially during cold weather.

PHONE CALLS, ELECTRONICS & TECHNOLOGY

Please see the [Responsible Use Agreements](#) at the end of this handbook for information regarding our expectations for student technology use.

Teachers and students will not be called from the classroom to accept telephone calls except in an emergency. Office personnel will take messages for non-emergency calls. Student cell phones, smart

watches, or other personal electronic devices are NOT allowed to be used during school hours (8:00 am - 2:45 pm) unless approved by the principal. Students may bring connection-capable devices to school, but may not use these during school hours and should keep them in a locker at all times. Cell phones or other personal devices that are used during school hours without permission will be confiscated.

WEBSITE

Sublimity School has a website located at <http://sub.nssd29j.org>. You will find the newsletter, lunch menu, important news articles and parent information. There is also a place for you to report your child's absences. Information on the Breakfast/Lunch Program is available on the District Website at <https://www.nssd29j.org/departments/> under Departments/Nutrition Services; parents have access to pay on-line for second student meals using a debit or credit card.

Addendum 1
Parent/Student Technology
Responsible Use Form (RUF)
Grades K-5

The NSSD strongly believes in equipping our students with the skills and knowledge to become future-ready. We expect students to understand that using their devices is a privilege, and any privilege comes with responsibility. The following are the expectations when students use school devices:

How should I use technology?

- I will use my device when a staff member asks me during class, during my own study time or during breaks.
- When a staff member says it's time for a device break, I will put my devices away.
- I will ask for permission before downloading any new apps.
- I will take care of any school devices as if they were my own.

What should I do with technology?

- I will use my device to learn new things.
- I will check the information to verify that it is true.
- I will give credit to the creators of content that is not mine.

How should I interact with other people?

- I will be a good cyber-friend, including being honest and kind online.
- I will let a teacher or parent know before contacting someone online I don't already know.
- I will not share personal information (like my home address or birthdate) about myself or others online.
- I will give feedback and comments in ways that make others feel supported and welcome.
- I will use appropriate language and won't make others feel uncomfortable because of the things I say.

What happens when something goes wrong?

- When I do something that is not in line with this agreement, I will talk to a teacher or trusted adult who will help me figure out how to make it right.
- I will immediately stop and tell a trusted adult if anything happens on the computer or online that does not seem right or makes me feel uncomfortable.

I understand that using any school technology is a privilege I must earn. If I don't keep my part of this agreement, I understand that privileges may be removed for a time and that I may face additional consequences.

I have read the above information and agree to the terms and conditions.

Student Signature _____ Date _____

Addendum 2
**NSSD Parent/Student Technology
RESPONSIBLE Use Form (RUF)
Grades 6-12**

The NSSD strongly believes in equipping our students with the skills and knowledge to become future-ready. We expect students to understand that using their devices is a privilege, and any privilege comes with responsibility. The following are the expectations for using personal devices at school or anytime students use school devices:

Digital Citizenship

I am responsible for modeling positive digital citizenship. I will treat people with dignity and kindness when using technology and online.

- I will be honest and ethical in all digital communications.
- I will be kind and avoid making threats, insulting, gossiping, or teasing others with cruelty while I am online or using a computer.
- I will credit authors or sources when using information or ideas that are not my own. Failure to properly cite my sources of information is called plagiarism and is a form of cheating.
- I understand that what I post may be seen by others at school and at home and that what is posted on the Internet can be seen by anyone in the world.
- I will not share personal information (either my own or another student's), including where I live, details about family or friends (including names), my age, birthday, home address, or phone number on the Internet.
- I will consider whom I am communicating with and think about how they might interpret my words.
- I will give constructive criticism and provide comments that help others feel supported.
- I will use respectful and appropriate language without swearing, name-calling, or causing others to feel uncomfortable due to their gender, race, appearance, behavior, or beliefs.
- I will fact-check information before I share it digitally.
- I will not impersonate others or try to trick people into thinking something I wrote was done by someone else.

Learning and Curiosity

I understand that school technology and networks are primarily provided to help support my learning and curiosity.

- I will use technology to learn new things.
- I will use technology to complete school activities or assignments.
- I will use my device to check information and verify its accuracy.
- I will give credit to the creators of any content I use that is not my own.
- *I will engage in research to develop my knowledge and skills, aspiring to reach my full academic potential.*

Personal Responsibility and Safety

I know that school computers and internet communication tools must be used properly and responsibly.

- If I find inappropriate content on the Internet, I will notify a staff member or a trusted adult, especially if I encounter any inappropriate material while completing an assignment.
- I will treat the Chromebook and all technology equipment from the school as if they belonged to me.
- I will respect the district network’s security measures and only download apps or content I have permission to access.
- I will only log into the computer or network with my own username and password.

I understand that using any school technology, networks or personal devices at school is a privilege I must earn through responsible use, but we all make mistakes.

When I use my device in a way that is inconsistent with this agreement, I will inform a trusted adult and ask them to help me make it right. If I can’t consistently keep my part of this agreement, I understand that privileges may be temporarily removed and that I may face additional consequences.

<p>I have read the above information and agree to the terms and conditions.</p> <p>Student Signature _____ Date _____</p> <p>_____</p>

North Santiam School District
Middle School
Parent and Athlete
Co-Curricular Handbook
2024-25



NORTH SANTIAM SCHOOL DISTRICT MIDDLE SCHOOLS ATHLETIC RULES, REGULATIONS, AND GUIDELINES

AUTHORITY

North Santiam School District maintains final authority regarding the implementation of its athletic programs. Concerns about athletic programs should be addressed initially to the middle school coaching staff and administration.

The purpose of the program of interscholastic athletics is to promote, direct, and conduct athletics to further the aims of fitness and general education, to promote friendly relations with other schools, to provide an opportunity for students to experience teamwork, to encourage participation by all students, and to teach good sportsmanship and fair play.

PHILOSOPHY

The philosophy of the middle school athletic program is consistent with the overall district philosophy in that it is based upon a belief in the worth and dignity of the individual. We strive to create an activity environment that will aid each participant in developing confidence, self-esteem, and a desire to be a contributor to a positive group effort. The activities program is expected to promote self-discovery, fitness, good sportsmanship and citizenship, respect for people and property, self-discipline, and responsibility.

A properly organized and conducted activities program should be a distinct contribution to an individual's total education. However, it should be understood that participation in middle school activities is both a right and a privilege which carries specific responsibilities to the team/group, the school, and the community which supports it.

Playing time is an important part of skill development. North Santiam middle schools will follow their league policies stating the need for playing time in each half of every contest for team sports. Attendance problems or inappropriate behavior while participating in any team activity may result in reduced playing time.

Parent complaints should be dealt with at the lowest level. Schedule a meeting with your child's coach. Parents and athletes will not address concerns with coaches at the contest site on the day of games. Concerns will not be addressed to coaches before, during, or after athletic contests. Instead, a separate appointment will be made so that concerns may be addressed privately with the coach and, if necessary, the athletic director and an administrator.

ELIGIBILITY

1. To be eligible to participate in the organized interscholastic athletic program of North Santiam middle schools, a student must:

- Be enrolled as a middle school student in the North Santiam School District.
- Maintain academic grades in all classes during the sport/activity season, as verified by each individual middle school in the District.
- Maintain satisfactory behavior while at school. Any suspension will result in a one game suspension following the return to school.

- Have a recent physical examination on file with the school, indicating approval for participation. In order to play interscholastic sports, a student must have a current physical on file and have medical insurance coverage (family or school).
 - Have a signed *Athletic Participation Permit* on file with the school.
2. When all eligibility requirements are completed and all forms submitted, the student will be cleared for participation.
 3. There are certain character traits and behaviors desirable in all students and necessary in athletic participants if we are to comply with the goals of our philosophy. Athletic participants must:
 - Maintain regular attendance in class, especially the day of and the day following an activity.

Students who are absent for any part of the day due to illness or out-of-school suspension will not be able to participate in after school or evening activities. If an *absence is pre-arranged* with the athletic director or principal, a student may be cleared to participate in after school or evening activities, including athletics. A student suspended in-school may practice but not play in competition.
 - Demonstrate self-control and refrain from unsportsmanlike actions or words that bring discredit to the team or the student body as a whole.
 - Refrain from using profane or obscene language.
 - Refrain from any actions or words considered insubordinate to coaches.
 - Refrain from any actions or words considered insubordinate to the officials.
 - Demonstrate responsibility and respect for equipment.
 - Maintain appearance and grooming which is neat, clean, and appropriate to the activity.
 - Refrain from possession or use of alcohol in any form.
 - Refrain from possession or use of tobacco in any form.
 - Refrain from possession or use of illegal drugs or narcotics.
 - Refrain from involvement in criminal activity, including actions relating to theft or destruction of property.
 4. Consequences for violation of the above rules will be addressed specifically in the athletic agreement and team rules established by each coach.
 - Probation: The athlete will be formally warned about any violation of a team regulation and likely will be suspended or dismissed from the team if any further violation occurs.
 - Suspension: The athlete will be required to participate in all team practices and meetings, but will not be allowed to dress down or participate in a specified number of games.

- Dismissal: The athlete will be excused from the team for the remainder of the season.
5. School uniforms and gear must be returned (or paid for) before students may start the next sport.
 6. Additional team rules specific to each sport will be provided to participants and parents by the coach.

IMPLEMENTATION

In order to implement the concepts of the athletic philosophy into a working program, the following guidelines will be followed:

1. North Santiam Middle School athletic programs are open to any student who meets eligibility requirements and is willing to make a commitment to the activities in which they wish to participate. Participants must also be willing to accept the philosophy and agree to specific rules.
2. Each participant and their parent/guardian shall be made aware (in writing) of the program philosophy and all eligibility and participation requirements.
3. Although individual activities may have specific rules, these rules must be consistent with the general philosophy. They are to be in writing when appropriate and provided to the participants and their parent/guardian.
4. Individual coaches must be diligent in maintaining standards consistent with the philosophy. It is their responsibility to uphold the rules that were made for the benefit of the individual and the group.
5. Teachers, coaches, and administrators are the only people who may report infractions or violations of team rules. All reports of alleged violations must be referred to them.
6. Coaches have the authority to discipline participants for actions and behaviors which violate the rules and expectations of participants. Suspensions and dismissals must be reported to the parent, and to the principal, by the coach within one school day of the action. Dismissals are subject to approval by the principal.

WARNING STATEMENT

The benefits of participation in organized athletics are many, as outlined in our philosophy statement. It is important, however, that participants and their parents be aware that there is risk of injury in virtually every athletic activity. Supervision, quality instruction, sportsmanlike actions, and emphasis on safety greatly minimize the potential for injury, but the risk remains.

For sports participation, sports physical or permission forms for your student to travel by private vehicle with someone other than you, click on this link [SIS/SMS Athletic Forms](#) to be directed to our website. You may also obtain copies from any school office.