

Join Us!

Children and adolescents ages 6-17 who are grieving the death of someone close to them are invited to experience Adventure Camp.

DATE: Saturday, October 5, 2024

TIME: 12:30-5:30pm

LOCATION: Camp Mary Orton 7925 N High St, Columbus, OH 43235

COST: FREE!

Registration Is Required

Register today as space is limited

Email <u>cindy.fielding@ohiohealth.com</u> or call 614.566.0706 by September 22, 2024.



What to Expect

Adventure Camp is a fun-filled day of activities for both the youth and their caregiver. Lunch will be provided upon arrival. Participants will learn various ways to navigate the challenges of grief while building confidence and most of all having fun!

Campers will have an opportunity to zipline across a ravine, work as a team at the Flying Squirrel station, and participate in various grief-focused activities as they are able.

Meanwhile the caregiver has the option to participate in various adult-focused activities and supportive group discussion to honor their own grief journey. There will also be a nature walk on the beautiful grounds of Camp Mary Orton.

We hope you can join us for this action-packed day!

Child and adolescent grief programming is supported by the generosity of our community, including the OhioHealth Foundation, The Thomas and Ann DiMarco Family Foundation, The Marion Foundation, Patricia A. DiNunzio Ovarian Cancer Fund and The Columbus Foundation. There are currently no costs associated with services.

