

# Register for Sports

Go to district website (*sthelens.k12.or.us*)

-Select Schools in top right corner

-Select St. Helens Middle School

-Select Departments

-Select Athletics

-Scroll down to Register Now (*in blue rectangle*)



<u>Sport</u>	<u>Registration</u>	<u>Season</u>
6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup> Grade Cross Country	July-Aug.	Sept. - Oct.
Girls 7 <sup>th</sup> & 8 <sup>th</sup> Grade Volleyball	July-Aug.	Sept. - Oct.
7 <sup>th</sup> & 8 <sup>th</sup> Grade Football	July-Aug.	Sept. - Oct.
Boys 7 <sup>th</sup> & 8 <sup>th</sup> Grade Basketball	Mid Oct.	Nov.-Mid Dec.
Girls 6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup> Grade Wrestling	Mid Oct.	Nov.-Mid Dec.
Girls 7 <sup>th</sup> & 8 <sup>th</sup> Grade Basketball	Dec. 1	Jan. - Feb.
Boys 6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup> Grade Wrestling	Dec. 1	Jan. - Feb.
6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup> Grade Swimming	Mid. Feb.	Mid March-May
6 <sup>th</sup> ,7 <sup>th</sup> & 8 <sup>th</sup> Grade Track & Field	Mid Feb.	Mid March-May